

Image

The Inglis Newsletter

WINTER
2018

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VOL. V, NO. 1
IN THIS ISSUE

High tech art

Smart home
technology
for greater
independence

Meet the new
Executive Director
of Inglis House

Technology propels
“ability and
independence”
forward



Ability &
Independence.
Redefined.

The Inglis Community and technology: Perfect together!

The age of technology has been especially beneficial for people living with serious physical disabilities. Technology has ushered in improved modes of health care, transportation, communication and ways of independently controlling the environment. At Inglis, our Adapted Technology Program has successfully captured every new advance to benefit Inglis House residents and those living in the community. In this issue of *Image*, you'll read about these technologies, many evolving moment-by-moment.

Inglis collaborates with several national organizations, including Google, Amazon, WGBH Boston and others, to maximize technology for use by the Inglis Community. Our latest partnership is with Mobiquity, a company creating the skills that allow smart home devices to process voice commands. Inglis is proud to work with this organization to develop new ways to use voice activation and smart home hubs to continue to enhance independence for the members of our community.

What will the future hold? Self-driving cars, stair-climbing wheelchairs and smart limb prosthetics are just a few exciting emerging technologies. As always, Inglis will remain poised to capitalize on all that promise to help our consumers "live life to the fullest."



Inglis and Mobiquity staff brainstorm new ways to apply smart home technology to benefit people living with disabilities.

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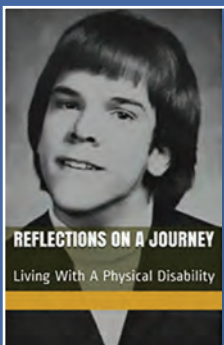
On the Cover:

Smart home technology user Richard Bernard in his home at Inglis Gardens at Belmont.

WHAT'S IN A WORD?

Image asks members of the Inglis Community to weigh in on a word. This issue:

INNOVATION



Brian Woznicki
Inglis House resident

"I'm in the computer lab every day! I use email, facebook, eBay, etc. I'd be lost without technology! Having access to a computer even allowed me to write a book that tells my story and publish it on Amazon."

Advances in technology help all of us, but perhaps no group of people more than those living with physical disabilities.



Access to technology is just one component of successful independence, along with the availability of disability-competent care, the support of family and friends and an adequate supply of accessible, affordable housing.

This issue of *Image* is devoted to exploring how technology—whether power wheelchairs, adapted computing or pressure mapping devices that help prevent debilitating pressure sores—has improved quality of care and quality of life for our consumers.

Inglis maintains unique expertise in helping people with disabilities to harness the power of technology. Our talented staff in adapted technology, physical, speech and occupational therapy and therapeutic recreation/education collaborate to help consumers use technology to facilitate travel, communication, learning, work and participation in social and recreational activities.

Inglis believes that technology can serve as a bridge to help people with disabilities enjoy self-sufficiency. Our organization has become proficient in helping people achieve greater independence over the course of the past 140 years, with the last 20 years being particularly productive. As always, we are capitalizing on recent advances, such as the Amazon Echo, to help people living in the community achieve independence in activities of daily living—such as turning on lights, making phone calls and adjusting their thermostats—with a new ease and independence.

I would also like to take this opportunity to announce the retirement of Bill Grim, who has made many substantial contributions to Inglis House as Co-Executive Director and Administrator over the past six years. We wish Bill all the very best in his retirement. Please join me in congratulating former Co-Executive Director and Director of Clinical Services, Patti McCloskey, who has assumed the role of Executive Director and Administrator. Patti is a deeply dedicated, compassionate, skilled and knowledgeable professional, with many years of experience in the administration of long-term care services. Please read more about her on page 13.

I would also like to thank our many donors for their steadfast support. The progress that the Inglis Community has been able to make using technology is only possible because of your generous support. Without it, we would not be able harness these advances, which have enabled so many to enjoy increased “ability and independence.”



Dyann M. Roth, President & CEO

Five minutes with Speech Language Pathologist Rebecca Klickermann on... **Swallowing**

Chances are, you don't give a lot of thought to swallowing. Put it in your mouth, and down the hatch it goes...but swallowing is actually an intricate process involving more than 50 pairs of muscles and a complex interplay of nerves.

“Many of the residents at Inglis House have trouble swallowing due to nerve damage caused by stroke, multiple sclerosis, cerebral palsy and other disorders. It interferes with their ability to enjoy food and can cause deadly complications like aspiration pneumonia. This may occur when food, saliva, or liquids get into the airway and lungs.

For this reason, we treat swallowing disorders with modified diets and thickened liquids, which can compensate for impairments. Strengthening and coordination exercises can also help.

Now, thanks to advanced technology, we have a new way to evaluate and treat people with swallowing disorders called Synchrony. Electronic sensors are placed under the chin and using Bluetooth, staff and residents can actually “see the swallow” in a colorful graphic on the computer screen.

Before this, I used to put my hands on the resident's neck and try to assess their ability to swallow. It wasn't very scientific and made it difficult to determine if they were making any progress with swallowing therapy exercises.

And the exercises we asked residents to do were boring. We'd have them hold a rubber ball under their chin and compress it, over and over.

Synchrony comes with exercises that are similar to video games. They help residents have fun while working on the timing, strength and effectiveness of their swallow. The games really keep them motivated and engaged. ”

—Rebecca Klickermann, MA, CCC-SLP



Rebecca works with Inglis resident Shelley Van Scoyoc on Synchrony's "Bow & Arrow" game, which can help improve swallowing time and coordination. Shelley must swallow hard enough and in time to pop balloons that float across the screen. "The program helps residents visualize an abstract concept like swallowing," says Rebecca. "Using the exercises, we have seen progress resulting in diet upgrades and reduced risk of aspiration."

Unpacking smart home technology for greater independence

For most of us, smart home devices that turn on lights, make phone calls, play music and perform other routine tasks using voice commands are a convenience. But for people with physical disabilities, technology like the Amazon Echo or Google Home offer revolutionary, new-found independence.



There are unexpected benefits as well. "One of our clients says that since she's had the Echo, her grandchildren visit more often," says Michael. "They love doing homework at her house because they think it's cool. As a result, she's

more interested in the technology and wants to continue learning about it to keep them engaged."

Although the items needed for a "smart home" come with a significant price tag, it is far less than the cash outlay for older environment control units (ECUs) that required professional installation and a separate device for each function. "Now everything is integrated," says Michael. "Plus it's mainstream technology, so it can be adjusted by friends, relatives and users."

Michael believes that we are only beginning to reap the benefits of smart home technology. "I just installed an Echo Show in a user's home, which adds a screen that lets users view things and do video calling, all hands-free. But this technology is in its infancy. It will continue to get even better."

Check out a *Philadelphia Inquirer* article and video featuring Inglis Gardens at Belmont resident Richard Bernard (pictured above) using an Amazon Echo at www.inglis.org.

"When I started working at Inglis in 2013, smart home technology didn't exist," says Michael Strawbridge, Inglis Adapted Technology Therapist Program. "Now, it's everywhere." Thanks to proceeds from the 2016 Inglis Bash, Michael assesses and implements the technology for residents at Inglis Gardens at Belmont. He helps them learn about this voice-activated technology and how to independently use it to make phone calls, turn on lights and more. Paired with the Wink hub and RING doorbell app, residents can also see who is at their door when in bed or even when away from home. A NEST thermostat lets them control their thermostats with voice commands while at home or away.

The ability to perform these tasks independently gives new freedom to people with disabilities who once needed to rely on a caregiver to do these routine tasks.

INGLIS COMMUNITY COMPUTING PROGRAM is funded by The Pew Charitable Trusts. Since 2011, the Program has partnered with a wide variety of organizations to help people with disabilities enjoy the benefits of adapted computing. As a result, more than 600 people with limited upper body mobility and other disabilities have learned how to use computers and other devices to chat with friends, order groceries online and read books independently.

Organizations that have referred clients and staff for training include:

- MDA/ALS Center of Hope
- ALS Greater Philadelphia Chapter
- ALS Hope Foundation
- HELP Philadelphia
- PLAN of PA
- Library for the Blind and Physically Disabled
- HelpHOPELive
- Tobii/Dynavox
- Rydal Park
- Simpson House
- Rosemont Golden Living
- KenCrest
- Ridge Avenue ElderCare Services
- West Gates Rehabilitation
- Hillcrest LTC
- Magee Rehabilitation Hospital
- University of Pennsylvania Medical Center
- Bryn Mawr Rehabilitation
- Fox Chase Subacute Care Centers
- Rosemont Health and Rehabilitation Facility
- Bryn Mawr Extended Care
- JEVS Human Services

Please contact michael.strawbridge@inglis.org if you know of an organization that might benefit from community computing services or call Michael at 215-581-0767.

Quality of Life Enhancements



Inglis therapists say that quality of life is the most important aspect of daily living. These technology advances have gone a long way to improve quality of life for our consumers.



Then: Automatic Page Turners



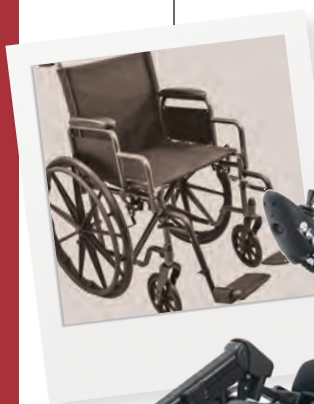
NOW: KINDLES AND E-READERS

"Twenty years ago, if a person without upper body mobility wanted to read a book without help, their only option was an automatic page turner. They cost thousands of dollars and didn't work very well. Sometimes they'd turn a page...more often they'd turn five or six. Now our consumers can read on Kindles and computers, which eliminate that frustration. Plus, they can turn the digital pages with Eye Gaze technology or voice commands."

— Dawn Waller, Director, Adapted Technology Program

Funding that makes technology attainable

At Inglis, we are fortunate to receive grants from the Rudolph Ellis Gratuity Fund, which helps some of our consumers obtain high tech devices. However for some, technology is financially out of reach. In many cases, they can be helped to find a low cost, lower tech solution that will meet their needs. We also refer people to our partner, the Pennsylvania Technology Foundation (PATF), to seek funding and other assistance.



Then: Manual Chairs



NOW: POWER CHAIRS

"Today's power chairs can elevate for eye-level conversations or for reaching objects on high shelves. They can tilt laterally or backward to alleviate the pressure of sitting. Even people with quadriplegia can operate one using sip and puff technology or sensors built into the head rest, called the head array. Most are equipped with Bluetooth, so that users can control lights, TV or make phone calls—all directly from the chair."

— Kathy Concio, PTA, Physical Therapy Assistant, Wellness & Rehabilitation Center

Then: Environmental Control Units



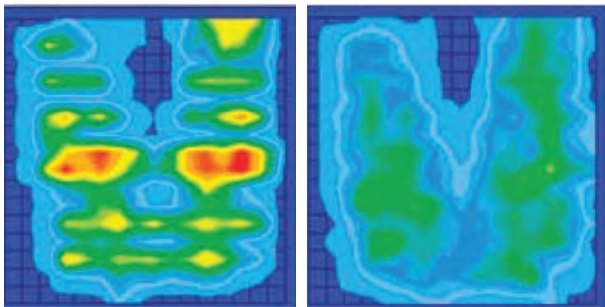
NOW: SMART HOME HUBS

“Environmental control units were a big advance twenty or so years ago. They enabled people with limited upper body movement to control their lights, TV, fan or blinds using infrared technology. ECUs were expensive because they needed to be installed professionally and required a separate device for each function. Today, we can use Amazon Echo to help with all these tasks...and even more recently Amazon Show, which adds a monitor to show users information and make video calls.”

— Michael Strawbridge
Adapted Technology Therapist,
Community Computing Program

Then: Manual Pressure Assessment

NOW: PRESSURE MAPPING DEVICES



At left: Red areas indicate dangerously high skin pressures. At right: After adjustment, no red areas remain, indicating low pressures that will help maintain skin integrity.

“It takes only thirty minutes of unrelieved pressure for tissue cells to begin dying, putting a person at risk for pressure sore development. In the past we tried to feel the amount of pressure created by mattresses and seat cushions with our hands. Today, pressure mapping devices with tactile force sensors display areas of increased pressure on a monitor, allowing us to see areas of high pressure. We can easily observe, measure, document and reduce these potentially troublesome pressures.”

— Danielle Paffett, OTR-L, Director,
Inglis Wellness & Rehabilitation Center

Then: Communications Boards



NOW: AUGMENTATIVE AND ALTERNATIVE COMMUNICATION TABLETS

“Simple letter and picture boards were once the only option for those individuals with speech challenges. Therefore their ability to communicate was often time-consuming and laborious. Now there are a variety of electronic devices that can be accessed with a switch or with Eye Gaze technology, which enables the user to generate and engage in face-to-face conversation as well as access the internet, email and social media.”

— Linda Roseman Miron, COTA/L,
Inglis Wellness & Rehabilitation Center

A tribute to Eliot Spindel

Remembering an adapted technology pioneer who, by his example, left a legacy of enhanced independence for people living with disabilities

After Eliot Spindel was injured in 1985, he didn't focus on the accident that left him to live with quadriplegia. "I was determined not to give up," he said. "I decided that I wasn't going to dwell on what I couldn't do, but find things I can do."

This attitude fueled Eliot's determination to work, and he decided to become a computer programmer. Despite being rejected for training twice by state vocational rehab administrators, Eliot appealed to Harrisburg and won. In 1992, he became one of the very first referrals to the Sierra Group, a national organization that reverses unemployment among people with disabilities.

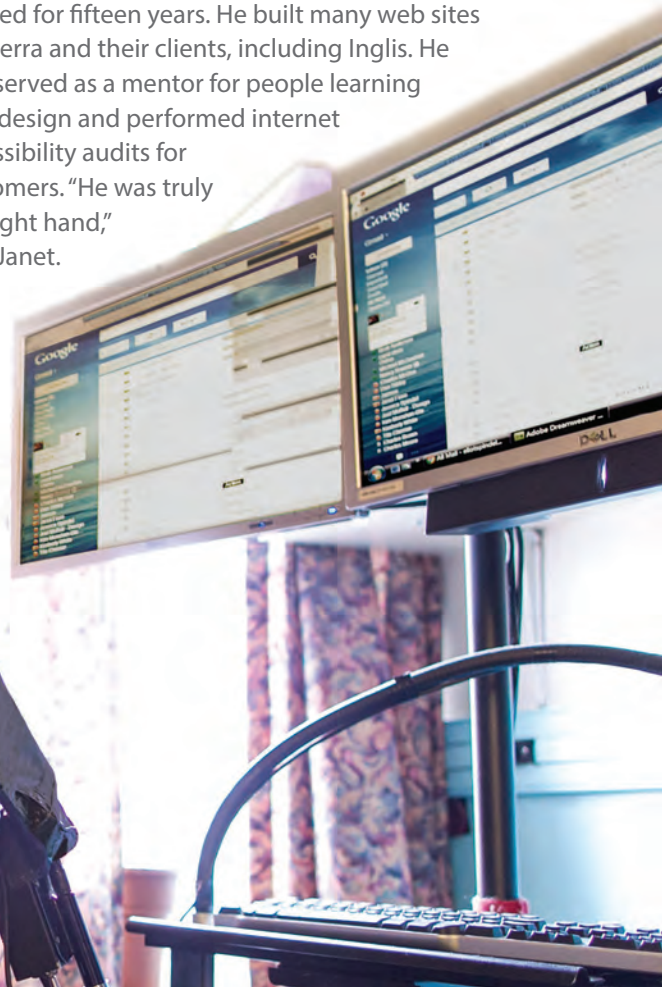
To learn how to operate a computer, Eliot travelled from Inglis House to Sierra in Center City to train on Dragon Dictate, a speech recognition software program. This program allows people with no upper body movement to control a computer using voice commands.

The first question faced by Janet Fiore, President and CEO of Sierra, and her team was: What kind of computer could Eliot use that would accommodate Dragon software and withstand transport on Customized Community Transportation (CCT)? "In the early 90s, Dragon required a computer with 16 megs of RAM and a powerful sound card," says Janet. "Most computers had only two to four megs of RAM." Eventually, she and her team discovered a "lunchbox computer," developed for the construction industry. It was portable, powerful enough for the software and durable enough to survive Eliot's commute. "All of our research was done by phone or in the library because there was no internet," recalls Janet. "In fact, it was so long ago that we actually taught Eliot Dragon using Word Perfect with a green screen and blinking C prompt."



Of all his interests and loves, including The Allman Brothers band and the Washington Redskins, Eliot's greatest love was the one he found with Robyn Monahan, another Inglis resident. They were married in the Inglis Courtyard in 2007. Below, Eliot at work in his room at Inglis House.

After learning Dragon, Eliot went to Abilitec for computer programming training. He completed all of the requirements using only the sound of his voice. After several short term jobs, he was hired as a web developer for the Sierra Group, where he worked for fifteen years. He built many web sites for Sierra and their clients, including Inglis. He also served as a mentor for people learning web design and performed internet accessibility audits for customers. "He was truly my right hand," says Janet.



Over the years, Eliot used each new version of Dragon as it was issued. His computers were upgraded to the most current models with the most processing speed and memory, and the best sound cards and monitors.

At Inglis House, computers and adaptive equipment did almost everything in Eliot's room — from activating the fan, lamp, stereo and bed, to serving as his telephone through Google. Eliot said that without technology, his life would have been very different. Sadly, Eliot passed away in September of 2017 and is missed dearly by his family, friends and colleagues at the Sierra Group and at Inglis.

The Sierra Group is proud to launch a Certified Disability Recruiter Training Program, named in Eliot's memory. The program will enable recruiters to hire people from this diverse pool of candidates. For more information, visit www.thesierragroupfoundation.org.

Eliot loved taking part in Inglis' trips program to cultural exhibitions and performances, and asked that gifts in his memory support this program, which is solely funded by donations. Please honor him by making a gift in his name on our tribute pages at www.inglis.org/eliot.

Former Inglis President & CEO Honored

Gavin Kerr, former Inglis President & CEO who retired last summer, is the recipient of two prestigious professional awards. In September, he received the 2017 Lifetime Achievement Award in Community Leadership from the Rehabilitation and Community Providers Association (RCPA) at the organization's annual meeting in Hershey. In November, Gavin was inducted into the National MS Society's Volunteer Hall of Fame at their annual meeting in Denver. He was honored for his outstanding service to people living with MS through the development of supportive housing, age appropriate care for younger adults and the use of emerging technologies to maximize independence.

Inglis is grateful for this recognition and is proud to partner with the RCPA and the MS Society to provide excellent care and innovative community services.



Gavin Kerr (at right), receives his award from Richard S. Edley, President/CEO of the Rehabilitation and Community Providers Association.

WHAT'S IN A WORD? INNOVATION

**Harold Strawbridge,
Vice-President, Innovation**



For me, there are several levels of innovation:

Lower case innovation

Finding a new purpose for an existing object. No screwdriver? Use a butter knife or a dime!

Capital "I" Innovation

Modifying an object to do something else. I can't reach the keys that fell through a grate. I straighten a hanger, and use the hook on the end to snag the keys.

All caps INNOVATION

Designing a new way to do something. The pharmacy robot described on page 14 is a good example.

All caps and bold INNOVATION

Forgot your wedding anniversary? You write, "There's no card that expresses my feelings. I love you. For our anniversary, let's pick a place for dinner and while there, decide where to go next weekend." You lean the note against the coffee maker where she'll be sure to spot it.

New Technology Sends Artwork Soaring



For many years, Inglis resident Will Parker created stunning works of art using only a pencil affixed to a mouth stick. Today, Will's using a high tech device, known as a LipSync, to create art with a new ease.



Hack-a-thon to focus on Inglis consumers

Will's LipSync device was built by Inglis Adapted Technology therapist Charles Sammartino, pictured above, during a Buildathon held by Makers Making Change. This Canadian organization connects technology makers to people with disabilities who need adapted technologies.

The Buildathon was held at NextFab, a high-tech workspace offering cutting edge tools, workshops, and professional consulting services. During the event, NextFab became interested in applying the talents of their design community to the needs of Inglis consumers. **This spring, NextFab will host a Hack-a-thon on April 28, 2018, dedicated entirely to the technology needs of Inglis House residents and community-based consumers.** Members will collaborate to design prototype solutions to meet some of these needs. **The event is part of Philly Tech Week, April 27th-May 5th.**



LipSync is a mouth-controlled "sip and puff" device that, combined with the computer art program Corel, gives Will greater control, access to vivid color and the ability to work without the neck and jaw fatigue he experienced with a mouth stick.

Will says he's enjoying the challenge of learning the new technology, although it's taken some adjustment. "I feel good about my progress," he says. "I got this!" Will, who lives with quadriplegia, recently sold one of the works created using LipSync at Bryn Mawr Rehab's Art Ability exhibition.

Sip and puff technology, which uses calibrated air pressure, was developed in the 1960s and has enabled people with limited mobility to control their motorized wheelchairs. Now, the sip-and-puff input device, when combined with computer accessibility software, makes keyboard and touch screen devices accessible in a new way.

Will didn't know that he had artistic talent until he came to Inglis in 1998. "Since I had no use of my arms or hands, they put a pencil in my mouth and asked me to draw something. I made a line...then two lines," he recalls. Over the course of many months Will progressed to squares and circles. "Eventually the shapes formed a wheelchair. I kept refining the drawings and eventually began working on ovals, faces and finally, portraits and landscapes." Now, LipSync has taken Will's talent to a new level.

Lincoln Financial Grant Expands Inglis Community Employment Services

Dreama Riche and employment candidate Harold Mack review job listings at Inglis' Community Employment Program offices.



Employment rates for people with disabilities of working age (18-64) remain stubbornly low. According to Governor Tom Wolfe's Executive Order 2016-03 establishing Pennsylvania's "Employment First" policy, the unemployment rate for Pennsylvanians with a disability is consistently twice that of the general population—and that higher rate is based on a workforce participation rate of about 20 percent for Pennsylvanians with a disability compared to some 70 percent for all individuals.

To help people with disabilities beat these odds, Inglis Community Employment Services has hired a job developer. This important staff addition was made possible with generous support from Lincoln Financial Group. Dreama Riche will work with area employers to promote hiring people living with physical and mental disabilities, and will also help disabled residents in the five-county Philadelphia area find employment geared to their skills, interests and aspirations. Eligible consumers include those who receive Office of Long-Term Living or Vocational Rehabilitation Services.

"Dreama champions reducing barriers and creating a route to successful long-term employment," says Inglis Employment Service Manager, Barbara Duffy. "She is eager to help candidates find, keep and grow their careers. Her services include pre-employment resume writing and interview preparation, job search assistance, on-the-job accommodations and job coaching."



Lincoln Financial Foundation, the philanthropic arm of Lincoln Financial Group, believes in enabling people to live greater lives, which advances culture and empowers greater positive change. Its grant is part of Lincoln Financial's annual \$10 million investment in its local communities' youth education, economic and workforce development, human well-being and arts programs.

Services may be obtained by contacting Barbara Duffy, Employment Service Manager, at barbara.duffy@inglis.org or by calling 215-581-0727.

Celebrating the life of John Pennypacker Gregg, a friend to all at Inglis

Inglis mourns the loss of John Pennypacker Gregg, a devoted friend to our residents and generous donor who passed away on June 1, 2017. The Inglis Community is profoundly grateful for the unwavering love and commitment he shared with us over the past 35 years—half of his life.

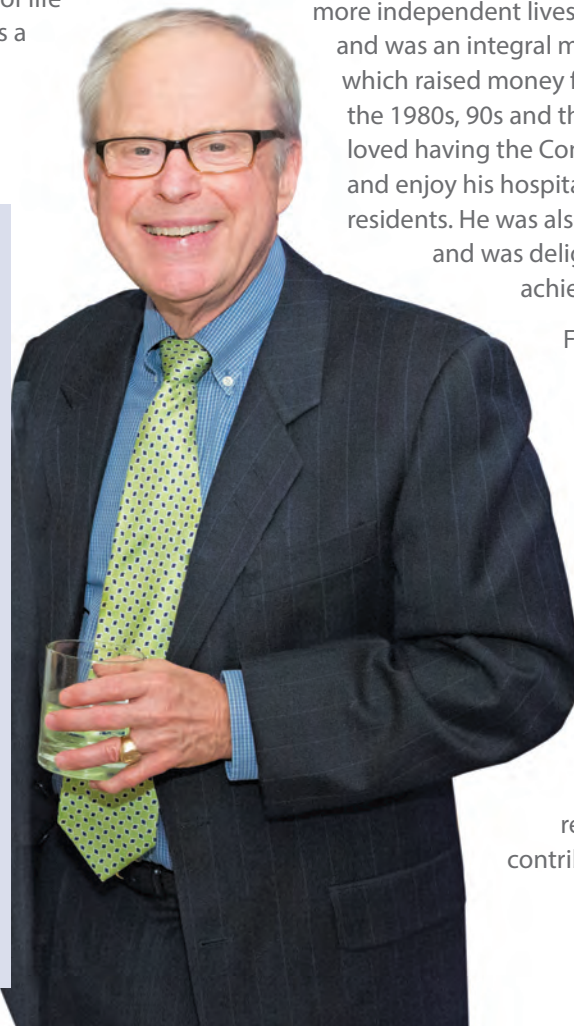
“John was truly a gentleman and ‘one-of-a-kind,’” said his dear friend, the Rev. David Adam. “He brightened everyone’s day with his signature smile, wonderful humor and unique outlook on life.”

A deeply spiritual person, John treated everyone equally and with respect. He made everyone around him feel comfortable and special by sharing his genuine joie de vivre and marvelous sense of humor. His spirituality and love of life permeated his entire life, which truly was a ministry based on his passion for justice, equality, fighting hunger and access to housing and education.

Inglis names 1South Neighborhood in memory of John Gregg

As a member of the Annie Inglis Society, John left a generous bequest to Inglis which will fund the transformation of our 1South nursing unit to a Person-Centered Care neighborhood. John felt deeply about honoring the dignity and worth of every individual, and we can think of no more fitting way to celebrate his life than by helping our residents enjoy a homelike environment that respects their preferences and choices.

Members of the Annie Inglis Society are generous individuals who remember Inglis in their estate plans.



John’s legal career is a clear illustration of his life values where he ministered to others in his law practice at High Swartz LLP (a firm co-founded by his grandfather) and in his part-time work as an Assistant Public Defender. He did all in his power to help others achieve the highest quality of life, and had an intense desire to see that human needs were met.

During his early years, John’s friendship with a classmate living with a serious disability sensitized him to the needs of those with similar challenges, and his early visits to Inglis House made a deep impression on him. He loved the residents, and loved to hear their life stories and celebrate their achievements. John also appreciated how Inglis House and its caring staff helped residents to lead richer, fuller and more independent lives. He was a regular volunteer at Inglis and was an integral member of the A-May-Zing Committee, which raised money for resident programs and activities in the 1980s, 90s and the first decade of the 2000s. John loved having the Committee to his home to play croquet and enjoy his hospitality when planning events for the residents. He was also involved in the annual Keen Games and was delighted to see residents compete to achieve their personal bests.

For most of his life, John lived in Haverford, Pa. In 2011 he moved to Beaumont at Bryn Mawr where he became involved in many activities, including volunteer services. Throughout his life, his interests were many and varied. They included family history, lively conversation, gardening, tennis, bridge, reading, music, cats and the Phillies. Through his example, he truly taught all at Inglis how to “live life to the fullest,” and we will miss him dearly and remain grateful for his many contributions to enrich life here.

To learn more about the Annie Inglis Society, contact Meredith Waldron at Meredith.Waldron@inglis.org, or at 215-581-0703.

Meet Patti McCloskey, Executive Director and Administrator, Inglis House

Inglis is delighted to announce the appointment of Patricia McCloskey, MSN, RN, NHA, as Executive Director and Administrator of Inglis House. A talented leader with in-depth expertise in the administration of long-term care services, Patti is responsible for the comprehensive management of Inglis House. "I am honored and privileged to be at Inglis and to work with a supportive executive team and a staff dedicated to enabling Inglis residents to 'live life to the fullest,'" she said.

Patti came to Inglis in May 2017 as Interim Director of Clinical Excellence, charged with leading Inglis' performance improvement, infection prevention and control, and regulatory compliance activities. Due to her superior long-term care services acumen, she was promoted to Co-Executive Director, Director of Clinical Services in July 2017, and to her current Executive Director position in January.

Major Accomplishments and Opportunities

One of Patti's first goals was to rebuild a new nursing leadership team. During the past several months, Patti and her team have worked to refine clinical services that enhance staff efficiency, quality of care and most importantly, quality of life. "We are now developing policies, procedures and processes to enhance our wound prevention and management program, as well as our infection prevention and control programs. We are also focusing on ways to reduce resident hospitalizations," says Patti. "In addition, we are implementing a new pharmacy system to increase efficiency and accuracy, and decrease the time required for medication administration."

Because Inglis residents are younger than the average nursing home population, Patti finds our environment rich with educational opportunities. "Our residents are highly engaged," she says. "They are eager to be involved in their care decisions. I look forward to including them on committees and providing ongoing education programs that promote doing things *with* our residents, rather than simply *for* them."

Making a mark in long-term care nursing

Patti's initial career goal was to become a dentist. However, after volunteering at her local community hospital and a long-term care facility, she discovered that her true passion was nursing. Her earliest nursing positions were in acute care, and she transitioned into long-term care for an opportunity to establish ongoing relationships with residents and their families.



Patti visits with resident Kristin Lech.

Before coming to Inglis, Patti was a consultant with Strategic Solutions Healthcare Consulting in Barrington, NJ. She is the former Executive Director of Health Care Quality Assurance and Compliance at Lutheran Social Ministries in Burlington, NJ. Prior to that, Patti was Director of Clinical Standards at NewCourtland in Philadelphia. She has also held Director of Nursing roles at Penn Center for Rehabilitation and Care and Logan Square East, both in Philadelphia. A licensed nursing home administrator, Patti holds a Master of Science in Nursing from the University of Pennsylvania, and a Bachelor of Science in Nursing from Temple University.

Happening at Inglis



Left to right: Inglis resident Linda Litton, Inglis resident Debra Callaway and her husband, Jonathan, and Janet Turner, Resident Services Director at the Society's annual meeting.

Multiple Sclerosis Society Annual Meeting

Inglis House residents, family members and staff were well-represented at the annual meeting of the Greater Delaware Valley Chapter of the Multiple Sclerosis Society's annual meeting, which was held in December at the Hilton City Line Avenue. At the event, residents had an opportunity to network with others and hear about the latest advances in the care of people living with MS.

Inglis artists widely represented at area art exhibitions

Our Artist-in-Residence program, which was created and continues to be funded by a generous grant from Philadelphia's Dolinger-McMahon Foundation, is led by artist-in-residence Rhoda Kahler, an accomplished ceramicist. Rhoda helps residents find hidden talents and guides those with an artistic background to adapt their style to compensate for any mobility challenges. Participants have created extraordinary pieces for Inglis House's permanent art collection and for exhibition at community venues. Here are just a few of the pieces on display at area art shows in 2017.



Ty Klug, *Blue Hawaii*



Shelley Van Scoyoc, *The confusion of life*



Medication dispensing goes high tech

Inglis House has adopted a new, automated system for the storage and dispensing of resident medications. A robotic pharmacist will collect the medications ordered for each resident into a paper packet. Each packet is clearly labeled with the resident's name, date, name of each medication, the number of medications and time due.

The new system has many benefits. Because there is a constant inventory on site, the robot provides ready access to new orders and emergently-needed medications. It also promises to enhance efficiency, accuracy, and ultimately, quality of care.

2018 Inglis Golf Outing • June 11

MARK YOUR CALENDAR for the Inglis Golf Outing on Monday, June 11th. Proceeds from this year's Outing will support the relocation and construction of a new, larger and more welcoming Salon & Barber Shop for Inglis residents.

Unfortunately, our current space can only accommodate one or two wheelchair users at a time. While the stylist juggles multiple appointments and allows color and curls to set, you can often find residents waiting in the hallway amid the daily hustle and bustle of our busy community. Our new space promises to provide a more relaxing experience.



Watch for more details. To learn more about how you or your organization can participate in the Outing contact golf@inglis.org, or visit www.inglis.org/golfouting.

Marie Kelly, Big Fish



Susan Stahlsmith,
Exploding Swirls



Joyce Washington, *Distinguished*

Jackie Scott, *Whimsical*

WHAT'S
IN A WORD?

INNOVATION

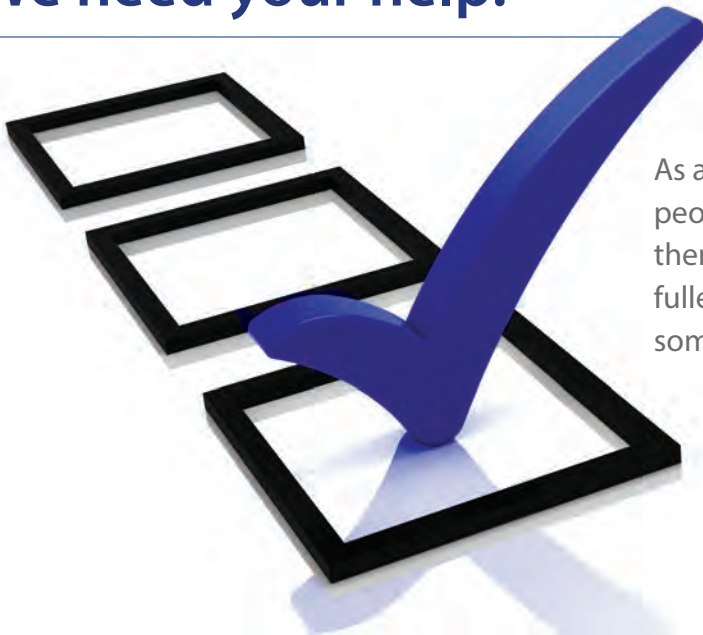


Lea Frontino
Vice-President,
Information
& Adapted
Technology

"Innovation is not just a new idea, method, or approach.

Innovation is about the knowledge and skills of the people who bring the new ideas, the processes that change, a disciplined implementation plan and learning new behaviors that sustain the innovation. Every person at Inglis has a chance to "innovate," every day. And that means we need to be open to creative problem-solving, constant learning and constant change!"

We need your help!



As a supporter of Inglis and our mission to enable people with disabilities – and those who care for them – to achieve their goals and live life to the fullest, we would like to hear from you about some key topics.

Your feedback will allow us to evaluate how we are doing and, most importantly, help us better support the more than 1,000 people in the Inglis Community.

Thank you for all you do to support Inglis and our community!

Visit online www.inglis.org/survey or keep an eye on your mailbox for our quick but important survey.