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SPRING | 2010

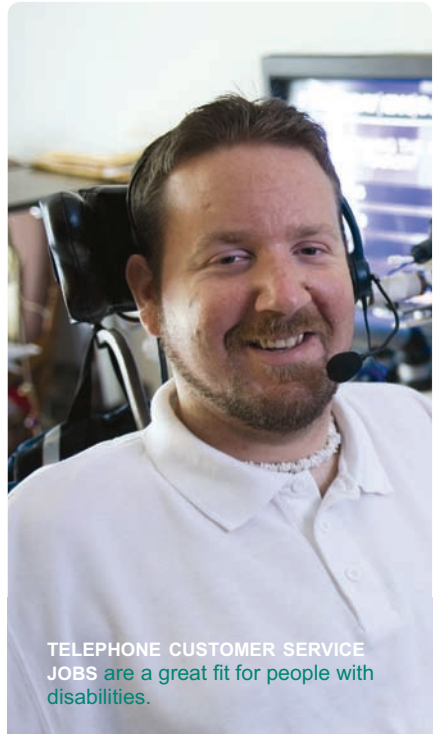
reating career potential

GAINING EMPLOYMENT AND EXPERIENCING SUCCESS AT A JOB CAN BE VERY EMPOWERING. BUT ALL TOO OFTEN, PEOPLE WITH PHYSICAL DISABILITIES FACE CHALLENGES TO EMPLOYMENT, WHETHER IT'S DIFFICULTY FINDING RELIABLE TRANSPORTATION, POOR ACCESSIBILITY, LACK OF EQUIPMENT OR SCARCITY OF JOBS.

Inglis has received a two-year grant from the Pennsylvania Department of Labor to provide customer service skills assessments, training and job placement for people with severe disabilities. In fulfilling the grant, Inglis will partner with InspiriTec, Inc., a Philadelphia company that enables people with disabilities to gain skills and jobs in information technology and call centers. Candidates will receive general job training at Inglis, and then specific skills training at InspiriTec. As positions are available, InspiriTec will offer employment to successful candidates.

"Over the two-year period, this grant will help Inglis reach its goal of providing jobs for people with physical disabilities. We will work with 60 individuals and place approximately 45 in jobs. InspiriTec will teach us more about what people with disabilities need to know about doing customer service and call center work," says Barry Bussell, Director of Inglis' Community Employment Services.

"Collaborating on this project will raise the effectiveness of both InspiriTec and Inglis,"



TELEPHONE CUSTOMER SERVICE JOBS are a great fit for people with disabilities.

| CONTINUED ON PAGE 13



chairman's message

GAVIN S. KERR

Imagine waking up one morning. Your legs don't work – neither do your arms and most of the rest of your body.

Imagine being totally dependent upon a caring, skillful person to get you up, wash you and get you dressed before helping you into your power wheelchair. Now imagine a huge snowstorm, say 40 inches in a week and worrying about whether your caregiver would be there to help you.

Now imagine you live at Inglis House. A place filled with compassionate, committed caregivers. So you are a bit worried about the weather but you know you will be OK. And, in fact, you are!

You are fine because the Inglis staff is more reliable than even the U.S. Postal Service – neither rain, nor sleet nor dark of night keep our staff from their appointed

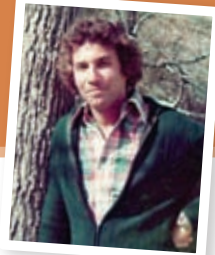
rounds. In fact, thanks to our amazing staff, during record-breaking snowstorms in the winter of 2010, every single resident was up and into their active lives each and every one of those stormy days. It took some long days – some staff worked 16 hours straight and then came back eight hours later to care for their charges. Our engineering staff worked long hours to keep Inglis House grounds clear of snow. Likewise, our Housing team did everything necessary to keep our 150 tenants safe and warm in their apartments.

Now that we're enjoying warmer weather, getting to work is much easier for our staff. But, in the end our goal remains the same – every consumer well cared for and staff who feel truly proud of what they accomplish.

I am extremely thankful for our staff, our Inglis community and for the support of our friends throughout the region. I hope you will continue to honor those who extend themselves on behalf of people with disabilities who need our help year round.



THE INGLIS FOUNDATION BOARD AND EXECUTIVE TEAM met in January for a day-long strategic planning retreat to chart Inglis' future. Watch for updates on their progress in future issues.



gary ruskin's legacy

GOING TO MOVIES, BUYING MUSIC AND READING BOOKS ARE ACTIVITIES MANY OF US TAKE FOR GRANTED. BUT WHAT IF YOU COULDN'T EASILY GET TO A MOVIE THEATER OR MUSIC STORE OR EVEN TURN A PAGE IN A BOOK? LISA PITKOW SAW HOW MULTIPLE SCLEROSIS (MS) TOOK AWAY THE ABILITY FOR HER BROTHER, GARY RUSKIN, TO BE ABLE TO ENJOY HIS PASSION.

"Gary was always interested in filmmaking and was a film student at New York University before he was diagnosed with MS at age 28," Lisa says. "For 33 years, the condition gradually stripped away his ability to live independently, which is why he was so fortunate to spend the last 18 years of his life at Inglis House. It was at Inglis House where I felt it was important to keep nurturing his love of filmmaking. To honor Gary, I started an audio-video collection for all Inglis House residents."

Lisa started building the library from her home in Los Angeles in 1999, and even received some donations of newer movies from area studios. After Gary's death in June 2009, Lisa reinstated her efforts to build the library and called on family and friends to donate DVDs, CDs and audio books. The response was great – the collection has grown by more than 200 DVDs and CDs.

For residents who can't get to the library, volunteers push a cart filled with movies, music and books that residents can check out from the comfort of their rooms.

KEEPING GARY'S SPIRIT ALIVE

"Inglis House was a blessing for Gary and our family," Lisa says. "It offered him everything he needed – and more – to give him life. This library collection and its continuation is so important. My hope is that his spirit lives on through this collection and touches the residents who live there now and in the future."

Your donations of CDs, DVDs and audio books – classics to new releases – can bring joy to the lives of Inglis residents.



GARY RUSKIN with sister, Lisa Pitkow.

**CONTRIBUTIONS
CAN BE SENT TO:**

INGLIS HOUSE
c/o Gary Ruskin Memorial AV
Collection
2600 Belmont Avenue
Philadelphia, PA 19131



a life of art

ROBINSON FREDENTHAL (1940-2009) CREATED AN EXTRAORDINARY BODY OF ART DURING HIS LIFETIME. HIS SCULPTURES ARE DISPLAYED PUBLICLY ON THE UNIVERSITY OF PENNSYLVANIA CAMPUS IN PHILADELPHIA, AS WELL AS MANY OTHER LOCATIONS AROUND THE CITY. THOUSANDS OF HIS MODELS OF SCULPTURAL GEOMETRY – VARIATIONS OF CUBES AND TETRAHEDRONS – ARE HOUSED IN THE UNIVERSITY OF PENNSYLVANIA ARCHITECTURAL ARCHIVES.

To celebrate Robinson's achievements, the Inglis House resident film group collaborated with director Chris Ambolino of the Dream Alliance, a company dedicated to empowering people with the tools of video and filmmaking who would otherwise not have access to them. They spent almost a year producing a documentary honoring Robinson's life, featuring interviews and many photos from his early life. Entitled *Mental Shape: The Art of Robinson Fredenthal*, it was screened to an enthusiastic group of Robinson's family, friends, work colleagues and admirers, on Aug. 27, 2009, just four days before Robinson passed away.

Since then the film received an "Emerging Documentary Chairman's Choice" award at the 2009 Bucks (County, PA) Fever Film Fest, an arts celebration program. It was also a 2009 Gold Winner at the national AVA Awards. Sponsored by the Association of Marketing and Communication Professionals, this program recognizes excellence in audio-visual production.



MENTAL SHAPES was a 2009 AVA Gold Award winner.

ROBINSON FREDENTHAL with his sister, Ruth Ann.

M

mark your calendar: june 7, 2010

OUR GOAL FOR 2010: AN ACCESSIBLE VAN FOR SIX TO SEVEN WHEELCHAIRS FOR RESIDENT TRIPS.

Inglis residents don't sit still. They are constantly on the go – visiting family, keeping up with doctor appointments, running errands and, on the lighter side, taking in movies, concerts and special events. The Inglis House fleet of three vans makes 100 to 115 trips per month to help residents get where they need to go. That's why it's crucial that Inglis have reliable, accessible vehicles with the features residents need to get them to their destinations safely.

The Golf Outing is an essential part of keeping Inglis residents mobile. Two years ago, Inglis used funds from the Golf Outing to buy a small, economical van perfect for trips of one or two residents. Now, one of Inglis' larger vans used for trips of six or more residents is starting to show the wear and tear of 10 years and 300,000 miles. That's why this year, Inglis will use Golf Outing proceeds to buy a wheelchair-accessible van suitable for larger group trips.

Now in its ninth year, the Golf Outing has raised more than \$600,000 for Inglis House programs and equipment purchases that government funds and private insurance do not cover.

For more information, call (215) 581-0702 or email kate.farrell@inglis.org.



THIS TWO-PASSENGER VAN was made possible by funds raised at the 2008 Inglis Golf Outing.



JUNE 7, 2010
CHESTER VALLEY GOLF CLUB,
MALVERN, PA

T the opportunity to fulfill dreams

"SOMETIMES, JUST WHEN YOU THINK YOUR LIFE IS OVER, IS WHEN IT TRULY BEGINS."

– "Passion Fish," 1992 movie.

"Residents who come here from traditional nursing home settings are absolutely amazed at all the options they have,"

says Janet Turner, a recreation therapist and director of the Inglis Social Enrichment Program. "Our encouraging atmosphere and wide variety of activities – that can all be personalized to fit specific abilities – are two of the main reasons people with physical disabilities choose to live here."

Participation in any activity is completely voluntary, but almost all residents take advantage of the program. "Residents can work toward whatever goals they desire – just as we all aspire to do in life," Turner says. "From day one, they are in control."

SOMETHING FOR EVERYONE

The philosophy behind the Social Enrichment Program is based on three core objectives:

1 Adapt activities to fit residents' evolving interests and meet their level of ability. For example, a local college student led a dance project that emphasized expression by movement. "Residents who use wheelchairs came to understand that even if they could only move their heads, they could be expressive

with how they did that," Turner says.

2 Promote meaningful connections. Community outings and holiday celebrations help foster a sense of community among residents. "Inglis House can seem like a big place, but socializing helps new residents make the transition more easily and feel that they belong here," Turner says.

3 Create opportunities to use and maintain abilities. For example, the vocabulary group benefits both residents with cognitive deficiencies and those who simply have a love of words and writing. Yoga is popular because it can reduce stress and improve fitness for everyone, and also help those with balance and coordination challenges.

ACHIEVING MORE

"What amazes me most about Inglis residents is their willingness to get involved and try anything," Turner says. "The average stay here is 10 years and when you see all that a resident accomplishes during that time, it's often as much and more than someone without a disability would do. Our programs just offer a backdrop for their awesome accomplishments."

RESIDENT THERESA MATTIOLI (left) poses with Modern Dance Performer Gina Hoch-Stall at the Garden Party.



RESIDENT THERESA GINYARD (right) with her friend Kim Harris attended the Women's Group Garden Party.

no celebrity gossip – just serious discussion!

THE INGLIS HOUSE WOMEN'S ISSUES GROUP IS GROWING FAST.

Therapeutic Education Instructor Juliet Emas,

who organized the program, says, "I noticed there was distance between some of the women residents. People didn't engage each other in meaningful conversations. There are a lot of support groups for people with disabilities, but there aren't many designed specifically for women."

And that is precisely why women are flocking to the weekly sessions. According to participant Lucia Quinn, "It's a unique group because it's all women. I like going because you can talk with people who understand how you feel. We can pretty much say whatever we want and feel comfortable saying it."

Another member, Robyn Monahan, describes the program, "We speak about things we don't speak about in other groups. We can talk about the way we're treated as wheelchair users and the way we're treated as women. It makes me feel strong to talk about us as women."

While few subjects are off limits, all have to relate to the group's lives as women with disabilities. According to Juliet, "Too often society ignores or denies the issues that

women with disabilities face. But there is a difference between having a disability and not having a disability, between being a woman and being a man. There are also commonalities. We try to acknowledge the way things are."

She finds that those who join in make a real commitment. "It's building a real sense of community. The group is a safe place for people to make connections with each other. When women share their stories, they realize that they're not alone. They feel empowered, and they learn to assert their needs and the needs of others. They have a support system in each other."

Participant Yvette Green agrees, "Being in a wheelchair you can feel so isolated. The group reminds you that there are a lot of other women out there who deal with the same stuff. Plus, you get to know everybody else."

Last summer group members asked Juliet to organize an event for them. The resulting "Garden Party" gave them a chance to socialize with each other in a way that felt natural. Complete with refreshments, a jazz ensemble and other entertainment, the evening proved to be a big success as members got to know each other better.

W

what does it cost?

DONORS OFTEN WONDER WHAT IS ON THE RESIDENTS' WISH LISTS THAT WOULD MAKE LIFE EVEN MORE ENJOYABLE AT INGLIS HOUSE. ONE OF THE TOP REASONS WHY RESIDENTS WANT TO LIVE AT INGLIS HOUSE IS THE WIDE VARIETY OF RECREATIONAL AND SOCIAL ACTIVITIES OFFERED.

Events like resident parties or supplies for activities are not covered by the federal and state reimbursement Inglis receives. Here are some of the items your donation to Inglis Foundation could provide.

Social events like the annual Harvest Ball, Spring Fling, New Year's Eve and Valentine's parties are extremely popular with residents. Offering high-quality entertainment and music for the event typically costs approximately \$800 per event or \$4,000 per year.



Attending Philadelphia-area sports and entertainment events. Purchasing tickets for six residents and attendants to attend an event, \$750.

Electronic control unit wheelchair components allow residents with limited hand function and fine motor control to operate appliances in their rooms (e.g., TV, DVD, stereo, fan, etc.). \$1,200 for each unit.



Dynavox is a speech-generating communication device that provides clear and natural-sounding voice output. Its touch-screen technology allows a resident who has difficulty speaking clearly because of damage to the central nervous system to navigate programmed pages and keyboards to express their wants, needs and opinions. \$8,500.



TO FIND OUT MORE ABOUT MAKING A GIFT IN SUPPORT OF THE WISH LIST, CALL KATE FARRELL AT (215) 581-0702 OR EMAIL KATE.FARRELL@INGLIS.ORG.



\$800

Volunteers and staff hold many game sessions for small groups of residents. Many of the board games and supplies are outdated and dilapidated. Replacing them with new and more up-to-date games would cost \$800.

currently have impaired skin. Using a cushion like this means residents can spend more time in their chairs. \$500 each.

Two mobile computer carts with wireless connections and assistive technology for staff to use with residents who are on bed rest to provide more stimulation and interaction. \$3,800 each.



\$2,500

The Inglis Art Gallery needs a professional hanging system so art can be rotated more easily and frequently and to give the gallery a more professional appearance. \$2,500.

Voicettes with collar microphones are simple amplification systems that amplify the voices of residents who have hoarseness or difficulty in speaking as a result of dysfunction of the vocal cords, to a level that can be more easily heard, increasing their communication effectiveness. \$1,500.

The Dynawrite is a type and talk augmentative and alternative communication device used by Inglis House residents. The keyboard, display screen and speak function enable them to communicate either with word prediction or by typing individual messages. \$5,000.



\$6,500

Tandem wheelchair bicycle. Because of their disabilities, many residents have never experienced the joy of bicycle riding. This tandem bicycle costs \$6,500.

Loaner portable computer workstations for use in rooms by residents who are unable to come to the Inglis computer lab. \$500 each.

ROHO® wheelchair seat cushions are used by Inglis House residents who are at high risk for skin breakdown or who

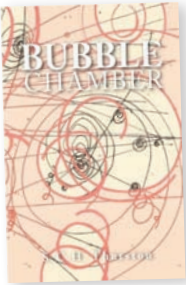


gift-giving heroes

WE ARE GRATEFUL FOR THE SUPPORT WE RECEIVE FROM OUR DONORS. WHILE MOST GIFTS COME IN CONVENTIONAL WAYS VIA CHECKS OR PERHAPS GIFTS OF STOCK, A FEW DONORS FIND MORE UNUSUAL WAYS TO SUPPORT INGLIS RESIDENTS AND PROGRAMS.

A chance inquiry about the Inglis family tartan genealogy led author **S.C.H. Thurston** (a pseudonym) to dedicate the royalties for sales of his book "Bubble Chamber" to Inglis House. Thurston, "a real scientist at a real university somewhere in America," (www.amazon.com), wrote his first novel as a satire of academic life and politics. Visit the book's website at

<http://bubble-chamber.com/book.htm> for more information.*



S.C.H. THURSTON dedicated the royalties of "Bubble Chamber" to Inglis House.

and continue to support Inglis. So, each time Lincoln provides mortgage financing during 2010, they make a contribution to Inglis and to the Children's Scholarship Fund of Philadelphia on behalf of the new homeowner. www.lincoln-mortgage.com.*

MDE Enterprises, Inc. helps IT managers around the world achieve more success through management training. The Inglis website caught MDE President Mike Sisco's attention because his son, Eddie, suffered a traumatic brain injury in 1993 (www.eddiesisco.com*). Today his son is 33, but Sisco well remembers his long recovery process. Impressed with Inglis' work after visiting our website, he donated a series of his information technology management e-books to the organization.

Mark Cooper of PMA Insurance Company and a member of the Inglis Golf Outing Committee for many years, found a unique way to support Inglis when he and a couple of buddies took their annual trip to Las Vegas. Rather than gambling, each year they donate \$1,000 to a charity. Inglis was the beneficiary this year. So, the money that would probably have gone into the casino's cash drawer benefitted Inglis residents and consumers instead!

* Websites provided for information only. No endorsement is implied.



Lincoln Mortgage Company

Lincoln Mortgage Company, a leading residential mortgage lender serving the Greater Delaware Valley, has supported Inglis for several years. Since 2010 is their 20th year of operation, President John Sly wanted to commemorate the anniversary



STUDENTS FROM THE FELLOWSHIP ALLIANCE CHAPEL in Medford, N.J., have adopted Inglis Gardens at Evesham, according to their Middle School Pastor Rev. Andrew Bonaventura. They held a food drive and shared it with tenants at Inglis Gardens in January. Since then, they visit twice a month to hold a Bible study and discussion with interested tenants. Other members of the group provide hands-on assistance to any residents who need help in their apartments. Tenants Jessica Sherwood and Gregory Primas are shown here with students who dropped off food.



INGLIS HOUSE RECEIVED A GRANT FROM THE PEW CHARITABLE TRUSTS to replace two heavily used elevators in the north and south ends of the building. Inglis CEO Gavin Kerr, Inglis House Executive Director Bob Parvin and Inglis House Resident Council President Edie Benson cut the ribbon on the first of two replacement elevators. Inset: The new equipment is lifted by hoist into the elevator shaft.

M

meet the inglis executive team

SINCE JOINING THE INGLIS ORGANIZATION AS CEO IN 2008, GAVIN KERR HAS RECRUITED AN EXECUTIVE TEAM TO ESTABLISH AND IMPLEMENT THE FOUNDATION'S STRATEGIC PLAN TO ENSURE THE VIBRANCY, RELEVANCE AND SUSTAINABILITY OF INGLIS. THIS STRONGLY COMMITTED TEAM CONSISTS OF:



LEA FRONTINO

Vice President
Innovation and
Information

Frontino comes to Inglis from Children's Hospital of Philadelphia, where

most recently she served as director of the Process Innovation Center. As Inglis' Vice President, Innovation and Information, she is responsible for ensuring that consumers and staff have the information, work processes, training and capabilities they need to achieve Inglis' strategic and operating goals.



TRACIE BUTLER GILES

Vice President
Chief Integrity Officer

As Chief Integrity Officer, Giles ensures that Inglis Foundation and its people operate

with the highest standards of integrity and transparency. She joined Inglis in 2009 from CIGNA Corporation, where she served as deputy chief compliance officer.



KEVIN KELLY

Vice President and
Chief Financial Officer

Kelly comes to Inglis from Complete Healthcare Resources, where he served as Executive Vice

President and Chief Financial Officer. As Inglis' vice president, chief financial officer, he develops strategic financial plans, builds business plans, operating budgets and capital budgets.



BETTY MARMON

Vice President
Development and
External Affairs

Marmon is Inglis' primary relationship builder with donors, foundations,

governmental organizations and the disability community. She will create and lead Inglis' development strategy and generate funding to enhance Inglis' mission and accelerate our growth. Most recently, Betty served as the director of development at the Philadelphia Museum of Art.

creating career potential

says John Connolly, President and CEO of InspiriTec. “Inglis has the skills for finding people to fill jobs. As an affirmative enterprise, we’re skilled at creating job opportunities and getting people trained to be successful in their new jobs.”

FILLING A NEED IN CUSTOMER SERVICE

Customer service is a field with a great deal of potential for people with disabilities. The advanced technology available today can help those with disabilities operate computers and telephones. There are alternative input devices like a trackball for people with a limited range of motion, and voice synthesizers that turn text into speech for the visually impaired.

Staffing call centers with people with disabilities who work from home may be the answer companies are looking for, to reduce overhead and provide excellent customer service. With most call center staff turnover rates at 30-60%, InspiriTec’s rate is less than 13%, showing the effectiveness of hiring people with disabilities.

A 2008 ABC News *Good Morning America* report concluded that people with disabilities are an untapped pool of labor for customer service and call center operations. Some call center operators have found that disabled workers stay in their jobs longer and are more loyal than other workers. They tend to be both older and better educated.



TIM MURPHY
Vice President
Inglis Living
Operations

Murphy joined the Inglis staff in 2006 as Executive Director of Inglis House. Today

he oversees all consumer services and programs, including Inglis House, the Inglis Adult Day Program, care management, community employment and accessible housing.



CHERYL WHITFIELD
Vice President
Human Resources

A member of the Inglis staff since 2001, Whitfield manages staffing, employee relations,

compensation, benefits, HR information services and staff development initiatives to build positive employee relations and manage union relations.

A

a-may-zing support for Inglis

WHILE ATHLETES COMPETED FOR GOLD IN THE 2010 WINTER OLYMPICS, RESIDENTS AT INGLIS HOUSE SHOWED THEIR SPIRIT WITH AN OLYMPICS-THEMED GAME NIGHT IN FEBRUARY. THE PARTY WAS HOSTED BY THE A-MAY-ZING COMMITTEE, A GROUP THAT HAS DONATED COUNTLESS HOURS AND RAISED THOUSANDS OF DOLLARS EACH YEAR FOR INGLIS.

"We like to throw this party to help beat the winter blues with some lively games and entertainment for residents," says John Gregg, co-chair of the A-May-Zing Committee. This year nearly 100 guests attended the party, taking part in races,

card games and guessing games with an Olympic flair. Greeters for the party were ice skaters in costume, and there were Olympic party favors and a raffle for Olympic-theme T-shirts.

A-MAY-ZING COMMITTEE AFTER THE OLYMPICS Front row, left to right: Ed Rideout, Christine Rideout, Bunny Borkowski, Bill Keffer, John Gregg, Kate Farrell. Back row, left to right: Damien Brewster, Rachel Brewster, Tom White, Judith Cheston, Ann Abbott, Charlotte Biddle, Hope Groesbeck, Carolyn Wyeth, Dick Borkowski, Bourne Ruthrauff, Patsy Walls, Brooke Cheston, Jud Laverell, II.



“Residents played games for prize money, most of which was awarded in small \$1 or \$2 amounts,” Gregg says. “The biggest prize was \$50 for guessing how many Cheerios® were in a bowl.” Entertainers dazzled the guests at the party, with David Conner on the piano, young dancers performing Irish jigs and four Mummers making music in true Philadelphia style.”

FUNDRAISING WITH THE INGLIS FIVE RACE

The A-May-Zing Committee has been instrumental in raising funds for various wish list items at Inglis House. For the past 27 years, the committee has organized the Inglis Five Race in April. In 2009 more than 200 people participated in a 5K run/walk/wheel event starting in Fairmount Park. “Runners, handcyclers, wheelchair users and walkers came out to support Inglis House – some were competitive athletes and others were just out for fun and helping a good cause,” Gregg says.

Proceeds from last year’s race funded the February A-May-Zing Party for Inglis residents as well as the purchase of equipment for Inglis House social, therapeutic and recreational programs. Unfortunately, the 2009 Inglis Five Race was the last of its kind, as it has become too cost-prohibitive to continue. Even though the race has been discontinued, Gregg and other long-standing members of the group will continue to support the great work being done at Inglis House.

A LASTING LEGACY

Members of the A-May-Zing Committee have made a wonderful difference in the lives of residents at Inglis House over the years. Gregg, a member of the committee for 20 years, shares a bit about the group’s



history: “This group began as a bunch of young supporters of Inglis House who planned a spring ball called the May Zing to raise money. That’s how the A-May-Zing Committee got its name,” he says.

 Inglis Foundation

image

2600 Belmont Avenue
Philadelphia, PA 19131

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UPCOMING EVENT

JUNE 7, 2010

9th Annual Inglis Golf Outing
Chester Valley Golf Club, Malvern, PA



Ever wonder what it costs to send Inglis residents to a Phillies game? Find out on page 8 inside.