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FALL 2006 VOLUME XXXI NO. 2

## Inside

*Inglis Awards*

*Resident Art*

*Inglis Friends Honored*

*Grants Open More Than Doors*

*Unleashing the Art  
of Poetry*

*Chris Breen Appointed  
Inglis CEO*

*Inglis Board News*

*New Leadership at Inglis House*

*Residents Move to  
Washington Lane*

*Feel the Power*



*Inglis House Residents Steve “Coop” Cooper and Jean Daley in a power soccer scrimmage.*

# Awards Expand Inglis Mission

“The Inglis Awards for Innovation were created to recognize Philadelphia area non-profit organizations that share a similar mission with Inglis,” Inglis Board director and Awards Review Committee chair Janet Ries Stern said.

“There are so many fine organizations throughout the Delaware Valley that empower and help people with physical disabilities,” Ries Stern added.

“Choosing only four winners was difficult, but the winning organizations are particularly deserving. We hope these awards generate increased awareness and improve the quality of life for more people with physical disabilities.”

The Inglis Foundation Board of Directors presented the awards at a ceremony on June 20, 2006 at Inglis House. Each of the following organizations received a \$20,000 award to help them carry out their missions. (Visit their websites for detailed program information):

**Cerebral Palsy Association of Chester County (Chester County Disability Services)** – fosters independence for people with cerebral palsy and other physical disabilities in Chester and Western Montgomery County by providing programs that help reduce isolation and enable clients to live independently as long as possible. ([www.ccdisability.org](http://www.ccdisability.org))

**The Legal Clinic for the Disabled** – the only organization in Southeastern Pennsylvania dedicated solely to providing free legal services to people with disabilities of low income. ([www.legalclinicforthedisabled.org](http://www.legalclinicforthedisabled.org))

**Pennsylvania Assistive Technology Foundation (PATF)** – provides low-interest loans to people with disabilities so they can purchase the assistive technology, devices and services they need to remain independent. ([www.patf.us](http://www.patf.us))

*(cont'd p.4)*

2.

## Image

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Inglis provides institutional and community-based services for people with physical disabilities via five corporations: Inglis Foundation (parent corporation), Inglis House (nursing facility), Inglis Housing Corporation (accessible housing), Inglis Durable Medical Equipment Company, Inc., and Inglis At Home Services, LLC (attendant care).



Representing the seven award winning organizations are (back row left to right) Margaret Rybinski, Chester County Disability Services; Susan Tachau, Pennsylvania Assistive Technology Foundation; Chris Breen, Inglis Foundation; Janet Ries Stern, Inglis Foundation Board; Thomas Prettyman, Legal Clinic for the Disabled; Luisa Rabe, Inglis Foundation Board; and Barbara Wertheimer, Pegasus Riding Academy. (Front row from left to right) Suzanne Smeltzer, Health Promotion for Women with Disabilities; Brian Newbert, Let's Travel, Inc.; and Melinda Kremer, American DanceWheels Foundation.

3.

## 2007 Awards Program

Applications for the 2007 cycle of the newly-named Inglis Awards for Continuing Excellence are due by December 15, 2006.

Visit [www.inglis.org](http://www.inglis.org) for complete information and to download the application. Call (215) 581-0709 if additional information is needed.



**The Health Promotion for Women with Disabilities Project** – this Villanova University College of Nursing Project helps women with disabilities identify and overcome the healthcare barriers they face by focusing on education, health screening and advocacy. ([www.nurseweb.villanova.edu](http://www.nurseweb.villanova.edu))

The Inglis Awards Review Committee also recognized three additional organizations with \$6,700 commendation grants:

**American DanceWheels Foundation** – teaches and promotes social and competitive ballroom dancing for wheelchair users and able-bodied partners. ([www.americandancewheels.org](http://www.americandancewheels.org))

**Let's Travel, Inc.** – organizes free wheelchair accessible transportation and recreational outings for people with physical disabilities in South Jersey. ([www.letstravelnow.org](http://www.letstravelnow.org))

**Pegasus Riding Academy** – improves the quality of life of people with physical disabilities through therapeutic horseback riding. It is the only such program located within the City of Philadelphia. ([www.pegasusridingacademy.com](http://www.pegasusridingacademy.com))

# Inglis Resident's Art at Philadelphia Airport

While pursuing an architectural degree at the University of Pennsylvania, Robinson Fredenthal was diagnosed with Parkinson's Disease. Instead of pursuing a conventional architectural career, Fredenthal focused on the sculptural exploration of geometric forms. He became an Inglis House resident in 2003.

According to Leah Douglas, Director of Exhibitions at the Philadelphia International Airport, "Over a 40-year period, Robinson Fredenthal has designed more than 6,000 unique 3-dimensional geometric cardboard models. With the help of studio assistants, he has continued to produce work from models to commissioned public art. All are hand-cut and meticulously fabricated."

Several of Fredenthal's large-scale steel sculptures are located throughout Philadelphia including the University of Pennsylvania campus and near Independence Mall. All of Fredenthal's models are in the permanent collection of the Architectural Archives of the University of Pennsylvania.

Now, 157 of Fredenthal's models are on display for ticketed passengers passing through Terminal C of the Philadelphia International Airport. The exhibit runs through March 2007.

To see pictures from the exhibit, visit <http://www.phl.org/art/robinson.html> or for more information about the artist, visit [www.robinfredenthal.com](http://www.robinfredenthal.com)



*Robinson Fredenthal at his "Deep Space" exhibit at Philadelphia International Airport. (Photo courtesy of Philadelphia Airport System)*

# Inglis Five



Over 200 runners, walkers and wheelchair athletes participated in the 24th Annual Inglis Five Race, Sunday, April 30, 2006. For the second consecutive year, Conshohocken-based Lincoln Mortgage Company was Presenting Sponsor. The winner of the race, Kevin Forde, finished in 28 minutes, 54 seconds. Here, Forde (center) congratulates the second place winner Brian Driscoll (left) and third place winner Mark Uffleman. Race proceeds support Inglis House resident programs.

6.

## inglis.org Gets a New Look



During the summer, Inglis Foundation Development and Public Relations staff updated the look of the Inglis website, **www.inglis.org**. The site features a newer, fresher

look, convenient navigation and increased accessibility for people with physical disabilities using adaptive devices. Information about all Inglis programs and services are just a few clicks away. We invite you to take a look.

# Inglis Thanks Donors

“At Inglis, one thing remains constant and that is your support,” Inglis Foundation Board Chair Luisa Rabe said as she addressed the crowd at the May 24, 2006 Donor Reception. “Thanks to you, Inglis can achieve its mission of providing choices for people with physical disabilities.”

A total of \$558,000 was raised in the FY '06 Annual Campaign – exceeding the \$500,000 campaign goal. The number of donors making gifts has increased by over 23% in the last three years.

“Due to the growth of Inglis community-based services, Inglis now serves over 2,000 clients,” CEO Christopher Breen informed guests at the reception. “Your generosity and continued support is critical to Inglis’ growth and is greatly appreciated.”



*(From left) Fay and John McManus and Annual Campaign Committee member Arthur Klein were among the guests.*



*(From left) Marvin Melvin, Lisa Melvin and Inglis House Resident Council President Edie Benson.*



*Inglis House residents David Mears (center) and Yvette Green (right) sang for guests (accompanied by music therapist Audrey Hausig).*

# Inglis Friends Honored for Commitment

8.

The Annie Inglis Gold Coin commemorates the founding of Inglis House in 1877. Today, the coin symbolizes long-term commitment to Inglis; it is the highest honor presented by the organization. In May 2006, the Gold Coin was awarded to four individuals whose commitment and contributions to the organization have left a lasting legacy: retiring Inglis Foundation Board Chair Barbara Carper and Board directors Elizabeth McGee-Wood, MD and Pamela Laucks; and the late I. Tatnall Starr, II, of the Inglis Foundation Investment Committee.

Of her Board colleagues, Inglis Foundation Board Chair Luisa Rabe said, “As a group, Barbara, Betsey and Pamela generously devoted almost 50 years of service to Inglis. We applaud these incredible women for their commitment and for their innumerable contributions. Inglis is stronger thanks to their pragmatic approach to the realities of healthcare and their wise stewardship of Inglis’ resources.”



*Retiring Inglis Board director Elizabeth McGee-Wood, MD (center) received the Annie Inglis Gold Coin from CEO Christopher Breen and former Board Chair Barbara Carper.*





*Maysie Starr (right), widow of former Inglis Foundation Investment Committee member I. Tatnall Starr, II, accepted an Inglis Gold Coin on his behalf. She is shown here with (left to right) Jayne Finegan, and Investment Committee members Nick Carper and Paul Finegan.*

## Inglis Arts Gala



*On September 29, 2006, the Inglis House Fine Arts Council sponsored its first Gala in Founders' Hall, featuring residents' artwork, poetry readings and video productions. Inglis House resident artists and poets collaborate on the Arts Council to inspire artistic endeavors and promote an artistic community. Here, resident artist Will Parker shows his artwork to Inglis Board Director Nancy Kirby and art consultant Gail McCown.*

## Grants Open More Than Doors



*Inglis Care Management client Michelle Robinson demonstrates her new automatic door openers.*

“Now I don’t need to rely on someone else to help me do simple things around home,” Michelle Robinson says.

Michelle sustained paraplegia in February 2005 after being hit by a car. Upon returning to her West Philadelphia home where she lives with her husband and son, she became a client of Inglis Care Management. As she adjusted to her disability, Michelle quickly learned that her home wasn’t wheelchair friendly. “I hadn’t been upstairs in over a year because I couldn’t walk up the steps,” Michelle recalls. “I slept on a bed in my dining room.”

10.

Due to Michelle’s limited upper body mobility, even her own front door was an obstacle. When no one else was home, she wasn’t able to let her personal care assistant in.

Through a grant from the Western Association of Ladies for the Relief and Employment of the Poor, Inglis Foundation purchased and installed two automatic door openers for the front entrance. Getting upstairs to her second floor is just as easy thanks to her new chair lift, funded by TJX Foundation.

Grants to the Inglis Care Management Client Assistance Fund provide equipment and services, not covered by Medicare or Medical Assistance, that improve quality of life for adults with physical disabilities living in the community.

“This equipment makes life so much more convenient and I can use them without help,” Michelle added.

## Other Grants of Note

**Recent grants from area foundations and corporations support a wide range of Inglis programs and services.**

**Comcast Foundation** – for a disability awareness educational program for 20,000 third-grade students in the Philadelphia Public School District utilizing Inglis’ *“Discovering People on Wheels”* coloring book.

**Philadelphia Foundation Special Funds** – support for Inglis House resident programs.

**Mellon Financial Corporation Fund & Scholler Foundation** - for the Inglis Care Management program.

**Morgan Stanley Foundation** – for an environmental control unit trial and training station for Inglis House residents.

**Dolfinger-McMahon Foundation & Christopher Reeve Paralysis Foundation** – for the Inglis House Resident Vital Story Project, encouraging enhanced resident/caregiver relationships through collaboration on publishing resident memoirs.

**Teleflex Foundation & Verizon Foundation** – for new adaptive computer equipment and software for the Inglis House Computer Lab.

**Merck & Co, Inc.** – for therapeutic education programming for Inglis House residents.

**Rittenhouse Foundation** – for new outdoor signs for Inglis Housing Corporation’s Klein/ Morris apartments.

**Sovereign Bank Foundation** – to support educational and cultural programming for tenants at Inglis Gardens at Washington Lane.

**Philadelphia Committee of the Garden Club of America** - for new garden boxes and supplies for resident use on the Inglis House grounds.

# Volunteer Activities



**A-MAY-ZING PARTY.** Chill February winds outside Inglis House were no match for the swaying palm trees and Reggae music playing in Founders' Hall at the annual A-May-Zing Party. The volunteer A-May-Zing Committee hosts a themed party for residents, complete with casino games, entertainment and refreshments. Inglis House resident John Bolden is shown here with committee members Debbie Laverell and John Gregg (back, left and right) and beach bum and bunny Ed and Christina Rideout.

12.



*Inglis House Volunteer of the Year Bill Kroetz (right) with Executive Director Tim Murphy and Director of Volunteers Peggy Haley.*

**VOLUNTEER OF THE YEAR** Bill Kroetz received the 2006 Award at the annual Volunteer Recognition Luncheon, held April 19, 2006, at Inglis House.

Bill relocated to Philadelphia from New Orleans in September 2005 after Hurricane Katrina. He moved into an apartment across the street from Inglis House and soon became a volunteer. He assists with transporting residents to Sunday religious services, helps with the monthly pizza party and facilitates discussion groups. He even hosted a Mardi Gras party for residents in February. "Most people who went through what Bill did would expect to receive assistance from others," Volunteer Director Peggy Haley added. "But Bill wouldn't let personal loss stop him from volunteer service; he is an inspiration to us all."

## Disability Advocate Honored

“After I became a quadriplegic, I wanted to use my experience to help others with disabilities,” Inglis Housing Corporation tenant Bruce McElrath said. This spring Bruce received a Disability Rights Advocacy Award from the Pennsylvania Human Relations Commission. The state-wide agency chose Bruce for his leadership, commitment and dedication in the advancement of civil rights and equal opportunity for people with disabilities.

Bruce’s advocacy efforts began in 1989 when he formed DRAG – the Disabilities Rights Advocacy Group. The 350-member organization has pioneered efforts to make Pennsylvania, and particularly Philadelphia, more accessible to people who use wheelchairs. Their staunch efforts led to installation of the city’s curb cuts, delayed green lights, pedestrian crosswalk buttons and accessible ATM machines, as well as wider aisles in area supermarkets. What’s next on DRAG’s advocacy agenda? “To get more affordable, accessible housing for people with disabilities,” Bruce said. “It may take a while, but it can be done.”



# Unleashing the Art of Poetry



*Inglis House resident Yvette Green reads one of her poems to conference attendees.*



*Inglis House resident poets Stuart Sanderson (right) and Linda Miller (back) attend a workshop on crafting poetry from visual art, facilitated by Maryland-based poet Colleen Webster (center).*

“The Inglis House Poetry Conference brought together a community of artists who share common passions: poetry and disability,” Inglis House Therapeutic Education Coordinator Michael Northen said.

Inglis House Poetry Workshop members hosted the *Poetry and Disability: Unleashing the Art* conference on April 1, 2006. Supported in part by The Pennsylvania Council on the Arts,\* the Conference was open to the public, including disabled and non-disabled students, teachers and poets. *Poetry & Disability* featured poetry readings by regional poets, panel discussions on disability and writing, and afternoon workshops led by some the Delaware Valley’s most accomplished poets.

\* The Council on the Arts is a state agency funded by the Commonwealth of Pennsylvania and the National Endowment for the Arts, a federal agency.

# Chris Breen Appointed Inglis CEO



*Christopher Breen*

“By building on Inglis’ legacy of providing the best possible care for people with physical disabilities, I look forward to working with the Board, senior management team and staff to enhance Inglis’ position in the future,”  
Inglis Foundation Chief

Executive Officer **Christopher Breen** said upon his appointment in November 2005.

Chris works in concert with Inglis Board Directors on the organization’s strategic direction and leads the senior management team that oversees all Inglis programs. No stranger to the Inglis organization, Breen was chief information officer at Inglis, a position he held since 1998.



*Mario Porro*

**Mario Porro** is Inglis’ Chief Financial Officer. Appointed in May 2006, Porro oversees the organization’s fiscal operations including the management of the finance department and working with the Inglis Finance and Fund Committees to manage

Inglis’ endowment. Previously, Porro was chief financial officer at Lutheran Services, Voorhees, NJ.

# Inglis Board News



*Former Inglis Foundation Board Chair Barbara Carper (right) passed the gavel to new Chair Luisa Rabe at the Board of Directors Annual Meeting.*

“Barbara Carper led the Board through many dynamic times with staunch commitment and leadership,” Luisa Rabe said of her predecessor. “Her 18 years of distinguished service on the Board, including her four-year tenure as chair, solidified the organization’s financial interests while spearheading the expansion of services in the community for people with physical disabilities.”



*Janet Ries Stern*

Janet Ries Stern was elected chair of the Inglis Housing Corporation Board which oversees the Inglis accessible, affordable housing program.

An Inglis Board director since 1990, Stern also serves on the Inglis Foundation Nominating Committee and is chair of the Inglis Awards Review Committee.



*Carolyn Morris*

Carolyn Morris was elected Inglis House chair. A Board director since 2002, Morris said, “I look forward to working with fellow Board directors and Inglis House staff to ensure that residents continue receiving the best possible care and opportunities to pursue their goals.”





*JoAnne T. Fredericks, CFA*

JoAnne T. Fredericks, CFA, is chair of the Inglis Fund Board and a member of the Inglis Investment Committee. She has more than 30 years experience in personal trust and investment management and is currently senior vice president of The Pennsylvania Trust Company. Ms. Fredericks is a member of the board of the Coriell Institute for Medical Research. She earned her bachelor's and master's degrees from Drexel University.



*Marisa A. Rogers*

Marisa A. Rogers, MD, MPH is the newest member elected to the Inglis Foundation Board of Directors. Dr. Rogers is an assistant professor of clinical medicine at the University of Pennsylvania School of Medicine. She earned her Bachelor of Science Degree, Medical Doctorate and Master of Public Health Degree at Emory University School of Medicine, Atlanta, GA.

## Inglis Employees Honored



*Inglis Community Employment Services (ICES) partners with Pennsylvania Industries for the Blind and Handicapped (PIBH) to train and place people with physical disabilities in jobs at area PENNDOT Drivers' License Centers. Photo license technician Mildred Longstreth (center) received a State Manager Award from (left) PIBH District Manager Lisa Duprey, Jennifer Holtzworth (ICES) and PIBH State Manager Jeff Holt. Earlier this year Inglis employee Dionne Ensley was named second runner-up for the PIBH Nettie Mann Achievement Award.*

# New Leadership at Inglis House

**Timothy Murphy** became Inglis House executive director in February 2006. With 19 years administrative experience at larger skilled nursing care facilities, his most recent position was at Elkins Crest Health and Rehabilitation Center, Elkins Park, PA.

“We were impressed by Tim’s commitment and proven track record of providing the highest levels of quality care to the residents at the facilities where he has worked,” Inglis Foundation Chief Executive Officer Christopher Breen said.

At an initial meeting with Inglis House staff and residents, Tim said, “Inglis House is a unique place. The work we do here affects hundreds of lives, most importantly the residents’ and their families. My main goal is to ensure that the care residents receive is of the highest possible quality.”

In addition to his role as Inglis House medical director, **Dr. David Jones** is affiliated with Delaware County Memorial Hospital and Bryn Mawr Hospital. He is a partner in Prime Health Network, Havertown, PA.

Director of Nursing **Deborah Duncan** brings more than 30 years nursing and management experience, most recently as director of nursing at Suburban Woods Health and Rehabilitation Center, Norristown, PA.



*Inglis House Executive Director and Administrator Timothy Murphy, NHA; and Director of Nursing Deborah Duncan, RN.*



*The Inglis House medical team has expanded with the addition of (Front row L. to R.) Physician's Assistant Joseph Norris, and Doctors Marc Matozzo, Jerry Cohen, Joseph DiRenzo, Jr., David Jones (Medical Director), Robert Pearlstein and Charles Spencer. (Back row L. to R.) Doctors Joseph Adamitis, Darlene Ouattara, Priya Vasdev, and Nurse Practitioner Vickie Kirsten. (Missing from photo) Doctors Robert Weisberg, Steven Lewis and Marian Bryce.*

## Physician Services Reorganized

*Long-term care facilities face continuing fiscal challenges. Rising healthcare costs, government reimbursements shifting from long-term care to community-based programs and an increasing number of people with high cost needs for medical assistance necessitated the reorganization of Inglis House physician care.*

*“Contracting with medical practice groups for direct physician services, including those of our new Medical Director David R. Jones, was an important strategic decision for Inglis. It continues to improve our quality of care as these clinicians provide the highly specialized care needed by Inglis House residents. And, with more physicians providing services, we create a more personal relationship as the resident/doctor ratio decreases,” said Executive Director Tim Murphy.*

# Inglis House Residents Move to Washington Lane

“I’ve never lived on my own since I started using a wheelchair,” former Inglis House resident Oscar McLaren, 32, said. “I’m not nervous, I’m ready.” Oscar and 13 other tenants began moving to Inglis Gardens at Washington Lane in September.

“Inglis Housing Corporation’s (IHC) unique housing design and rental subsidies address the critical need for affordable, wheelchair accessible housing for people with physical disabilities who wish to live independently,” IHC Director of Project Development and Operations Arthurette Morris-Stone said.

Inglis Gardens at Washington Lane, IHC’s latest initiative, has 10 one-bedroom and four two-bedroom fully wheelchair-accessible apartments located in the Mount Airy section of Philadelphia. Washington Lane also has laundry facilities, a large community room and off-street parking. The \$4.1 million, HUD Section 811 housing project is close to public transportation and shopping facilities.

“Our accessibility features go beyond those recommended by the Americans with Disabilities Act: Doorways are wider, ramp pitch is lower, receptacles and light switches are at wheelchair height,” Morris-Stone added.



*Oscar McLaren is one of several Inglis House residents moving to Washington Lane.*

Funding partners for the project include the U.S. Department of Housing and Urban Development, Federal Home Loan Bank of Pittsburgh, The Pew Charitable Trusts and the Redevelopment Authority of the City of Philadelphia.

To successfully live in an independent setting, people with physical disabilities need affordable

housing and access to services. Inglis helps with both aspects. Most of IHC’s tenants are of low economic means, often relying solely on Supplemental Security Income (SSI). They would have to spend nearly



*Washington Lane tenant Frances Reilly inspects the thermostat - installed at wheelchair height - in her new apartment with Inglis Housing Corporation Director Arthurette Morris-Stone.*

130% of that income to afford an average rent in the City of Philadelphia.

“To address affordability for tenants, IHC offers project-based Section 8 vouchers that dramatically reduce monthly rents,” Morris-Stone said. “In fact, Washington Lane tenants pay an average rent of \$180 per month. That’s about 30% of their SSI.”

Finding reliable caregivers, transportation, doctors and other support services is also crucial. Inglis offers tenants optional service coordination through the Inglis Care Management program.

“Case managers assist tenants in finding necessary medical and support services as well as opportunities for employment and education,” Inglis Care Management Director Carol Jones said.

With all their resources in place and move-in complete, Washington Lane tenants are set to enjoy their new homes.

## On the Horizon...

### *Inglis Gardens at Germantown*

- 10 one-bedroom, four two-bedroom apartments
- Projected completion: September 2007

### *Inglis Apartments at Elmwood (Southwest Philadelphia)*

- 31 one-bedroom, nine three-bedroom apartments
- Projected completion: October 2007

*Call 1-866-2-INGLIS for application and waiting list information.*

# Feel the Power



*Inglis House resident David Politz practices during a power soccer drill.*



*Residents Jean Daley (left) and Edie Benson compete in a soccer scrimmage.*

“I never thought I’d play soccer again after my injury,” Inglis House resident David Politz said. “Now when I play soccer, all my troubles disappear.”

A life-long soccer fan, David played the game all through his childhood and as a student at Methacton High School in Norristown, PA.

David sustained quadriplegia after a car accident at age 40. Now 43, he is playing soccer again as a member of the Inglis House power soccer team, a new recreational activity.

Power soccer is the first competitive sport designed and developed specifically for power wheelchair users. Using thick, plastic bumpers attached to the footrests of their wheelchairs and beach ball-sized soccer balls, the team is ready for action.

“It’s great exercise and a lot of fun,” team member Jean Daley said.

Aside from the fun factor, power soccer offers other therapeutic benefits to players with physical disabilities. “They improve their cognitive and physical coordination because they have to quickly maneuver their wheelchairs while strategizing their next move,” Inglis House Recreation Therapist Rachel Cohen said.

In August, several team members and coaches from the Magee Rehab KIXX power soccer team visited Inglis to offer tips and encouragement. They held practice with the Inglis team so they could learn new strategies. What’s next for the team? To perfect their moves and eventually compete against other teams. I’m looking forward to competition,” David added. “That’s the best part of sports for any athlete.”

# Image



2600 Belmont Avenue  
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## UPCOMING EVENTS

**November 2, 2006**  
Inglis House Harvest Ball  
Founders' Hall

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