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Inglis Community Employment Services Specialist Mike Gillam (left) helped place Jai Sujan as museum gallery attendant at the Please Touch Museum, Philadelphia, PA.

*A message from Inglis’
President and CEO*

Through the Storm Clouds, A Bright Future



Gavin Kerr

All across America, people are feeling the pain of our worldwide financial crisis. At the same time, many feel more hopeful now that the Obama administration is in Washington.

Like the nation, our financial challenges are very real and there are tough days ahead. At Inglis, we need only look to the past to see that we will succeed in the future. Since our founding in 1877, Inglis has survived 28 recessions, the Great Depression, eight major wars, three polio epidemics, the Spanish Flu Pandemic of 1918 and the outbreak of HIV/AIDS. I am confident that we will not only endure, but thrive as we weather this economic storm.

To prepare, we have begun an intensive, year-long strategic planning process that engages our Board of Directors, residents, tenants, consumers, donors and staff at all levels. Our goal is to enable people with significant physical disabilities to live life to the fullest. We will be

- exploring new models of care that offer consumers greater choices in living settings
- developing new programs to enhance quality of care and quality of life
- examining how Inglis can be a catalyst for research and best practice diffusion to enhance life with disabilities - in the Philadelphia region and around the world

Throughout our planning process, we will strive to find new, more financially sustainable business models to ensure Inglis’ survivability and the viability of our mission for the next 133 years.

We are excited about the future and hope that as you learn more about our strategic plans, you will continue to support our mission and be a partner in creating the best possible life for people living with disabilities.

Jai Sujan’s “New Lease on Life”

English client Jai Sujan looks perfectly at ease as he wheels around the halls of the Please Touch Museum in Fairmount Park’s Memorial Hall. As gallery attendant since November, Jai spends his days introducing visitors to the museum and its interactive exhibits. Jai’s job also gives him the opportunity to teach children about disabilities.

One question he often hears is, “Why are you in a wheelchair?” His answer is simply, “My legs don’t work.”

Jai’s presence at the Please Touch Museum also teaches another important lesson to visitors – that people with disabilities can successfully hold jobs. Like many people with a disability, Jai had a Bachelor’s Degree and experience at several temporary jobs, but had never held a long-term position. In fact, people with disabilities are the single largest minority group seeking employment.

With help from Employment Specialist Michael Gillam of Inglis Community Employment Services, Jai learned how to prepare and submit a resumé and received coaching throughout the entire interview and hiring process.

Getting the job was just the beginning. Other adjustments came along as well – from getting up earlier to scheduling his transportation needs three days in advance through SEPTA’s paratransit system. While getting

—article continues on next page

3.



◀ Gallery Attendant Jai Sujan in front of one of his favorite Please Touch Museum exhibits – Wonderland.

“New Lease on Life” *continued from page 3*

to work may be unpredictable at times, Jai reveals, “Once I’m at my job, it’s really rewarding. When I was a little boy, I yearned for independence. Inglis has given me a new lease on life.”

Jai has shown himself and the museum’s visitors that a disability

won’t stand in his way. He explains, “To me a fulfilling life means having a good apartment, a wife, my independence and a job I love doing.”



◀ *Inglis Community Employment Services Specialist Mike Gillam (left) is Jai Sujan’s job coach.*

4.

News from Inglis Employment

For the past seven years, Inglis Community Employment Services has successfully trained and coached over 60 janitorial and photo license technician staff at 12 PennDOT Driver’s License Centers in the Delaware Valley through a contract with the Pennsylvania Industries for the Blind and Handicapped (PIBH). PIBH is a nonprofit agency dedicated to increasing employment for people with disabilities by fulfilling state government contracts.

Recently, Inglis Community Employment signed a contract to perform janitorial services at Willow Grove Naval Air Station Joint Reserve Base in Bucks County, PA. The contract will provide approximately 10 part-time and full-time positions for people with disabilities. According to Inglis Community Employment Director Barry Bussell, “our proven track record with PennDOT gave us a significant advantage when we bid on this contract. Our one-on-one approach to job coaching has meant employees who are well-trained and successful at holding a job on a long-term basis.”

Inglis Joins GettingHired Network

Inglis has joined forces with GettingHired.com – the first employer subscription online career center and social networking community for people with disabilities. Inglis has made the commitment to post all its available employment positions on GettingHired’s website.

Besides posting job opportunities, the site brings together employers with advocates for the disabled. Service providers who offer training, technology and other services to bridge the gap between a disability and a job are also part of the GettingHired.com community. Prospective employees with disabilities are able to use GettingHired.com’s social networking tools to connect with peer mentors with disabilities to discuss a variety of employment and career concerns. Visit www.gettinghired.com for more details.



5.

Contributors Report Update

Inglis Foundation makes every effort to ensure its donor lists are accurate. Regrettably, errors can still occur. We would like to make the following correction to the Fiscal 2007-2008 *Image* Contributors Report.

Mr. & Mrs. James G. Logue are Benefactor Level donors

If you have a question regarding your gift or your donor listing, please call or e-mail Director of Development Kate Farrell at kate.farrell@inglis.org or 215.581.0702.

Funders' Support Critical

6.

Inglis Foundation is grateful for the financial support this fiscal year from organizations including:

The Pew Charitable Trusts awarded Inglis House \$450,000 to install two new elevators in the north and south wings. Due to the specialized needs of residents using these elevators and the constraints of the existing building (built in 1927), replacing this critical machinery is complicated. The new elevators will operate more efficiently, be easier to maintain and have enhanced safety features.

Lincoln Financial Foundation provided \$10,000 to purchase equipment and program supplies for Inglis House residents participating in the Community Re-Entry Program. Residents in the program practice real life situations so they will be more successful living on their own.

Morgan Stanley Foundation is helping to create a three-workstation training area within the Inglis House Computer Lab with a \$10,000 grant.

The Paul Kelly Foundation gift to the Annual Campaign supports resident social enrichment programs with \$4,000 to assist with creating a mobile in-house library, expanding educational and arts programs and adding new community and holiday events to the Inglis House social calendar.

A \$3,500 grant from **The Rentschler Foundation** helped fund therapeutic treatments for residents' neuromuscular disorders as well as purchase highly specialized wheelchair cushions which help distribute body weight more evenly and prevent skin breakdown.

▶ *Jeanne Cywinski and five other Inglis House residents are members of a new digital camera club thanks in part to funding from Merck & Co., Inc., West Point, PA, a generous supporter of the Therapeutic Education Department.*





Jason Weingarten shares his office cubicle with Inglis, a service puppy-in-training.

“Inglis” in Training

2007 Inglis Awards for Continuing Excellence winner Canine Partners for Life (CPL), Avondale, PA, trains service dogs for people with physical disabilities. Jennifer Kriesel, Director of Development said, “We were so very thankful to be recipients of the award. We were able to develop our harness-making program and help a lot more recipients than we would normally have been able to without this award.”

As a special thank you to Inglis for the award, CPL gave the name Inglis to a service puppy-in-training. Inglis goes to work each day with Canine Partner volunteer Jason Weingarten at JPMorgan Chase Card Services in Wilmington, DE. According to Jason, “Inglis is an amazing puppy who I hope will go on to do great things and be a true companion. He...is willing to serve with extreme dedication, all for a pat on the head and a rub of his belly.”

7.



Some members of JD’s Cyclers (from left): Lisa Shahade, Jackie Brown, Al Brown, Bill Hartzell, David Hanson, David Jones and Scott Jones.

The 21 members of JD’s Cyclers – captained by Inglis House Medical Director Dr. David Jones – raised over \$12,000 for the annual City to Shore Bike Tour sponsored by the Delaware Valley Chapter of the MS Society. The team is named for Joanne Demetreau, a patient and friend of Dr. Jones, diagnosed with MS

in 1997. Other team members included Inglis House Administrator Timothy Murphy and Assistant Administrator Robert Parvin who joined over 7,000 cyclists to ride from Philadelphia to New Jersey shore points in late September 2008. The event raised over \$5 million for the fight against Multiple Sclerosis. For information on the Bike MS Race to be held October 3-4, 2009, visit www.nationalmssociety.org/chapters/PAE/index.aspx and click on fundraising events.

First Friday at the Inglis Art Gallery

Residents, friends, family and donors gathered at the Inglis Art Gallery on Friday, October 3, 2008 to view new works by resident artists. A special exhibit featured works by emerging artists including photography, weaving and computer-enhanced art.

► Emerging Inglis artist Ilene Meyers shown here with volunteer Jill Stone



Marie and Jim Logue were among those attending the reception



Inglis Board Member Sankey Williams, MD, and wife Senator Connie Williams attended First Friday at the Inglis Art Gallery



The finale of **Independence Starts Here** – the first Philadelphia disability arts and cultural festival — was the October 4, 2008, dedication of a disabilities awareness mural on the wall of Hahnemann Hospital's Feinstein Building at Broad and Race Streets in Philadelphia. The 12,500 square foot mural is a montage featuring people with all types of disabilities. Included on the mural is a former Inglis House resident and now tenant at Inglis Gardens at Eastwick in Southwest Philadelphia – Antonio Cancel (left). Picture courtesy of Mural Arts Program/City of Philadelphia.

9.



Retiring Board members (left to right) Millie Ellerson, Mary Lee Stallkamp, Gale Gillespie, Cary Leptuck (former Acting CEO), Patricia Smith-Green, Linda Fisher and Kimberly White received the Annie Inglis Gold Coin Award recognizing their distinguished service to the organization. Symbolizing Inglis' founding in 1877, the Gold Coin is the highest honor given by Inglis. (Absent from the photo were Gold Coin recipients and former Board members Carole Bartholdson, F Ann Cope, Alison Dante, Gloria Guard, Nancy Kirby and former CEO Christopher Breen.)

Annual Patrons' Reception

The annual Inglis Foundation Patrons' Reception was held in Founders' Hall on September 10, 2008, to recognize donors and friends who support the work of the Inglis organization. The 2008 Annual Campaign raised over \$600,000 in support of Inglis programs and services.

10.



Inglis Foundation President and CEO Gavin Kerr with Luisa Rabe, Inglis Foundation Board of Directors Chair (left) and wife Cindy Kerr (right)



► *Former Inglis Board Director Linda Fisher, Walt Fisher and Inglis House resident and Annual Campaign spokesperson Yvette Green, who opened the evening's program*

► Former Board Director
Janet White with resident
Emma Branch



◀ Inglis volunteer Jill Stone
with resident Robyn
Monahan

11.

Cindy Kerr Receives Award



Cindy Kerr, wife of Inglis President and CEO Gavin Kerr, was the national honoree at L'Oréal Paris' third annual Women of Worth program in December 2008. Her organization, *ConKerr Cancer – A Case for Smiles* – began when she made pillowcases to brighten her son's room at Children's Hospital of Philadelphia. According to Cindy, "Most cancer programs focus fittingly on finding cures... When my son became sick and later passed away, I concentrated on doing something that helps kids and their families survive this terrifying experience."

In just three years, ConKerr Cancer has delivered nearly 49,000 pillowcases to 42,000 sick children in US hospitals and established chapters serving children in hospitals and pediatric hospices in the US, Canada and South Africa. ConKerr Cancer recently donated nearly 300 pillowcases to the residents of Inglis House. For more information, visit www.conkerrcancer.org.

Board Member Takes Bronze at Beijing



Laura Schwanger

Ingليس Foundation Board member Laura Schwanger returned with a bronze medal from the 2008 Paralympic Games held September 6-17, 2008, in Beijing, China. While this was not her first trip to the Paralympics, it was her first rowing competition...and the first time rowing was a Paralympic sport. She now holds 12 medals from Paralympic games (the rest were in track and field).

12.

A Big Score with a Short Essay



Darius Lopes, who shares an apartment with his grandmother in Inglis Gardens at Eastwick, wrote an essay for the Paralympic Academy about his experiences playing wheelchair basketball. He was among 25 students nationwide who won all-expense paid trips to watch the Paralympics in Beijing. The Paralympic Academy helps kids with physical disabilities lead more active lives by participating in recreational activities. Upon his return, Darius was honored with an Access Achievement Award from the (Philadelphia) Mayor's Commission on People with Disabilities.

◀ Darius Lopes

Annual Keen Games Held

► Among those attending the 32nd annual Keen Games resident athletic competition at Inglis House, were Gordon Keen (left) and his sister Nonie (Keen) Williams shown here with resident participant Gina Minter and Inglis Social Enrichment Program Director Janet Turner (far right). The games are named in honor of former Inglis Board Member Alice Lightner Keen, who organized the event to celebrate Inglis House's Centennial.



◀ Ann Hunter shows off daughter Ellie's bronze medal during the Keen Games held September 20, 2008.

► John Mercugliano was chosen Most Courageous Athlete at the Keen Games. Shown here with Recreation Therapy staff (left to right) Alexis Ramagnano, Robyn Williams and Sarah Huber.



Curing Writers' Block

“D on't let your family say that your writing is perfect or profound. Listen to your peers – other writers.” That was one piece of advice I learned from the writers at the October 2008 *Push to Publish* Conference at Rosemont College.

Before I came to Inglis House, I was writing poetry and trying to find magazines to publish it using the *Writer's Market* directory. Let me tell you, it was hard! Fortunately, Stuart Sanderson, Yvette Green and I got a chance to learn first-hand about marketing, writing and getting work published – whether it's writing for children, poetry, short stories or blogs.

Being with other writers was comfortable and natural. As they talked about their experiences, we felt like peers - they were just as uncomfortable having their work critiqued as we were!

We also met with magazine editors and book authors. Their honest and interesting comments about our work were much appreciated. Eileen D'Angelo, editor of *Mad Poets Review*, told me that my writing was tight and she liked the imagery.

— written by Dana Hirsch

14.



Mad Poets Review Editor Eileen D'Angelo (left) chats with author Dana Hirsch

Update: Thanks to the meeting at the *Push to Publish* Conference, Dana Hirsch and Stuart Sanderson's poetry appear in the February 2009 issue of *Mad Poets Review*.

River Madness

Silver grey water unleashes
its temper taunting abuse.
Sheets of hammering unedited chapters
of life whirl beneath the surface,
While man fights the ravenous shark.

– DANA HIRSCH

Corona

The typewriter is my
Voice, it lets my words
Go free. Black keys with white
Symbols – if I hit the right
Ones it will be a masterpiece.
Being able to try this is a challenge
But when someone tells me my symbols
Have touched their hearts and souls
That is a reward. The typewriter is
My voice, it lets my thoughts
go free.

– STUART SANDERSON

15.

New Advisory Committee Members

The Inglis Consumer Advisory Committee welcomed three new members at its December 2008 meeting – Gwendolyn Watson, Norbert Bain and Richard Auerbach. Recently, the Inglis Consumer Advisory Committee has been advising the Inglis Board of Directors on reducing barriers to independent living and improving the delivery of services for people with physical disabilities, as part of the Board's strategic planning process. All three new members attend the Inglis Adult Day Program.



Gwen Watson



Norbert Bain



Rich Auerbach

The Wheel(chair)s on the Bus

► SEPTA bus driver Mike Murray (standing) and CCT Customer Service Representative Hank Stahl (foreground) trained residents Ken Harris (left) and C. Ridge Tait (far right) on safely riding the bus.



16.

Talking about riding the bus is good, but actually trying out the accessibility features of a SEPTA (Southeastern Pennsylvania Transportation Authority) bus is even better. Each year Inglis House residents get first hand experience in boarding and riding the bus thanks to the Inglis Physical Therapy Department and representatives from SEPTA and its paratransit division for people with physical disabilities – CCT (Customized Consumer Transportation).

All SEPTA fixed-route vehicles meet ADA accessibility standards with a wheelchair lift or ramp (some buses can also “kneel” to make the step up from street level easier). All buses have safety belts for securing chairs, but riders must know how to instruct the drivers in properly and safely tying down their chairs. For many residents with high tech electric wheelchairs, maneuvering inside the bus can be challenging.

Besides practicing riding logistics, residents learned about using fare cards and tokens, route identification kits and “Stop Assistance” cards to help drivers remember where a rider needs to leave the bus. It’s all part of learning to be an Inglis Safe Community Driver.

Life After School at Adult Day Program

The Widener Memorial School in Philadelphia offers a variety of academic and therapeutic programs that enable students with physical disabilities or fragile medical conditions to reach their full potential.

After years of enjoying the stimulating environment at Widener, many students miss the classes, friends, socializing at school clubs and activities when they leave. They frequently find themselves socially isolated upon graduation. Now, thanks to a grant from the **Widener Memorial Foundation**, seven Widener students are enjoying the energizing atmosphere of the Inglis Adult Day Program three days a week.

The students describe their experience at Inglis with great enthusiasm. The activities, the staff, and even their lunches elicited praise.

For Joseph Walthour, hands-on activities are a highlight. “I like making things with my hands,” he says. “And the people that work here and the people in the program are nice.”

The students also appreciated the quality discussions they have at Inglis. News, sports and music are favorite topics. “We don’t get to talk about this stuff and be ourselves at school,” says Thomequa Boyd.

Adult Day Program Manager Natasha Goldstein says it was a challenge for them to adjust to the looser structure at Inglis. But now, “they enjoy engaging with people from different age groups. The other participants enjoy having them here since some of them are Widener graduates, too. The intergenerational sharing is great.”

17.



◀ Seated around the table are (left to right) Widener students Sevell Lincoln, Cesar Bocachico, Lamar Lewis, Evelyn Hernandez, Thomequa Boyd and Joseph Walthour. Victoria Rios (not pictured) also attends the program.

Volunteering at Inglis



◀ Robert Pomeranke is Inglis' volunteer coordinator. Shown here with Administrative Assistant Jessica Wible, he oversees the hundreds of community volunteers who donate nearly 2,000 hours of service per month at Inglis House. Volunteers at Inglis accompany residents on daytrips; share their special talents; help residents in the in-house computer lab; transport residents to activities and provide spiritual encouragement. For more information on volunteering at Inglis House, contact Mr. Pomeranke at 215-581-0718 or info@inglis.org.

18.

▶ Temple University Tyler School of Art freshman Karlie Vale used her special artistic talents when she volunteered at Inglis House last year. As her senior (high school) service project, she led a drawing class for residents three times a week. She continued to volunteer after graduation and organized an outdoor show of residents' artwork at the end of the summer. She is shown here with resident Carl Brooks.





◀ State Sen. Vincent Hughes (D-Phila.) hosted an Inaugural Celebration and Salute to the Citizens of the 7th Senatorial District on January 6, 2009. Inglis Foundation was among the individuals and organizations recognized for exemplary work in the community. Inglis was honored for its community-based services including affordable, accessible housing, employment and care management programs for people with physical disabilities.

Image

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Inglis provides institutional and community-based services for people with physical disabilities via Inglis Foundation (parent corporation), Inglis House (nursing facility) and Inglis Housing Corporation (accessible housing).

Image



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UPCOMING EVENTS

April 23, 2009

Annual Volunteer Luncheon
Founders' Hall, Inglis House

April 26, 2009

27th Annual Inglis Five Race
Fairmount Park, Philadelphia, PA

June 1, 2009

8th Annual Inglis Golf Outing
Waynesborough Country Club, Paoli, PA

For email news, invitations, photos and more from Inglis, click on "Quick Links" on the www.inglis.org home page