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SUMMER/FALL 2009 VOLUME XXXV NO. 2

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Resident Yvette Green receives her bachelor's degree (see story on p. 7).

A message from Inglis'
President and CEO

Creating a Bright Future



Gavin Kerr

Over the past six months, we have worked hard to gain an even clearer understanding of the needs and aspirations of persons living with disabilities and their families. During that time, we interviewed nearly 150 consumers and family

members, met with over 70 agencies serving people with disabilities and sought input from our staff. Five key themes emerged (none of which will surprise our colleagues with disabilities!):

- **Accessible Housing** dominates the list of consumer needs as more people with disabilities seek safe and affordable housing in the community.
- Reliable, well trained, caring and affordable **attendant care** is key to preserving the dignity, well-being and independence of those living with disabilities.
- The stress, frustration and barriers faced daily by **caregivers** providing supportive care at home is itself disabling. These issues will only increase as the population ages.
- **Technology** can maximize mobility, independence and engagement, and remove limitations and barriers to achieving goals and living life more fully.
- People living with disabilities, and their care givers, need equal opportunities for **social engagement, education, employment and transportation.**

Our strategic planning efforts will focus on ways to respond to these needs over the next 3-5 years. *Our goal is to expand our mission — enabling even more people with disabilities and those who care for them to achieve their goals and live life to the fullest — while ensuring the financial sustainability of Inglis.* You will hear much more about our work in the coming months and years.

We are not just planning for the future, either. We are working to make a difference in people's lives today. That is why we created the Inglis Living team led by Tim Murphy, VP, Inglis Living Operations. Learn more by reading the following article!

Introducing Inglis Living Operations



Tim Murphy

Inglis has offered community-based programs since it opened its first wheelchair accessible apartments in 1973. Since then Inglis continues to create programs and services to develop, support and promote individual choice in places to live and to assure a range of support services for people with physical disabilities and their families. These include the Inglis Adult Day Program, care management, community

employment and wheelchair accessible housing throughout the Philadelphia area.

The Inglis Board of Directors has recommended expanding Inglis' mission to further reduce the barriers encountered by all people with physical disabilities *wherever they choose to live*. The creation of Inglis Living Operations is the first step toward this goal. Tim Murphy, formerly Executive Director of Inglis House, has been appointed Vice President of Inglis Living Operations – overseeing all of Inglis' consumer services and programs.

3.

Inglis Living is committed to

- understanding the different ways in which people with physical disabilities can and do live in the community.
- developing integrated residential and support services that meet those needs.
- enabling Inglis clients to live successful, independent lives in all settings.
- continually improving the services currently provided to Inglis House residents and community consumers while finding ways to benefit even more people in the future.

Our 2010 plan includes many initiatives that will make a difference in our consumers' lives today while preparing for a brighter future tomorrow.

Passing the Gavel



◀ Sankey Williams, MD, (right) is the new chair of the Inglis Foundation Board. He and Inglis Foundation CEO Gavin Kerr (left) presented immediate past Chair Luisa Rabe with the Annie Inglis Gold Coin, in recognition of her outstanding contributions. She also received a crystal bowl honoring her support for the Board's strategic planning for Inglis' future.

4.

▶ The Annie Inglis Gold Coin, Inglis' highest honor, commemorating Inglis' founder, was also awarded to four other members who have completed their terms on the Board. Shown here are Carolyn Bennett and Caryl Elaine Carpenter, PhD. Bonnie Brier and Laura Schwanger, who were also honored, were unable to attend the ceremony.



In Memoriam

Barbara Gohn Day, who served on the Inglis Foundation Board from 2003 to 2005, passed away on July 31, 2009. She was a banker, world traveler and activist in civic, cultural and women's causes. The Inglis community extends its deepest sympathies to her family.

New Members Join Inglis Board

Five new members were elected to the Inglis Foundation Board of Directors at its May 2009 meeting.



Roy Diamond is a real estate development advisor in affordable housing and community revitalization. In addition, he provides property management services in the affordable housing industry for 1,400 apartments throughout Pennsylvania.



Gail Egan, a registered nurse, has held senior positions at a number of Delaware Valley hospitals and currently provides consulting services to clients in the healthcare and nonprofit industry. In addition to independent consulting she is the Healthcare Business Practice Leader for J. F. Smith & Associates, Ft. Washington, PA.



Juliet J. Goodfriend, who previously served on the Inglis Board of Directors from 2001 to 2005, is founder and president of the Bryn Mawr Film Institute, which she created to preserve, restore and transform an historic theater into a film exhibition and film study center.



James G. Logue is currently a shareholder in the law firm of McCausland, Keen & Buckman, Radnor, PA, which he joined in 1987. At Inglis Foundation, Mr. Logue has been chair and vice chair of the Annual Giving Campaign and a member of the A-May-Zing and Golf Committees. He holds a Juris Doctor from Villanova University and a Bachelor of Arts in history from Yale University.



Suzanne Rotondo is Executive Director of Teleos Leadership Institute, Elkins Park, PA, and a consultant and executive coach to senior leaders in the private and public sectors. She has more than 15 years experience as a newspaper publisher, non-fiction book editor and writer.

Help From Our Friends

Inglis truly appreciates the support of the following individuals and organizations who have made gifts in support of key initiatives in the past several months:



◀ Seville Lincoln, a Widener Memorial School student, enjoyed being part of the Inglis Adult Day Program.

The Widener Memorial Foundation awarded the Inglis Adult Day Program a grant of \$28,100 to enable 10 students and alumni with disabilities from the Widener Memorial School to participate in the Inglis Adult Day Program beginning Fall 2009. Involving these students in the Adult Day Program helps them successfully transition from student life to a more independent adult lifestyle.

6.

Inglis recently received several generous distributions from funds of **The Philadelphia Foundation**: the **Oscar & Ida Iucker Fund**, the **Laura J. Hornberger Fund**, the **William and Eugenie Sullivan Fund** and the **Mabel Bayard Fund**. These gifts were directed to general operations and maintenance.

Michael and Deborah Stapler and **Friends of Inglis** made generous contributions to purchase eleven 32" flat screen wall-mounted televisions for residents who do not have TVs in their rooms. Michael and Deborah's gift was made to honor the memory of Michael's son Art Stapler, a former Inglis resident; our Inglis friends honored the memory of David Goldberg, also a former Inglis resident.

Mrs. Ann F. Schellenger, former chair of the Board of Directors, made a generous gift of stock to the Annual Campaign.

Inglis Care Management provides financial assistance to clients with needs not covered by other funding sources. They are assisted in this crucial work by the generous support of **TJX Foundation, Inc.** which contributed \$5,000 to the Inglis Client Assistance Fund.

The Inglis Social Enrichment Program got a boost from **The Dolfinger McMahon Foundation** which gave \$4,000 to bring performing arts groups to Inglis House so residents who cannot travel to cultural venues can enjoy performances of the highest caliber.

Merck & Co, Inc. awarded a grant of \$4,000 to the Inglis Therapeutic Education Department in support of education programs for residents.

Yvette Awarded Her BA

As resident spokesperson for the Inglis Foundation Annual Campaign for the last two years, Yvette Green has shared much of her story with prospective donors. An Inglis House resident since 2004, Yvette recently added new initials to her name. She graduated with a bachelor's degree in Liberal Arts from Neumann University in June. Neumann has had a cooperative arrangement with Inglis House since 1993. In that time, 25 residents have received bachelor's degrees.



According to Yvette, "Learning is a very important part of my make-up. Just like I have to feed and nurture my body, my brain must be fed and nurtured, too. The different subjects I studied have given me a continued interest in finding out more. I learned that I should always keep on learning because it affords more opportunities.

Enrolling in Neumann is a worthy challenge that all Inglis residents should consider taking. With the Inglis Therapeutic Education Department behind you, you'll have the assurance of complete support."

Besides her academic work, Yvette has been involved in several arts programs. In 2007, she and four other Inglis House residents presented "Hand to Hand," a multi-media program they created, at the Playground at the Adrienne Theater in Philadelphia during the disability arts and culture festival, *Independence Starts Now*. Last year, she and two other residents attended the *Push to Publish* Conference at Rosemont College, Rosemont, PA, where she learned how to find publishing outlets for her written work. This year she is helping create a play about Inglis House residents with Amaryllis Theatre.



Inglis Five Attracts Old & New Friends

The 27th Annual Inglis Five race drew more than 200 runners and walkers to Fairmount Park on April 26, 2009. For the first time, hand cyclers from the Pennsylvania Center for Adaptive Sports also competed. The event, organized by the A-May-Zing Committee and the Inglis Five Task Force, raises money for an annual resident theme party and the purchase of equipment which enhances residents' quality of life through social, therapeutic and recreational programs.



◀ Resident Mike Hall's family organized a team.

8.



A-May-Zing Committee members (left to right) Hope Groesbeck, Sue Geyelin and Patsy Walls hand out Inglis Five tee-shirts to participants.



◀ Hand cyclist Isabel Bohn, Executive Director of Pennsylvania Center for Adaptive Sports and participant Christine Rouse, chat before the race.

▶ Inglis House resident Marilyn Fredendall keeps pace with A-May-Zing Committee Member John Gregg and Inglis Foundation Board member Dr. Marisa Rogers.



Thanks to support for last year's Inglis Five race, the A-May-Zing Committee purchased a pool table for the Resident Lounge at Inglis House. Wheelchair mechanic Jim Harrington, (left) an avid pool player, adapted the table for people with limited hand dexterity by attaching Velcro® to the pool cues and to a glove. Jim, who regularly plays pool with other wheelchair users, also coaches residents, helping them

find the best shooting angle based on their height and dexterity.

Volunteers Recognized

Inglis volunteers collectively give more than 1,500 hours of their time each month working directly with Inglis House residents and Adult Day Program consumers. Volunteers fit right into many of Inglis' existing social enrichment programs and often come up with their own ideas for programs to improve residents' quality of life. Their efforts were honored at the Annual Volunteer Recognition Luncheon.



Rich Auerbach, who was named the Jeanne W. Church Volunteer of the Year, developed an electronic database for the library of books, books-on-tape, videos and DVDs in the Resident Lounge. Rich is an Inglis consumer, as well as a volunteer, and attends the Adult Day Program three days a week. He is also a member of the Inglis Consumer Advisory Committee, recommending ways to reduce barriers to independence. He is shown here with Bob Pomeranke, Director of Volunteers (left) and Janet Turner, Director of Inglis Social Enrichment Programs.



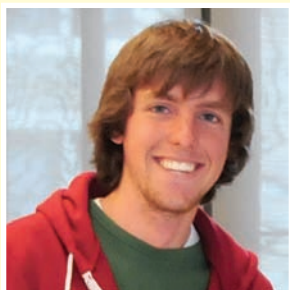
Donna Monique Johnson, an Inglis House resident since 2006, was named Resident Volunteer of the Year. During the summer, as many as 30 volunteers may arrive on a weekday morning, so Donna is indispensable to the Inglis Volunteer Office. She greets the many groups as they come in and provides an orientation session so they learn their way around the building.



Anita Walker, shown here with son David, a longtime resident of Inglis House, received the John Allen Award for Outstanding Parent Support. She has volunteered since 1991 and assists with a weekly discussion group at Inglis House called the Knighties of the Round Table.



The Inglis House convenience store, The Nook – a popular shopping destination for sodas, candy and toiletries – is run by volunteers and resident workers. **Helen Cooney** was given the Sara and Claire Levin Award for Outstanding Nook Volunteer for her can-do attitude and willingness to help residents find the items they're shopping for.



The Margaret Russell Award for Outstanding Group Leader went to St. Joseph's University student **Larry Devinney** who is a weekly volunteer at Inglis House. He is also student site coordinator for St. Joseph's Service Ministry program, recruiting volunteers for special events and activities.



Inglis' Admissions Coordinator **Cass Cronin** received the Al Hirschburger Award for Outstanding Staff Support. Cass is often one of the first people prospective residents meet when they visit Inglis House. While her job assisting them with the details of joining the Inglis community keeps her busy, she is always willing to help the Volunteer Department, too. She helps residents in getting to and from their destinations and feeds residents at Volunteer Department special events like the monthly birthday luncheon.

Volunteers *(continued)*



Points to Ponder received the Ann Sopp Award for Outstanding Group. Members of Handi*Vangelism Ministries International (Akron, PA), a Christian ministry for people with disabilities, travel to Inglis each week to share their time and talent with residents. Shown here with Bob Pomeranke (left to right) are Laura Lewis, Paul Lehto, Mark Amey and Cathi Myers.

12.

Thaddeus Robinson exhibits his photography

▶ As a member of the Inglis Consumer Advisory Committee, Thaddeus Robinson is a frequent Inglis visitor. He is also a member of the SEPTA Advisory Committee for Accessible Transportation and the Citizens Advisory Committee of SEPTA. When not speaking out as a disability community advocate, Thaddeus is also an avid photographer of flowers and travel scenes.

His photos have been exhibited at Bryn Mawr

Rehabilitation Hospital, the University Medical Center at Princeton, NJ and at NUVISIONS for Disabled Artists' shows. On April 3, 2009, he hosted a special exhibit of his floral photography at the Inglis Art Gallery.



Residents Help ConKerr Cancer

The volunteer seamstresses from ConKerr Cancer teamed up with Inglis House residents to make more than 60 pillowcases in May 2009. ConKerr Cancer founder Cindy Kerr (and wife of Inglis CEO Gavin Kerr) was on hand along with volunteers and staff from Inglis House who helped residents choose fabric, assemble pillow cases and run the sewing machine controls.



◀ Resident Gail Bluford was one of more than 20 residents who joined in. Here she works with Director of Social Enrichment Programs Janet Turner to prepare the border for her pillowcase.

▶ She then controls the machine's foot pedal as a volunteer guides the fabric under the needle and then (below) shows off the finished product: another pillow case to put a smile on a sick child's face.



Cindy first made pillowcases to brighten up her son Ryan's room as he underwent cancer treatment at Children's Hospital of Philadelphia. ConKerr Cancer started when she began making pillowcases for other children at the hospital. While Ryan lost his battle with cancer in 2008, the not-for-profit – with help

from school and church groups, sewing circles, and fabric stores – continues to give out pillowcases (over 90,000) to kids everywhere.

Another Successful Golf Outing

Since it began in 2001, the Inglis Golf Outing has raised more than \$500,000 for Inglis House resident programs and for the purchase of equipment and adaptive technology. In spite of many challenges, thanks to the generosity of sponsors, donors and golfers the 2009 Outing raised nearly \$80,000 to enhance the quality of life of Inglis residents.



◀ Attending from Presenting Sponsor Pepper Hamilton, LLP: (left to right) Ben Mather, Hyung Steele, Tom Gallagher, Duncan Grant and Chris Wasson (all photos courtesy of Susan Scovill)

14.

▶ Robert Harrington, Brad White, Terry O'Connell and Jim Wollner of the BCM Construction foursome proudly display their winning trophy for the highest gross score.





◀ Golf Committee Co-Chairs George C. Brady, III and James P. Gaffney led this year's outing to a rousing success despite current economic conditions.

Special appreciation to the committee members:

- | | |
|----------------------|-----------------------------|
| Mark A. Cooper | Charles "Chip" Sheppard, II |
| Whitney Hunter | Brad White |
| Rob Lodge | Janet White |
| James G. Logue, Esq. | Frank Wilson |
| Jerry McGlone | |

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Honoring Disability Service

Now in its fourth year, the **Inglis Awards for Continuing Excellence** program recognizes effectiveness and innovation and honors the outstanding performance of Philadelphia region not-for-profits that provide direct services, products and/or advocacy for people with physical disabilities. These grants help organizations continue and expand their programs.

The awards are part of Inglis Foundation's strategic plan to identify and expand the provision of services for people with physical disabilities living independently in the community. At the recent Awards Ceremony (please see the following article), some winners from last year's program reported on their



successes. **Residential Living Options** Executive Director Catherine Friedman (left) reports, "we were able to expand and fully realize our *Life's Better Together* program in Chester County. It brings together people living with disabilities who are seeking to live with a roommate."

The **Catastrophic Injury Program** of the **National Transplant Assistance Fund** was able to offer a new "find a friend" service to their clients. It allows patients

to identify and communicate with other patients with a similar injury in their vicinity. The organization believes these contacts "will break down isolation and boost intra-family communication about fundraising success and ideas."

Since receiving its 2008 award, **Pennsylvania Health Law Project** staff has helped more than 1,200 persons address their health care needs in the five county area, either directly or through their advocates, health care providers and social services staff.



Executive Director Lisa Killion-Smith (left) from **Resources for Independent Living** said, "This has been life changing for us and the people that we serve and it couldn't have been possible without the seed money from Inglis Foundation."

Bucks County Center for Independent Living Board of Directors President Jill Catalanotti reports, "Growth is the first word that comes to mind when thinking about what the award has done...We were

able to become an employment network which provides...participants with the tools for a successful transition back to work."

2009 Awards

Past and present recipients of the **Inglis Awards for Continuing Excellence** were on hand to celebrate the 2009 grant winners at a special ceremony held at Inglis House on June 25, 2009.

Four organizations received an Inglis Award for Continuing Excellence in 2009:



Acquired Brain Injury Network of Pennsylvania is a volunteer organization of brain injury survivors, their family members and friends, dedicated to increasing public awareness about acquired brain injury and to providing support, education, information, advocacy and other services for people with acquired brain injury and their families. (www.abin-pa.org)



The Art Ability Program of the Bryn Mawr Rehabilitation Hospital supports and celebrates the creativity, determination and full participation of artists with disabilities. It holds an annual international, juried exhibition and sale of art and fine crafts by artists with physical, cognitive, hearing and visual disabilities. (www.brynmawrrehab.org)



Network of Victim Assistance supports, counsels and empowers victims of sexual assault and other serious crimes and works to eliminate violence in Bucks County (PA) through advocacy, community education and prevention programs. Since people with disabilities are at greater risk for victimization

and abuse, NOVA provides them with safety education programs and direct services and works to improve services provided to these individuals by human service agencies and the criminal justice system. (www.novabucks.org)

18.



The Disabilities Rights Project of the Public Interest Law Center of Philadelphia is dedicated to ending discrimination and abuse against people with disabilities and securing their inclusion and full participation in all aspects of mainstream society. They provide public and continuing education for clients and client organizations; conduct research; negotiate and use the courts to achieve systemic reforms that advance self-advocacy, social justice and equal protection of the law for all members of society. (www.pilcop.org)

Two additional organizations received commendations for their excellent work with people with disabilities:



The Family Savings Partner Program of Open Hearth, Inc.

helps vulnerable people, including those with physical disabilities, in Chester and Western Montgomery Counties (PA) end the cycle of homelessness and achieve financial self-

sufficiency. They support and empower people as they acquire affordable housing, a means of transportation and financial viability. (www.openhearthinc.org)



VSA arts of Pennsylvania / Amaryllis Theatre is a

professional theatre which includes experienced artists with disabilities and provides complete accessibility to its audiences. VSA arts shares its knowledge of inclusive arts education across Pennsylvania and works with artists with disabilities to help them develop professional careers. In 2007, with Art Reach and other organizational partners, VSA organized and held the state's first Disability Arts &

Culture Festival – **Independence Starts Here.** (www.vsarts.org/x344.xml)

Information on the 2010 Inglis Awards for Continuing Excellence is available at www.inglis.org.

Image



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Catherine H. Farrell

Director of Development

Jorja Mathers

Director, Public Relations & Image Editor

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