

Image

The Inglis Newsletter

WINTER
2021

inglis.org



VOL. VIII, NO. 1

Life Continues —
*with gratitude for our
incredible community*



Ability &
Independence.
Redefined.

Inglis Residents & Staff Receive the COVID-19 Vaccine

As a long-term care facility, Inglis was among the first organizations to receive doses of the COVID-19 vaccine starting in January 2021. The vaccination process began with education after inviting residents, staff, and family to submit questions about the vaccine and its potential impact.

A series of Frequently Asked Questions, along with some in-person conversations with Inglis House Medical Director **Caroline McWilliams**, helped to alleviate many concerns about the vaccine.

The vaccine is not mandatory at Inglis, and residents and staff were required to opt-in by signing consent forms.

Our pharmacy partner, Walgreens, worked with us to hold three vaccine clinics: January 8 & 9 for the first dose, February 2 & 3 for both first and second doses, and, finally, a March 1 clinic only for those in need of the second dose.



In all, nearly 500 residents and staff have received the Pfizer Bio-NTech vaccine at Inglis. But even so, as recommended by the CDC and others, we must continue to maintain all safety protocols, including wearing Personal Protective Equipment (PPE), maintaining adequate social distance, and washing hands frequently.

At Inglis House, we are required to continue to follow restrictions on visitation and group activities based on the positivity rate within Inglis House and in the surrounding Philadelphia community. In our Housing communities, we continue to require masks for all residents, aides and guests in all common areas such as lobbies, hallways and elevators. And our Inglis Community Services, which includes all community-based programming, continues to operate with all safety protocols in place.

Each step on this path brings us closer to the time when we can begin getting back to regular operations throughout Inglis. We hope that day comes soon.

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INGLIS

2600 Belmont Avenue
Philadelphia, PA 19131
inglis.org

Main Number: 215-878-5600
TDD/TTY Number: 215-473-3179
Toll-Free Number: 866-2-INGLIS (866-246-4547)
Innovation Center:267-295-5400

info@inglis.org
admissions@inglis.org
careers@inglis.org
community@inglis.org
development@inglis.org
housing@inglis.org
volunteer@inglis.org

On the Cover:

Chelsea Lins, Physical Therapy Assistant works with Renee Ballard in the Wellness and Rehab Center under COVID safety protocols.

At left, Tamika Stokes, Director of Nursing at Inglis House, receives her vaccine.

Inglis enables people with disabilities — and those who care for them — to achieve their goals and live life to the fullest. As such, Inglis welcomes great people in all our programs and employment opportunities, without regard to disability; race, religion, age, gender, sexual orientation, national origin, military service, marital status, or any other characteristics, as protected by law. We encourage all people with disabilities who may benefit from our programs and services to apply for participation; and equally hope those who meet job criteria, including veterans and the long-term unemployed, apply for our employment opportunities.



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Life Continues

There is no denying that life is different. Some have already started to anticipate what the history books will say about how COVID-19 has shaped our community.



And I admit to wondering about that myself.

In so many ways, life is different from when I wrote this letter in the fall of 2019. However, not everything has changed. What remains most important has stayed the same: our loved ones. Through this deep connection with those we care most about, life continues.

It is that way at Inglis, too.

I have served on Inglis' Board for nearly twelve years, the last four of them as Chair, and in that time I have learned to expect that, no matter what, the spirit of the Inglis Community is stronger than any challenge it faces. No one is an island, and we do not do it alone. It is because of our deep commitment to each other that life continues at Inglis. From words of encouragement shared between friends to try again, to the quiet patience of months of seemingly endless quarantine, despite our distance we are together. We are one Inglis. One community. Together, life continues.

You are a part of that community, along with the countless friends who make Inglis so special. In this issue of *Image*, we celebrate life at Inglis, the heroes who have lifted us up, and the generous donors who help make so much of it possible.

It is, with honor, that I share these stories with you.

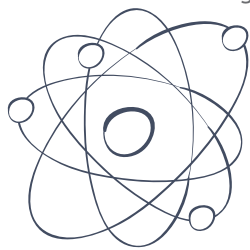
With gratitude,

A handwritten signature in blue ink, appearing to be 'J. Logue'.

James G. Logue
Chair, Inglis Board of Directors

Inglis Virtual School House: Supporting essential staff

When school started in September, like many, our staff were faced with the challenge of balancing the needs of their families and the needs of their jobs in an entirely new way. Many faced the difficult decision of how to facilitate virtual learning for their children while continuing to provide vital services at Inglis every day.



Inglis tackled this challenge head-on by establishing the **Inglis Virtual School House** for the children of Inglis essential workers. Through a partnership with **Play and Learn, Inc.**, a local five-star licensed child care provider, Inglis established an on-site, school-age program that supports children participating in a virtual classroom during the day, so that their parents (Inglis staff members) can work close by.

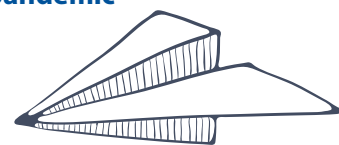
"The Virtual School House has alleviated some of the pressures and stressors of the pandemic not just for me, but for my daughter," said **Cheryl Lynn Baker**, a recruiter in our **Human Resources Department**, who must work on-site. The Virtual School House has allowed staff to be at work, where they are needed, while "allowing their children to attend school, socialize, and build relationships during the day — while being watched by a group of caring adults," said Cheryl.



The Inglis Virtual School House is hosted at the **Innovation Center** in a warm and inviting space outfitted with the technology needed to support 10-12 students working online concurrently. The Innovation Center is next door to Inglis House, which allows Inglis to offer the program apart from those most at risk at Inglis House, keeping everyone safe. "This pandemic has forced our new Innovation Center to otherwise be mostly empty," said **Nicole Pruitt**, Director of the Inglis Innovation Center. "It is so nice to have laughter and energy in this space once again," said Nicole.

Inglis' investment in the Inglis Virtual School House is one of the many ways the organization is combatting the Coronavirus pandemic.

To help support this important pandemic response program, please visit inglis.org/donate.



Neighbors Helping Neighbors — Lower Merion Chinese American Community

"We are waves of the same sea, leaves of the same tree, flowers of the same garden, we are a big family!"

Those were the words typed simply, yet profoundly, on a note last summer that accompanied a generous donation of facemasks from a community collective of Chinese American volunteers from Lower Merion. Last spring, when supply chains and manufacturers were struggling to keep up with demand, Inglis called upon the community to help us source the Personal Protective Equipment (PPE) that would keep our community safe.

Our neighbors in the **Lower Merion Chinese American Community** — along with many others — answered the call to action. Their note, which was shared with staff throughout the ensuing weeks, was a beautiful reminder that no one was alone — or untouched — at such an incredibly uncertain time.

Throughout our 144 years, Inglis has been graced by the generosity of so many in our community. To all those who answered the call, we thank you.



Members of the Lower Merion Chinese American Community donate PPE to Inglis House.

Inglis Welcomes New Board Member, Kevin Moffitt

The Inglis Board is pleased to welcome **Kevin Moffitt**, President of the Greater Delaware Valley National Multiple Sclerosis Society, as its newest member.

Kevin, who officially joined the Board in July 2020, has been a friend of the Inglis Community for several years, both personally and professionally. **Dyann Roth**, Inglis President & CEO, is grateful for his insights and passion in serving the disability community. "Kevin has worked tirelessly for more than 15 years serving those in our region with multiple

sclerosis, and the synergies between Inglis' mission and that of the National Multiple Sclerosis Society have yielded numerous partnerships over the years. We are thrilled to have Kevin's leadership and insights on the Board."

"With its history, impact, and ongoing creativity, Inglis is one of those institutions that makes our region better by virtue of its existence," said Kevin. "It is truly an honor to be part of this Board and to be able to contribute to the Inglis mission."



Inglis Says "Thank You" to Won Shin, Retiring Board Member

After nine years on the Board, Inglis said farewell to **Won Shin**, whose Board term ended last June. Since joining the Board in 2011, Won served in a number of capacities, including as Vice Chair of the Board for three years and for another three years as Chair of the Strategic Resources Committee, which plays a vital role in the strategic and financial planning for the organization.

"Won was a welcomed partner in his various leadership roles, always presenting a calm demeanor and balanced perspective. He will be missed and his contributions to Inglis will

benefit those we serve for years to come," says **Jim Logue**, Chair of Inglis' Board of Directors.

In 2016, Won played a key role in establishing the **Inglis BASH** fundraising event, which in its inaugural year raised the startup capital used to install smart home technologies in the homes of twenty members of the Inglis Community. This enhancement of Inglis' assistive technology research and development activities is vital to Inglis' mission and the independence of members of our community.



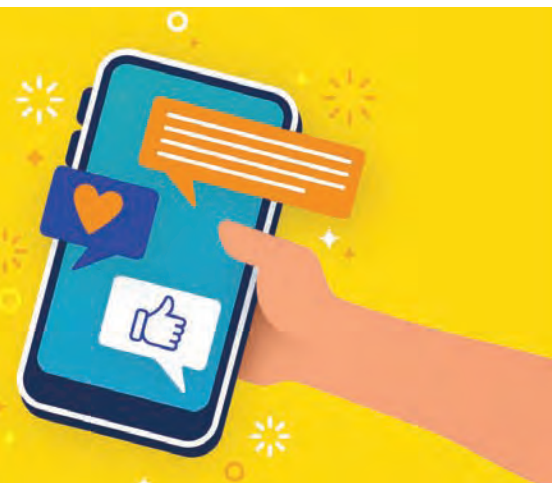
 **We like you a lot!**

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Life Goes On — My Story

by Tom Nordeman

I want to share what Inglis means to me, a little about my background, why I chose Inglis, and how my life has been impacted and changed so drastically because of COVID-19.

I was born in 1983 at Einstein Hospital, and during a physical at six months old, the doctors noticed some things were a little bit off and I was diagnosed with cerebral palsy (CP). At the time, my parents weren't familiar with CP, but they were committed to helping me develop and grow. They felt my education was important. In school, I was an A/B kind of student. The other students looked up to me because they saw how hard I tried and saw what was against me, but that never stopped me. It still doesn't.

Around my senior year of high school, I decided I wanted to look into coming to Inglis. Initially my family was against it. I can understand not trusting strangers to take care of their son; they were being good parents.

My mom, grandmother and I came together to see **Inglis House**. I knew by the end of the tour that this was what I wanted. The one thing I saw that really, really made me want to come to Inglis was the **Therapeutic Education program**. I knew that I could have the support for continuing my education and I could also be with my peers. In fact, while at Inglis, I was able to complete my associate degree at Community College of Philadelphia.

As soon as I moved in, I went everywhere, to every activity, like the computer lab and community dining. I was never in my room. Never.

Inglis House is unique, it's very different than other places. From ten in the morning to eight at night there is a full schedule. There are art classes, a legal review class where a lawyer discusses a case, history class and a whole bunch of spiritual activities and worship services. I've only touched on a few activities that happen on a weekly basis. If I were to go and list every activity that there is, it would take all day.

That was a typical day before COVID-19. After, volunteers and visitors could no longer visit, but the daily hustle continued. Then, on April 5th (which is a date that stands out in my memory because it was Palm Sunday) I learned that all residents would have to stay in their rooms. Before, if you were just sitting in your room watching TV, someone would always knock on your door and ask, "Hey, would you like to come to



Tom plays chess in his room, and with his sister Kristin above.

this activity or that one?" Getting up, out and on with your day was part of the routine.

Chess has always been a huge part of my life, too. Now, instead of attending regular chess games and tournaments, I'm playing online in my room. Not exactly how I would like it to go, but it's a part of my life that is important to me and I'm grateful to still be playing. Other activities have gone virtual, too. Now, instead of discussing a particularly mindboggling case in a group in the legal review class, I'm having a one-on-one conversation via Facetime. Not the same, but I'll take it.

During this time the staff members at Inglis have gone the extra mile. I remember I was having a problem with my phone. When the Administrator of Inglis House came to check in on me, he cleaned out the charging port and it started to work properly again. Our **IT Department** is also great and on top of it. These people — and what they will do to help — are some of the things I really appreciate.

I am most looking forward to Inglis being Inglis again. I want to see people be safe, at the same time not anxious and not afraid. COVID flies in the face of what, for me, Inglis is all about: getting people out of their rooms. I am looking forward to seeing people again, soon. I stay in regular contact with family and friends through video chat, but it has been a long time since I have had face-to-face contact with people outside of Inglis' staff. I look forward to when Inglis can reopen in a safe way and have visitors again, even if it's only a couple at a time and no large groups.

One day, hopefully soon, you'll never be able to find me just sitting in my room.



October's virtual "Tech a Break" event raised funds for Assistive Tech

Last October, more than 50 people — spanning three countries — participated in "Tech a Break," a month-long virtual run/walk/roll hosted by Ray of Hope International Foundation. Ray of Hope is no stranger to Inglis, contributing nearly \$55,000 during the past eight years in support of **Inglis' Assistive Technology Program**.

Anwasha Dutta, Ray of Hope Co-Founder and Inglis Board Vice Chair, said, "Our work is very easy. We simply raise small amounts of money and some awareness for ALL of the incredible work Inglis has done to expand assistive technology's presence within and beyond the Philadelphia community. We are honored to make a small difference in this digital transformation journey, opening new doors for people with disabilities."

Throughout October, volunteer fundraisers traversed more than 1,870 miles on foot, bike or using a wheelchair to raise funds and awareness for Inglis. Participants of all ages got into the spirit, including youth dancers from the Nava Nritya Dance Academy, who clocked in an impressive 293 miles collectively, and seven- year-old Leland Pruitt, son of an Inglis employee, who rode his bike alongside his mom while she ran more than 100 miles for Inglis.

"This challenge was about getting away from our technology for a little while and moving our bodies so that, ultimately, people with physical disabilities can have better access to the assistive technology that keeps them connected," says **Dyann Roth**, Inglis President & CEO, and a member of Team Inglis.

"Tech a Break" exceeded its fundraising goal, providing more than \$8,000 to the Assistive Technology Program. The funds will be used to purchase new technologies and help establish a scholarship fund connecting people with physical disabilities directly with an Inglis Technology Educator through **Inglis' Assistive Tech Solutions**, our community-based assistive technology program.

Thank you to all who participated and congratulations to the challenge winners, including **Ty Klug**, a resident at **Inglis House**, who lapped the Inglis courtyard 22 times in one day!

To learn more about ways to support Inglis' Assistive Technology Program, contact Meredith Waldron at (215) 581-0703 or meredith.waldron@inglis.org.



(Top to bottom) Nicole Pruitt, Director of Inglis innovation Center, and son, Leland; Hemang Desai, Ray of Hope Co-Founder; Dyann Roth, Inglis President and CEO.

Self-Determination Housing of Pennsylvania joins Inglis Community Services

As of February 1, 2021, **Self-Determination Housing of Pennsylvania** (SDHP) joined the Inglis organization as a program of its community-focused division, **Inglis Community Services**, and now operates under the Inglis banner.

Both organizations are well established in their commitment to increase independent housing opportunities for people with disabilities in Pennsylvania. SDHP is a statewide program that leads an array of accessible housing initiatives across the Commonwealth. Since its founding in 1994, SDHP has advanced its mission to promote self-determination and control in housing for persons with disabilities and older adults. They bring to Inglis' array of services an extensive affordable housing network as well as a deep knowledge of housing, vouchers, and home modification resources.

"Maintaining housing that meets our individual needs is essential to good health and a sense of security and stability in one's life," said Pennsylvania Department of Human Services Secretary **Teresa Miller**. "As the public health crisis continues, this work is even more critical. I'm grateful to both Inglis and SDHP's work to serve the housing needs of Pennsylvanians with disabilities and I look forward to seeing the good that will come of this partnership."

"We are excited to bring the whole SDHP team into the Inglis family," said Inglis President & CEO, **Dyann Roth**. "This merger will enable SDHP to expand on its mission and vision for increasing affordable and accessible housing options across the state. And at the same time, it diversifies our Inglis Community Services portfolio by adding new service lines that support individuals with disabilities who seek to obtain, maintain and/or modify independent living options. It also expands our service footprint statewide," Dyann said.

Look for more information in our next issue of *Image*.



*A Program of Inglis
Community Services*

Top, SDHP staff participate in new hire orientation at Inglis. Middle, SDHP training seminar.

Bunny & Dick Borkowski — A Legacy of Smiles and Laughter

For **Bunny and Dick Borkowski**, longtime Inglis friends and volunteers, it all started back in the '80s with an ad in the paper seeking a local school to participate in an "exchange program" with Inglis House. Bunny Borkowski, a teacher at The Episcopal Academy, wasted no time in getting herself and her students involved. "We would visit Inglis one month and spend time in the Computer Lab and elsewhere on campus, and then the next month Inglis would bring residents to Episcopal. It was a wonderful partnership."

A partnership which kindled a beautiful personal relationship with Inglis and our residents. Soon, "Bingo Bunny" could be found regularly at Inglis House running (you guessed it!) weekly bingo nights. Dick, the Director of Athletics at Episcopal, followed in his wife's footsteps through the A-May-Zing Committee, and soon they both were helping to provide fun, themed events for residents while raising significant funds for various programs at Inglis House.

Gina Minter, a resident at **Inglis House** who participated in the exchange program as well as the events over the years, describes the Borkowskis' time at Inglis House as a shining light. "When they started to volunteer, I was very graced by their presence. Out of that grew a friendship that I have kept all these years later."

Retiring a few years ago from both teaching and volunteering, Dick and Bunny recently became some of the newest members of the **Annie Inglis Society** by including Inglis in their will. The couple were already seasoned donors to Inglis and have personally supported our mission for more than a quarter of a century. This latest gift will establish a legacy for the couple that will continue to propel Inglis' mission forward



in meaningful ways. Said the Borkowskis, "We are proud to be a part of the Annie Inglis Society."

This decision leaves them in good company. With more than 65 members, the Annie Inglis Society celebrates those in our community who have gone the extra mile to include Inglis in their estate plans in the form of a bequest in one's will, a Charitable Gift Annuity, or including Inglis as a beneficiary on a qualified retirement plan.

While new to the Society, as it turns out it's really more like a reunion. Decades after he played on the Episcopal Academy rugby team for "Dr. B," Inglis Board Chair Jim Logue is reunited with the Borkowskis once again as a fellow member of the Annie Inglis Society. Says Jim, "The Borkowskis define 'giving back,' and I am grateful for their years of friendship and generosity to the Inglis Community."

While Bunny and Dick now live several hours away to be closer to family, their fun and joyful spirit still permeates the memories of many at Inglis. We are grateful for their continued support and welcome them to the Annie Inglis Society!

"The Borkowskis define 'giving back,' and I am grateful for their years of friendship and generosity to the Inglis Community."

Jim Logue

Planned Giving is for everyone.
To learn more, visit:
inglis.org/planmylegacy



Resilience & Reimagining

Clinical care at Inglis House

The COVID-19 pandemic has affected every facet of the Inglis organization, perhaps none more so than in Inglis House. And within the House, our residents and the essential teams who support them have been impacted the most.

Quarantines, activity restrictions, closing the doors to visitors and volunteers, and the loss of group engagement all have made these past months very difficult for our residents. But our frontline clinical teams, though faced with their own hurdles, have been doing so much since the beginning of the pandemic to help mitigate this impact.

While many Inglis employees work from home, **Inglis' clinical staff** continue to work on-site delivering critical and essential services to our residents. Our nursing teams, respiratory care, wound care, as well as our occupational, physical, and speech therapists have all overcome fears and personal concerns to ensure our residents receive the care they need.

Flexibility has been essential during the pandemic, adjusting to the needs of the day or, even, of the moment. Staffing difficulties continue to disrupt departments and place strain on already scarce human resources. Rehab aides have been assigned to neighborhood units as a level of support in assisting CNAs with daily care and working with the nursing team to tackle tasks like helping a resident to get washed and dressed, transfer out of bed, and safely feed themselves a meal. Continued cooperation between departments remains a critical bridge for overcoming disruptions that impact resident care.

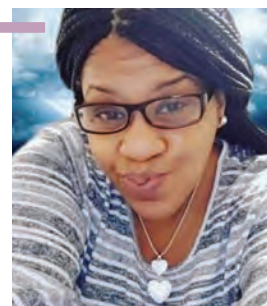
Sophia Moore

Sophia Moore, CNA from 3North, is known for being team-centered and creating a positive and inclusive work environment. She is always looking for ways to help, whether it's volunteering to cover front lobby screening kiosk assignments when someone calls out, willingly offering assistance where needed, going beyond her own work to give a helping hand to others.



Darlene Smythe

Going out of her way to sacrifice for others earned **Darlene Smythe**, 3North Unit Coordinator, the title of Clinical Employee of the Month last September. Her colleagues have described Darlene as a team player, sharing, "She never wants to take a day off, even a holiday, and is always helping the care nurses with transfers and getting residents where they need to be." Darlene's experiences and connection to the residents have inspired her to become a CNA.





Emily Jeffrey

Speech Pathologist **Emily Jeffrey** spent significant time supporting resident communication needs during the pandemic. She worked with **Michael Panunto**, a resident, to help him move forward this year with his iPad-based communication board. Michael, who previously mostly communicated through a low-tech communication board, is now “able to express himself more fully, communicate with his family more easily, control his TV, listen to music, and even ask people to dance with him,” says Emily.



Danielle Paffett

Danielle Paffett, Director of Rehab Therapy, said the pandemic “has changed everything.” **The Wellness & Rehabilitation Center** was closed during the first wave of the pandemic. Now open by appointment, the Center only sees residents from neighborhoods with no active COVID exposures. Many rehab interventions now take place in resident rooms. “We’ve placed greater emphasis on residents’ mental health and need for social connection,” says Danielle. “We are partnering more with departments like **Therapeutic Recreation** and **Assistive Technology** to make sure residents stay connected with family and friends.”



Kizzy Williams

Certified Nursing Assistant (CNA) **Kizzy Williams** from the 2South Neighborhood shared that this last year has been particularly stressful. The risk of getting COVID-19 has been on her mind each day. She lost family members to COVID-19, moved from out-of-state and began a new job at Inglis. Yet it is her love of the residents that keeps her motivated and helps her maintain a positive philosophy. “Appreciate the residents and the staff. If we can do that, everything will go smoothly.”

“We had to get creative,” said Physical Therapist **Elizabeth Reilly**. “Resident rooms are prohibitive for the walking and mobility exercises that are so vital to physical therapy. We place an emphasis on interventions that maintain strength and endurance.”

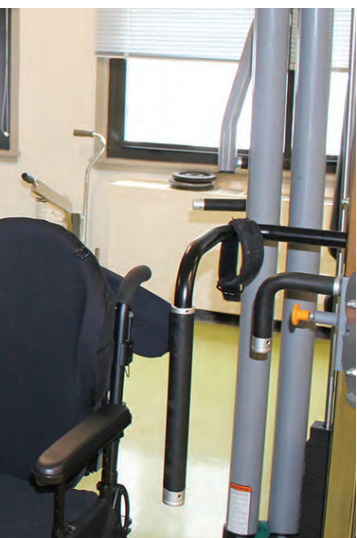


“We are all far more resilient than any of us ever realized, most especially the residents,” Danielle Paffett said. “I have always been inspired by our residents and the challenges they overcome daily despite so many obstacles, most with such an optimistic perspective. This pandemic has exponentially magnified those feelings for me and has helped me to stay grateful regardless of all of the challenges going on in the world.”

The stories of community and teamwork at Inglis are endless: from our **dietary team** who came in early during the first few months to prepare meals for all staff; to the **engineering**

department who keep our nearly 100-year-old building running every day; to our **environmental services division** who have been keeping every part of Inglis House clean and disinfected. So many members of the Inglis team have been working tirelessly to make life as good as can be in the midst of this truly unprecedented time.

Top Left, Danielle Paffett, Director of Rehab Therapy, and Linda Roseman Miron, Occupational Therapy Assistant, work with Mark Murray, Inglis House resident. Bottom left, James McSweeney, Physical Therapy Assistant, works with Michael Panuto in the Wellness and Rehab Center.



Terry Green: "I believe in what we do. I believe in Inglis."

There is no question that our dedicated Inglis staff are amazing. They go above and beyond, without question, doing what is needed for those we serve. Within this community lies a special group of staff who opt to give a little more each year: our staff donors. Staff donors donate to Inglis through annual contributions, payroll deductions, gifts in kind, or donations towards a specific project or event.

Many staff donors at Inglis have been giving back to the organization for years. Even retirement has not stopped several long-time donors who continue to support the Inglis Community.

Terry Green has worked at Inglis since December 1999, and in that time, she has been a dedicated staff donor. "It makes me feel good to contribute to something bigger than myself," said Terry when asked why she gives. "There is always going to be a need, so I give what I can, and hope that it inspires others to give what they can."

Terry has been greatly affected by the COVID-19 pandemic. She is a member of the **Connections Day Program** staff, which, along with all day programs, was



closed by a City of Philadelphia mandate last spring. When a call went out from Inglis House for staff to work at the entrances to screen people coming into the building, Terry jumped in to help. "I let my anxiety have the best of me at the beginning of the pandemic but came to realize that I cannot just sit at home and do nothing when Inglis needed me." Says Terry, "I need to do what I can, whether it is a little bit of money, or my time, to serve the people at Inglis. I believe in what we do. I believe in Inglis."

Donors, especially staff donors like Terry, help make it possible for Inglis to continue to serve the disability community with our vast array of services and programs. Thank you, Terry, and all donors, for being a part of Inglis' mission to enable people with disabilities — and those who care for them — to achieve their goals and live life to the fullest.

Make an Impact All Year

A monthly gift, at any level, toward The Ability Fund provides meaningful year-round support to the programs and services that enable people with disabilities to achieve their goals and live life to the fullest.

To make a monthly gift to the Ability Fund:
Return the enclosed envelope and select
"I would like to make this gift a monthly contribution"
or visit us online at inglis.org/donate



Rising to the challenge — Inglis Housing Corporation's Myron Ned

Myron Ned, the Maintenance Supervisor for **Inglis Housing Corporation (IHC)**, has, along with his team, put personal concerns aside to make sure the residents of our Housing Communities are taken care of throughout this pandemic.

IHC, the housing development subsidiary of Inglis, is the largest private developer of affordable, accessible housing in the Greater Philadelphia Region, as well as one of the oldest. Since opening **Morris-Klein Apartments** in 1975, Inglis now has close to 400 units throughout 11 housing communities in Philadelphia and South Jersey, with more on the way.

All those communities require maintenance, and Myron and the **IHC Maintenance Team** are there to respond. But like all programs and departments, the IHC team has been significantly affected by the COVID-19 pandemic.

The group normally consists of two teams of six who maintain all of Inglis' housing communities. However, during this pandemic, they have been working short-staffed with only four staff covering the properties. The challenge of hiring essential staff during a pandemic has been felt across Inglis, and our IHC teams are no exception.

When the pandemic started, Myron said the team was scared. Like most Philadelphia essential workers, "we were not sure what to expect, and not sure how to proceed," said Myron.

"As things have gone on, we have learned that education was the key," Myron said. The amount and depth of information about COVID-19 and how to protect themselves and the residents in the communities they serve made a huge difference in the teams' comfort. In addition to their normal duties, they have stepped in to fill critical roles normally handled by outside vendors, and they are responding to emergency calls in apartments.

Currently the IHC Maintenance Team provides cleaning, trash removal, general building upkeep, and emergency repair response for tenants. They are following all CDC guidelines for safety, and their primary goals now are to keep everyone healthy, and the environment safe for our tenants. Thank you to Myron and the entire team for your dedication to the Inglis Community!



I Have Everything I Need — Carla Laws finds independence

Seventeen years after arriving at Inglis House, **Carla Laws** moved into a new home at **Inglis Gardens at Belmont** in November 2020 — in the midst of the pandemic. Carla wanted to transition to community living so she could be more independent.

She felt comfortable doing so because of the Inglis Community Services available to her such as the Resident Services Coordinators in all the Inglis Housing communities, and the "accessible plus" apartment built by Inglis Housing Corporation that goes beyond ADA-compliant standards. Additionally, her independence is also supported by her personal home care nursing team.

"At first it was a scary idea to move in the middle of a pandemic," says Carla, "but I became excited about being more independent. I realized that I can check my mail, eat when I want to eat, and drink coffee whenever I wanted!"

Living independently has provided Carla with new opportunities. While she really enjoys being on her own, she is looking forward to adopting a pet parrot to keep her company. "When I was younger, our family had a pet parrot named Skipper and he was so smart," said Carla. She is enjoying her newfound flexibility in her schedule and has been looking forward to a post-pandemic world.

"I wish this virus wasn't happening so I could go visit Penn's Landing and watch live music," she said. "I also miss my friends at Inglis House! I've been messaging a lot of people and I can't wait to go visit once this is all over."

Carla's family was able to assist her move to Inglis Gardens at Belmont. They helped furnish her apartment and settle her into her new home. Smiling, Carla said, "I have everything I need — peace and quiet."



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Annual gifts to the Inglis Community provide essential support to help our residents and service recipients achieve their goals and live life to the fullest. Your gift has an enduring impact on those we serve today and in years to come. This report includes contributions received from July 1, 2019 to June 30, 2020. Inglis is especially grateful to recognize those donors in bold who have consistently supported the organization for ten years or more.

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