



### **Volunteer Spotlight**

### Needlework Guild of America Spreads Warmth to Inglis Housing Residents



Residents of the Inglis Housing Corporation apartment communities at Germantown, Elmwood, and Washington Lane were delighted to receive new linens donated by the Needlework Guild of America's Concordville branch this fall. The Guild provided 60 families with brand new comforters and sheets in colors and patterns for every taste. "The children were so happy that they actually wanted to go home and take a nap—probably a first," says Virginia Booth, Inglis Housing Manager. "Some residents even commented that they wanted winter to come so that they could snuggle under their new blankets...others said, 'No, not after the winter we just had!' We all laughed together."

Inglis consumers are long-time beneficiaries of the Needlework Guild. Based in Warminster, PA, the Guild improves quality of life for Americans by collecting and distributing donations of new clothing, linens and personal care items to those in need. For more information about the NGA, visit their website, www.nga-inc.org.

## Inglis volunteers enrich the lives of our community in many ways.

Last year, 1,242 volunteers contributed more than 19,271 hours representing 10 full-time employees! For more information about volunteering,

please contact Michael Kelly, Volunteer Coordinator, at 215-581-0718 or michael.kelly@inglis.org.



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**Cover:** Inglis resident Barry Horton, and Inglis volunteer, in the Parade of Athletes at Inglis' 2014 Keen Games



## In this issue, Inglis unveils its new brand and a corresponding new look for *Image*.

Our new format allows us to highlight Inglis' stories with larger photos, reader-friendly type and a crisp, new design.

First and foremost, the new *Image* is about members of the Inglis Community and the services that allow them "to live life to the fullest" – defined not by their disability, but by who they are as individuals.



In this issue, you'll see how Ashley Murphy-Moore, an Inglis House resident, recently enjoyed an hour-long meet-and-greet with Lady Gaga. You'll also share in the joy experienced by Alexi Zentner as he moved into a fully accessible apartment in our newly constructed housing development, Mission Green. From the construction of our Wellness and Rehab Center in Inglis House to the new housing initiatives that will help meet a growing need for accessible, affordable housing for people with disabilities, Inglis is helping people with complex physical disabilities achieve new levels of ability and independence every day.

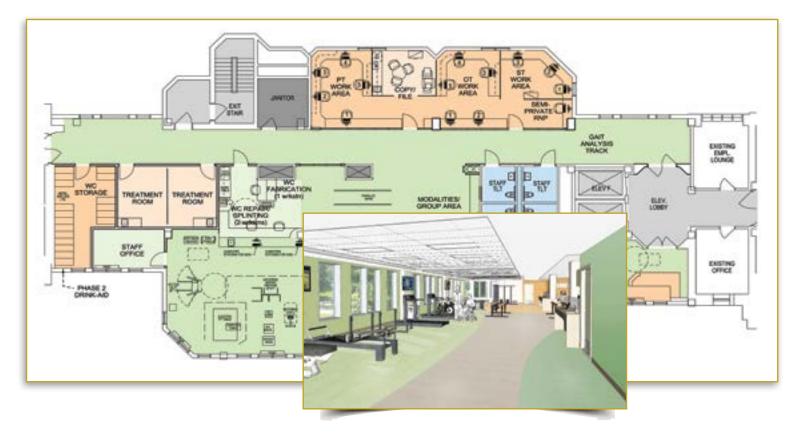
In this edition of *Image* we also acknowledge the dedicated donors who make this work possible. In a time when shrinking Medicare and Medicaid dollars inadequately cover even the very basics of care, your generous support enables Inglis to continue to provide quality, person-focused care and services, incorporate advances in technology that can help people with disabilities enjoy greater independence, and pursue cutting-edge opportunities to meet the needs of today's disabled community. Thanks to our donors, Inglis is able to redefine itself beyond what Medicare and Medicaid will pay for, and adapt our services to make them relevant for people with disabilities today—and tomorrow.

Providing care and services that make it possible for those we serve to reach new levels of ability and independence drives everything we do. We hope it's also what motivates you to learn more about Inglis, volunteer your time and become a donor. Thank you for your continuing support as we endeavor to share our work and stories with our many constituents. And if you'd like, we invite you to tell us how you feel about the new *Image* at info@inglis.org.

Sincerely,

Lauren DeBruicker, Esq. Chair, Inglis Foundation

# New Wellness and Rehab Center takes shape at Inglis House



### Construction on the new Inglis Wellness and Rehab Center

has begun and will be completed next year. The new Center will be located on the first floor of the Therapy Building.

This new Center is made possible thanks to the generous support of The Pew Charitable Trusts, Hess Foundation, Reliant Senior Care, and the 2013 and 2014 Inglis Golf Outings. We are grateful for these transformational gifts to the Inglis Community!

Inglis' former gym space was overcrowded and had become inefficient through the years as equipment and treatment areas were randomly added. In addition, staff were spread out over two floors. In the new gym, physical, occupational, speech and restorative therapists will share the same space, fostering even greater communication and collaboration among the disciplines.

The new Center will feature a spacious open concept gym area filled with natural light. Flooring will be patterned in non-skid materials to lead visitors through the space in a welcoming way.

A color palette has been chosen to create a calm, light and healthy environment. It is designed with clean lines and new, upgraded equipment including upper body machines, Pilates, weight machines and cycles. Also included is a space for wheelchair repairs and customization, as well as a reception area, private treatment rooms and staff offices. Wellness programming on nutrition, stress reduction, weight loss and other lifestyle topics will be exciting new additions. Look for more about the new Center, along with more information about the generous donors who made it possible, in the Spring issue of *Image*.



## **Move-in day at Mission Green**

**Mission Green**, which consists of 61 apartments, is a project of Inglis and the Medical Mission Sisters.







Instilling community involvement: Nate Niles (left center) and Tony Ferrante (right center) encourage other Reliant Senior Care executives to be civic-minded. In addition to acting as Presenting Sponsors of the 2013 and 2014 Golf Outings and bringing colleagues along to enjoy the day, they sponsor youth athletic activities in which their employees are involved.

Growing up in Upper Darby, PA, Tony Ferrante learned to appreciate the values of hard work and giving back to the community. Generosity was ingrained into him at a young age and has been a powerful motivator ever since. "Every day I feel gratitude for the abundance that's in my life," says Tony, who owns Reliant Senior Care. "I never want to take it for granted." This belief is shared by Tony's business partner, Nathan Niles, President and CEO of Reliant.

Tony and Nate's association with Inglis began in 2005. Each year since then, they have stepped up to be major supporters of Inglis events. Both serve on the Inglis Golf Outing Committee and were Presenting Sponsors of the 2013 and 2014 Inglis Golf Outings. This year, in addition to their sponsorship, they donated an additional \$75,000 to fund the Inglis Wellness and Rehab Center, on top of the funds the Golf Outing raised. They will also serve as Presenting Sponsors of the 2015 Golf Outing.

"We're committed to Inglis because we see the way the organization has helped people live better lives," says Nate. "We also know that with its longevity, Inglis will endure. We feel confident that our contributions will live on for many years to come."

Both executives agree that their relationship with Inglis has been tremendously satisfying. "We could not have imagined how rewarding this experience has been," says Nate. "We've seen how Inglis House residents help to run operations

and affairs there, with some going on to live independently in the community. These things are what motivate us to remain involved at Inglis. Plus, Gavin Kerr's commitment is palpable and inspires us to be committed too."

"The kind of lives we envision for our consumers could never happen without people like Tony and Nate," says Inglis President and CEO Gavin Kerr. "Their passion for our mission truly touches many at Inglis."

Tony Ferrante, owner of Reliant Senior Care, is busy investing in and growing the company the largest family of senior residential and rehabilitation facilities in the state of Pennsylvania. However, he always makes the time for philanthropic work at Inglis.



Left to right: Shelley Van Scoyoc, Therapeutic Recreation Instructor Amy Heeter, Artist-in-Residence Rhoda Kahler, Deborah Ulmer, Craig Stephens, Mindy Orth-Stephens, Jacqueline Scott, CNA Brianna Poole, and Ty Klug.

# Inglis artists display sculpture at the Philadelphia Museum of Art

Inglis artists were again invited to participate in the Philadelphia Museum of Art's **Bridges: Accessible Programs Builds Partnerships.** The program builds a bridge through visual art, and enables those overcoming adversity to create works of art in their studios and exhibit them in the Museum's Education Corridor.

Inglis artists worked with Rhoda Kahler, Inglis' artist-in-residence, to create a collaborative art piece inspired by the works of Constantin Brâncusi. Participants studied the works of the artist at Inglis as well as on a docent-led tour through the Philadelphia Museum of Art, which holds the largest collection of Brâncusi sculptures in the United States. The tour enabled the residents to understand the artist and his inspiration, which informed the piece they created.

Rhoda chose to introduce the participants to abstract art to

The sculpture, which will be permanently installed at Inglis for all to enjoy, was created in the Emerging Arts Program.

give the residents with limited hand control more confidence in their art work, "I wanted the students to focus less on their ability to control, for example, a brush, and appreciate the beauty and inner soul of the object they were creating," she says.

"In abstract art, a tree doesn't

have to resemble a tree to actually be a tree." The eight-foot ceramic sculpture created by Inglis artists is configured like a totem pole and is titled "After the Essence." The Inglis artist-in-residence program is funded by a grant from Dolfinger-McMahon.



Current and former board members viewed the sculpture on exhibit at the Museum. Front row, left to right: Dixie Wigton, Janet White, Lauren DeBruicker, Gale Gillespie, Emily Riley and Rhoda Kahler, Inglis' Artist-in-Residence. Second row, left to right: Nancy Kirby, Mary Lee Stallkamp, Gavin Kerr, and Sankey Williams.

## Inglis honors supporters at Patrons' Reception

**This year's Patrons' Reception**, celebrating those who help Inglis help others, was held in Founders' Hall on September 30, 2014.

The event provided an opportunity to share our new brand, "Ability & Independence. Redefined." with our donors, advocates and volunteers. Inglis also honored the generous donors that enable us to offer a wide variety of Social Enrichment Programs supported by The Ability Fund such as the Emerging Arts Program, therapeutic gardening, and various resident trips, guest speakers and concerts. These programs give residents a meaningful outlet to express themselves through various forms of visual art, poetry and music.

#### **Featured Speaker: Ty Klug**

At the Patrons' Reception guests heard from Ty Klug, a new resident and member of the Inglis Community, who spoke about what the words Ability and Independence mean to him. Before coming to live at Inglis House, Ty, a Michigan native, worked as an Executive Chef and served in a 10-month program for AmeriCorps. He is also a talented artist, poet and comedian who has the ability to lighten any mood and bring smiles to everyone around him. Ty is just one of the amazing people Inglis serves every day. Since moving to Inglis this spring, he has been involved in many of the Social Enrichment Programs and opportunities to enhance his independence, that are made possible by our generous donors. "My independence would not be possible without the assistance of the physical and occupational therapists at Inglis," said Ty.

"Inglis House is a phenomenal place to shed 'I can't' and find solutions."



Left to right: John Prince, Board member Tim Mahoney, Marie Logue, Board members Won Shin and Jim Logue, Inglis President and CEO Gavin Kerr, Inglis Board Chair Lauren DeBruicker and Brenda Rogers.



Left to right: Former Board Chair Dixie Wigton, Board member JoAnne Fredericks, Former Board Chair Sankey Williams, MD, and Board member Ted Robb.

Resident Ty Klug introduces
Inglis President and CEO Gavin Kerr.



#### **The annual Inglis Keen Games**

were held September 12-13 and brought together a record-breaking 125 residents and more than 130 volunteers for the athletic competition held at Inglis House. The games are named in honor of former Inglis Board member Alice Lightner Keen, who organized the event to celebrate Inglis House's Centennial in 1976.

## Inglis residents go for gold at Keen Games









## This year's Games were sponsored by Wells Fargo, who provided more than 30 enthusiastic volunteers to help at the event.

During the two-day event, participants competed in language and problem-solving computer and board games on day one, and athletic games such as free-throw basketball, bowling and Skeeball, which challenge the residents' stamina, fitness and athletic skills, on day two. Residents practiced all summer for the highly anticipated Games with the Therapeutic Education and Therapeutic Recreation staff.

Gold, silver and bronze medals were presented for each event. Sevell Lincoln was voted Most Courageous Athlete by his fellow residents, and Catherine McKnight won the Most Dedicated Athlete Award. Sincere thanks to our sponsor, Wells Fargo, and the dedicated staff and volunteers who helped make this a special day for the Inglis Community.



Wells Fargo volunteers celebrate before the Keen Games.



# Inglis resident "makes a wish" and meets Lady Gaga Ashley Murph



Ashley Murphy-Moore asked the Make-A-Wish Foundation for a chance to meet her idol, Lady Gaga, several years ago.

"I more or less forgot about it, especially since I became too old for the Make-A-Wish program," recalls Ashley.

But Make-A-Wish had not forgotten about Ashley, and this summer, she traveled to Atlantic City for a concert and a one-on-one meet-and-greet with the celebrity that lasted nearly an hour. "I could hardly breathe," says Ashley. "When she walked in the room, she hugged me. She said, 'I have heard so much about you and I love you already.' She is so super nice and personable."

The pair chatted and looked through a Lady Gaga photo book that Ashley brought with her. Ashley, an artist who lives with muscular dystrophy, also presented her with a stunning portrait she created with Inglis Volunteer Coordinator Mike Kelly. Congratulations Ashley, on meeting your idol and proving that wishes can come true!

Kevin Kelly receives
Lifetime Achievement Award

Inglis CFO Kevin Kelly received the *Philadelphia Business Journal's* CFO of the Year Lifetime Achievement Award.

Kevin, who came to Inglis in 2009, began his career at Haskins & Sells (now Deloitte.), and transitioned into real estate as a financial analyst and later, acquisitions manager. In 2002, he joined Complete Health Care Resources as CFO. Under Kevin's financial leadership, Inglis has maximized its fiscal resources and our ability to help consumers. He has also helped to forge an even more productive partnership between the Board and the management team.

Kevin also serves on the Board of the Pennsylvania Assistive Technology Foundation and is a Trustee of the Pension and Health Benefit Plans of Union Local 1199c.

Kevin Kelly, CFO



## Betty Marmon honored by Philadelphia philanthropy association

Betty J. Marmon, Inglis'Vice President of Development and External Affairs, has been named *Fundraiser of the Year* by the Greater Philadelphia Chapter of the Association of Fundraising Professionals.

Betty joined the staff of Inglis Her 40-plus-year career also includes leadership positions in 2009. In her role, she serves as at the National Trust for Historic Inglis' primary liaison with donors, Preservation in Washington, DC: foundations, governmental organizations and the disability commuthe University of Pennsylvania, Barnard College, Cornell University nity. She is committed to serving and the University of Rochester the disability community with a variety of services and resources. Medical Center. She received her award on Nov. 14, 2014, During her tenure, Inglis has National Philanthropy Day, grown its contributed at their annual income by nearly 60 percent, helping celebration in Philadelphia. to strengthen the partnership of public-private Betty J. Marmon, funding. VP of Development and External Affairs Prior to joining the staff of Inglis, Betty served as the Director of Development at the Philadelphia Museum of Art.

### Inglis Artists showcased at Bryn Mawr Presbyterian

Works of art created by Inglis residents will be on display at Bryn Mawr Presbyterian Church, 625 Montgomery Ave., Bryn Mawr from January 6 – February 22, 2015. The pieces showcase the wideranging talents of our residents and include digital art, sculpture, mixed media and painting.

Bryn Mawr Presbyterian will host an opening reception for the exhibition on Sunday, January 25th at 3 p.m. Many pieces in the show will be available for purchase, benefitting the artists and the Church. For additional information, contact

Page Zettlemoyer at 215-581-0753 or page.zettlemoyer@inglis.org.



The show will include this piece by Inglis resident Ty Klug, entitled, "Sail."



## **Support for the Inglis Community**

Thank you to the following donors who have invested in helping amazing people achieve their goals and live life to the fullest. We are grateful for their support, which strengthens the Inglis Community today and for years to come. This report includes contributions received from July 1, 2013 to June 30, 2014.

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## Your gift to The Ability Fund, the annual fund of the Inglis Community, supports these amazing Inglis programs:

- Trips to sports games, restaurants, and cultural activities
- Visual Art Therapy, including Emerging Art Program with an Artist-in-Residence, Weaving, Ceramics and other crafts
- Music Therapy, Resident Choir, Drum Circle and performances by professional performing arts groups
- Theater Workshops
- Volunteer Program
- GED & College-Level Tutoring
- Therapeutic Gardening
- Cognitive Stimulation Intervention Programs

- Resident Literary Journal, Library & E-Library
- Educational presentations from local museums and other groups
- Exercise instruction in Yoga, Tai Chi, Martial Arts, Zumba and more
- · Comedy, Film and Book Clubs
- Discussion and Support Groups
- Cooking and Life Skills Classes
- Pastoral Care and Prayer Groups
- Resident birthday parties and large-scale celebrations,
   like the Harvest Ball, New Year's Eve party, Spring Fling and more

You can help by making a gift today. Use the envelope in the center of

### **Annie Inglis Society Members**

Individuals who include Inglis in their estate plans are recognized as members of the Annie Inglis Society, joining a thoughtful group of people whose largesse has a lasting and profound impact on the organization.

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### **Gifts in Kind**

Year-round, Inglis receives gifts in kind that help members of the Inglis Community live great lives.

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**Gifts in kind** are especially welcome to help provide every Inglis resident with a gift at the holidays. Donations of new toiletries, costume jewelry, zip-front sweatshirts, winter hats, scarves and gloves, are most appreciated.

this newsletter or visit **www.inglis.org** to make your contribution.

### **Memorial and Tribute Gifts**

Many friends of Inglis make donations in honor of or in memory of friends and family. In commemorating a loved one, these thoughtful gifts enrich many lives in the Inglis Community.

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The contributions of the generous donors listed throughout were received between July 1, 2013 and June 30, 2014. While this list reflects gifts of \$100 or more, Inglis greatly appreciates the dedicated donors who support us at all levels.

We have carefully reviewed all names. However, if your name has been accidentally misspelled or omitted, please call Meredith Quirin Waldron, Director of Development, at (215) 581-0703 or send an email to **meredith.waldron@inglis.org**.

Nichole D. Gaskins

## Inglis Holiday Wish List Your gift helps year-round!

Few people realize that Medicare and Medicaid cover only the very basics of each resident's care at Inglis. All of the rest—social and recreational activities, computer training, special equipment and even the beautiful therapeutic garden in our courtyard—are made possible through the generosity of our donors.

The following "wish list" items will further enhance the lives of the Inglis Community. If you're unable to purchase an item by yourself, consider holding a fundraising drive at your school or place of business. Individual donations of any amount are gratefully accepted, too.

#### **Social Enrichment Parties**

One of the major reasons that people choose to live at Inglis House is our active daily roster of social and recreational activities. Major seasonal events like our Harvest Ball, Spring Fling, New Year's and Valentine's parties provide a welcome "night out" for residents complete with a festive menu and live entertainment.

Cost: \$1,000 per event; \$5,000 for the year

#### **Technology**

Gifts to our Adapted Technology Fund provide life-changing technical support and training. **Consider making a gift of any amount** to help our residents connect with friends and family via the internet, read a book independently or find joy in computer art or other hobbies.

#### **Aquarium**

An aquarium brings the serenity of nature indoors. Watching colorful fish swim relieves stress, plus the gurgling sound of the bubbles adds to the therapeutic effect.

Cost: \$3,000

#### **Sporting events**

Inglis House residents are among the most loyal Phillies, Eagles, Flyers and 76ers fans. A day at the ballpark or sports arena is high on the list of favorite activities.

Cost: \$750 for tickets and transportation for six residents and their attendants

### Sky Panels for the Inglis Day Program

People with developmental or cognitive disabilities typically struggle with sensitivities to bright or harsh lighting. A row of sky panels in our program space would diffuse the light and make the room feel more inviting.

Cost: \$57 per panel (six needed)

#### Fiber optic spray lights for the Inglis Day Program

People who have limited ways of participating in activities can be readily engaged with sensory stimulation. Fiber optic spray lights provide fascinating sparkle effects and have been shown to enhance relaxation, concentration, communication and general awareness of the surrounding world.

Cost: \$1,300











## Inglis website receives two awards

Since Inglis launched its new, fully accessible website in May 2013, Inglis.org has received two prestigious industry awards: **Best Website from PR Daily's 2014 Nonprofit PR Awards**, and a **2014 Summit International Creative Award**.

PR Daily selected the website for top honors for its elegant, clean and dynamic design. They also lauded its accessibility for visitors and programmers with disabilities. Says PR Daily, "The result is a website that looks great, serves the needs of stakeholders, and is accessible without showing its 'nuts and bolts.' Increased visits, reduced bounce rates, and increased web donations testify to its effectiveness."

Inglis also received a Summit International Creative Award, which recognizes companies worldwide for innovative and leading-edge creative work. The international marketing organization receives some 5,000 submissions from 24 countries.

The Summit Awards committee also noted our website's design and accessibility features, highlighting its function, form and ease of use.



Congratulations to Inglis Marketing Director Gary Bramnick, our webmaster Eliot Spindel and King Design of Jenkintown, PA, who have been instrumental in the success of the website.