

Image

The Inglis Newsletter

FALL
2019

inglis.org



VOL. VI, NO. 3
IN THIS ISSUE

New \$16.8 Million Accessible
Housing Community

Pushing the Boundaries
of Possibility

The New Inglis
Innovation Center

Donor Spotlight: The
Sanderson Brothers

**Innovation &
Collaboration**

*Coming together to
make a difference*



**Ability &
Independence.
Redefined.**

Eliminating Barriers Together

In this issue, we focus on collaborations and how collectively we help individuals with disabilities eliminate barriers to independence. Our supporters are a very important piece of the equation.

Through philanthropic donations we are able to provide social engagement events, like Thanksgiving dinner to residents in all our independent living housing communities, as well as Resident Services Coordinator support for the people who live there. They provide us with the funds needed to purchase adapted sports equipment for the much-loved Keen Games, supplies for the art therapy programs in Inglis House and in the community, and so much more.



Residents at Inglis Gardens at Belmont enjoy a Thanksgiving meal together.

In short, your donations help people with disabilities — and those who care for them — to achieve their goals and live life to the fullest. Support comes in many forms. It can be volunteering at an event or with a program; it can be a financial contribution to the Ability Fund, the annual fund of Inglis, which directly impacts those in our community, or it can be building a partnership with Inglis that allows us to develop new ways of supporting those we serve.

On page 19, you will see the impact of a gift. A donation of even \$20 — which provides new art supplies for our Day Program — goes a long way toward helping us to fulfill our mission.

Thank you for the support — in all its forms — that you have given this year. We hope you realize not only how impactful a gift can be for those we serve, but also how much it is appreciated by the entire Inglis Community.

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On the Cover:

President & CEO Dyann Roth, members of the Board of Directors and others from the Inglis Community gathered this summer at the construction site of the new Inglis Innovation Center, which is scheduled to open this year.

Inglis enables people with disabilities — and those who care for them — to achieve their goals and live life to the fullest. As such, Inglis welcomes great people in all our programs and employment opportunities, without regard to disability, race, religion, age, gender, sexual orientation, national origin, military service, marital status, or any other characteristics, as protected by law. We encourage all people with disabilities, who may benefit from our programs and services, to apply for participation; and equally hope those who meet job criteria, including veterans and the long-term unemployed, apply for our employment opportunities.

At Inglis, partnerships are formed internally and externally to enhance the services we provide.



In this issue of *Image*, we explore these collaborations and how they create an environment in which creativity thrives and, even more importantly, our mission is embraced by those who partner with us. They see the value of inclusion and accessibility and incorporate it into their work with others.

Many of us have been tirelessly preparing for the opening of the new Inglis Innovation Center. Highlighted on pages 10 and 11, the Center will be an inviting, universally-designed campus where all of our community-based services will be located. It will provide the opportunity for individuals living independently to see all that Inglis has to offer and to access all the services they need.

We also are excited to share that we have been awarded more than \$11 million in tax credits for Inglis Methodist Gardens, a new apartment community in partnership with Methodist Services. The new apartment building will bring together affordable, accessible housing with coordinated healthcare and wellness services.

All of this is possible because of Inglis' supporters. Your generosity enables those living at Inglis House to go on trips, take art classes and continue their education. It also allows us to expand our reach into the community, to provide a variety of services to individuals with disabilities and to continue our work as the largest private provider of affordable, accessible independent housing for the disability community.

We are grateful for all you do for the Inglis Community.

Sincerely,



James G. Logue
Chair, Inglis Board of Directors



Inglis and Methodist Services Announce a New \$16.8 Million Housing Community

Inglis and Methodist Services were awarded more than \$11 million in low-income housing tax credits from the Pennsylvania Housing Finance Agency (PHFA) for Inglis Methodist Gardens. Inglis Methodist Gardens will be a first-of-its-kind community in Philadelphia, bringing together affordable housing providers, healthcare organizations and social service agencies to form the Philadelphia Housing as Health Collaborative.

Once completed, Inglis Methodist Gardens will connect formerly homeless families and individuals with disabilities to 47 affordable, integrated and supportive apartments, including 23 that will feature smart home technology and Inglis Accessibility Plus design specifications, maximizing independence for wheelchair users. It will be located on Methodist Services' property, around the corner from the Inglis Innovation Center.

The tax credits should close in the early part of 2020 and set in motion a summer groundbreaking. Rounding out the funding for the \$16.8 million housing community is a \$4 million leadership gift from Aetna Better Health of Pennsylvania and a \$0.7 million investment from the Federal Home Loan Bank of Pittsburgh.

The Philadelphia Housing as Health Collaborative currently includes Methodist Services, Inglis, Belmont Behavioral Hospital, Family Practice and Counseling Network, Philadelphia

College of Osteopathic Medicine (PCOM), Philadelphia FIGHT, and Jefferson University. Collaborative partners are committed to working as a group instead of in silos to address the broad issues of rising healthcare costs alongside of the lack of affordable housing. This new collaborative will play a vital role in mobilizing and aligning resources to bring positive changes to under-resourced individuals and families.

"Our goal is not simply to build housing, but to create a true intergenerational community in which people support each other to live healthy, active and engaged lives," remarked **Dyann Roth**, President & CEO of Inglis.

"With more than 300 years of combined history, Methodist Services and Inglis are making history again by forging a new community standard: a vital interactive system," said **Anne Rice-Burgess**, President & CEO of Methodist Services. "We recognize how creating a safe and stable home environment with Inglis Methodist Gardens will help address the social determinants of health. This will both improve health outcomes and reduce the strain on the health care industry."

Jason Rottman, CEO of Aetna Better Health of Pennsylvania, added, "we know that wellness isn't confined to the doctor's office, which is why we are active members of the communities in which we live and work, and one of the key reasons we made a significant investment with Inglis and Methodist Services."

Volunteer Highlight: Crossing Borders to Promote Person-Centered Care

When **Sophia Kang** and **Jung Hwang** boarded a plane from South Korea to spend a month volunteering at Inglis House, the occupational therapy students had no idea what to expect.

This is the fifth year Inglis has hosted interns from Korea, and the cultural exchange is something the Inglis team looks forward to each summer.

“Through our partnership with the university in South Korea, we are able to teach students about person-centered care and adapted technology, which isn’t something they learn in their program,” said **Katherine Griffiths**, Adapted Technology Therapist. “Residents enjoy learning about their culture and students learn to see the person first, not the disability.”

While Sophia and Jung have enjoyed therapeutic gardening with residents and pet therapy visits, they say the best part of their experience was interacting with residents.

“The residents and their beautiful smiles are my favorite memory,” said Sophia. “We learned we can have personal relationships and bonds with the residents. In Korea, it is not like that. We will take this lesson with us when we go home and try to do things differently.”



Inglis Housing Residents Give Back to the Community

Inglis Gardens at Elmwood residents are working with the Philadelphia Office of Adult Education’s Volunteer Training Program to tutor people who want to improve their literacy.

“Residents are very talented and eager to be involved in activities in the community,” said **Donna Warfield-Simpson**, Inglis’ Resident Services Coordinator at Elmwood who connected residents to the training program. “The program builds their confidence and helps people to understand that even though they may be at a physical disadvantage, they strive to be successful and want the same things everyone else wants — to be given a chance.”

Naomi Nyanungo, Director of the Training Program, said the tutors changed the dialogue in her office about physical disabilities and accessibility for all.

“Working with Inglis has been great,” she said. “It is a great group of people who are committed to making this work. It was the first time we had trained tutors who were differently abled, and it was a powerful way to change the narrative about inclusion and accessibility.”

For **Virginia Simmons**, the experience has been life-changing. A wheelchair user for more than a decade, she says the training “normalized” her life. “I feel a sense of fulfillment because I am able to help someone,” she said. “It’s a welcome back to the world again.”



Virginia Simmons with some of her ESL students after helping them get library cards.

Inglis Welcomes New Board Members



We are pleased to welcome **Fady Sahhar** to the Inglis Board of Directors. Fady is President of XtraGlobex Inc., which he founded in 2001 to assist healthcare providers and services organizations. He brings with him a wealth of experience with long-term services and supports in the aging, physical and intellectual disabilities communities. Prior to XtraGlobex, Fady was Chief Administrative Officer with Liberty Resources, Inc. in

Philadelphia. Fady has more than 30 years of senior management experience working with major multinational companies. He holds an MBA in marketing and is a PhD candidate in Global Leadership and Economic Development. He teaches at the MBA level at several universities and conducts training seminars in global leadership, marketing management and business development.



Inglis welcomes **Ted Rosen**, President of Expert Business Development, LLC, to the Board of Directors. In addition to his vast experience helping financial service providers build commercial partnerships, Ted has a national reputation for delivering excellent presentations and writing articles on subjects including sales process, sales culture, cross-selling and relationship management. He has worked closely with the Federal

regulatory agencies, the American Bankers Association, America's Community Bankers, Independent Community Bankers of America, Risk Management Association, and many state associations and community bank leagues. He has advised congressional staff and bank regulators and has trained federal bank examiners. Ted graduated from Penn State University, with a BS in marketing.



Dyann Roth and the Executive Team discuss implementation of the Strategic Plan.

Focus on the Future

The Board of Directors has approved a five-year strategic plan positioning the organization for a successful future that maintains its focus on fulfilling Inglis' mission. The plan includes several goal areas, including strategic marketing, integrating services, optimizing operations and collaborating with different internal and external teams.

"This Strategic Plan will keep us on track as we expand and reach more individuals living in the community who are in need of our services" said **Dyann Roth**, Inglis' President & CEO. "It is important to stop and review where you have been and where you want to go so you can successfully navigate the future in an informed, intentional, and financially responsible manner."

The plan calls for integrating adapted technology into all Inglis services through partnerships and collaborations. Inglis also aims to strengthen its regional and national influence as an organization that demonstrates leadership in serving individuals with disabilities.

2019 Golf Outing

The 2019 Golf Outing was a huge success with more than 130 people enjoying a beautiful, sunny day at St. Davids Golf Club. With BKT Architects & Flatiron Building Company serving as Co-Presenting Sponsors, more than \$164,000 was raised for the new enhanced services at Connections, Inglis' day program, which will be located at the new Innovation Center. During the past 18 years, the Inglis Golf Outing has raised more than \$2.2M for the Inglis Community. Congratulations to Outing winners All4, Inc. who had the best Gross score. Thank you all for your support.



Pushing the Boundaries of Possibility



Inglis' recent collaborations with companies such as Voiceitt, Mozzaz and NextFab are making technology accessible to all, said **Michael Strawbridge**, Director of Adapted Technology.

"These partnerships and the work we're doing continues to push the envelope of technology," he said. "Our work shows that just because you can't use a computer, tablet, Alexa or Google Home out of the box doesn't mean you can't use it at all."

This collaboration between high- and low-tech companies will help Inglis serve a larger community as Inglis prepares for the opening of the Innovation Center and strives to reach more individuals who live independently.

"It takes a person-centered approach, creativity, teamwork, and adapted technology to provide a way for individuals with limited mobility or inaudible speech to successfully communicate and increase independence," said **Dyann Roth**, President & CEO of Inglis. "These collaborations are a way to expand

the limits of possibility."

Voiceitt is a voice recognition technology company with software that interprets modified or impaired speech so it is recognized by smart home products. A pilot program with Inglis is working to integrate Voiceitt technology into smart home devices to manage two of the most common requests — controlling the television and lights.

"The collaboration with Inglis represents another step closer to realizing the vision we share: to make the benefits of voice technologies truly accessible to all," said **Sara A. Smolley**, Co-Founder & VP of Strategy for Voiceitt.

Mozzaz, a company offering HIPPA-compliant telehealth options and data analysis services, will be used in the new Innovation Center. Telehealth is the use of technology, such as phones and computers, to support health and wellness. It is expected to be piloted by Journeys, Inglis' Mobile Peer Partnership Program.

Mozzaz's analysis tools will also help

monitor the efficacy of programs in the Innovation Center and determine if individuals are taking advantage of the variety of services available. It will allow Inglis to better understand how to serve the community along the continuum of care.

Sometimes it takes a combination of technology and hands-on tinkering to create something that works for the people Inglis supports. **NextFab** has been instrumental in creating low-tech solutions to barriers to independence.

"NextFab has provided us with a way to step outside of what is currently available to us in-house and gives us the opportunity to explore new creative solutions," said **Charles Sammartino**, AT Research Coordinator. "Their team members not only have a wide-range of diverse skills and experience, but also share in the vision that 'makers' can fundamentally improve the way the world works."

The collaboration has had an added benefit — it has inspired NextFab members to use their skills to help individuals with disabilities. Many members participated in last year's Philly Tech Week Hackathon, which focused on accessibility.

Charles said, "participants have taken the knowledge gained from the Hackathon and started creating movements of their own within their places of work to become accessibility champions, promoting the need for accessible solutions for all."



BKT Architects & the Flatiron Building Company Embrace Inglis' Mission

Not long ago, while renovating in an Inglis House neighborhood, a Flatiron Building Company employee dropped his tools and ran to a resident who was having an epileptic seizure. He held her until a nurse arrived and she was out of danger. It's that kind of compassion and commitment to Inglis' mission that makes two long-time Inglis vendors stand out: Flatiron Building Company and BKT Architects.

Inglis works with a number of organizations and businesses, but the many years of successful collaboration with BKT and Flatiron are special because they have embraced Inglis' mission. They often work together on projects and were Co-Presenting Sponsors of the 2019 Golf Outing.

"Both BKT and the Flatiron folks have treated our residents, community members and staff with high regard," said **Marc Forte**, Inglis' Director of Facility Management & Engineering Services. "They have been there for us, like family in the business."

For BKT, the collaborations throughout the years have reinforced that the key to completing successful projects is making sure the individuals Inglis serves are the focal point.

"We started working with Inglis almost 20 years ago, when we renovated bathrooms at Inglis House," said **Brian Tracy**, President of BKT. "We worked with the clinical team and senior



Top: BKT President Brian Tracy reviews plans at the new Innovation Center. Above (l. to r.): Inglis' Rob Watson, Flatiron's Scott Dalinka, Inglis' Marc Forte & Nicole Pruitt, Flatiron's Tom Stover & Dave Lawrence at the site.

management to create the best solution for residents and were impressed at how carefully they thought about every detail of the rooms. It was clear to me, when they worked so diligently to find the most useful grab bar, that everyone in the organization really cares about the people they serve. Now, 20 years later, I see Dyann working on the Innovation Center with the same passion and commitment, making sure people have what they need."

Scott Dalinka, President of Flatiron, said his staff feel they are contributing to the well being of the Inglis Community.

"Our guys really embrace Inglis' mission; they see how the staff treats residents and they step up and try to do the same," said Scott. "They'll stop and tie a resident's shoe and engage in a way that shows they see the person. Essentially, we feel like part of the Inglis team, a part of Marc's facilities group."



Eric Wright, Diane Windle and Greg Smith try out his Lazy Susan “hack.”

Creativity, Adapted Technology & Elbow Grease

Occupational Therapist (OT) **Diane Windle’s** job is to help Inglis House residents overcome barriers. Sometimes that means retraining an individual to do tasks differently. Often though, it involves reaching out to Inglis’ Adapted Technology (AT) or Engineering teams to create a new tool.

“It sounds like a cliché, but we really have to look at the ability not the disability to find a way to help a person achieve greater independence,” she said. “I’ll watch how they move, how they grasp things and what they’re struggling with, and then I’ll sketch something and bring it to the AT Lab or Engineering and they’ll make something.”

While Engineering primarily focuses on making sure Inglis’ buildings run efficiently, **Marc Forte**, Director of Facility Management & Engineering Services, says working with OT and AT is also part of the routine. “Our guys feel connected to residents;

it’s not unusual for them to make something that helps a resident overcome a barrier.”

Diane’s latest collaboration was for **Greg Smith** who restores antique lamps. Greg has limited use of his arms and was having trouble reaching all of his tools on a table. Diane came up with a solution that Lead Engineer **Eric Wright** made — a Lazy Susan “hack” that allows Greg to place all his tools on the edge of an old wheelchair wheel and spin it to access them.

Working with the OT team is Eric’s favorite part of the job. “She has an idea and I put it together,” he said. “Working with Diane means that I am also helping the residents to live a more independent life and that means a lot.”

The AT team has made dozens of pieces with the therapy team, from a television remote-control cover that allows individuals with limited dexterity to turn on the television and change channels, to grips for flatware.



Congratulations!

Congratulations to **Amy Heeter**, Adapted Technology Assistant, who is the recipient of the 2019 American Therapeutic Recreation Association’s (ATRA) Frank N. Basile Clinician of the Year award. The award recognizes outstanding contribution to recreational therapy through creative and innovative programming in a clinical setting. Amy was honored at a conference in Reno, Nevada in September. Amy is serving as president of The New Jersey/Eastern PA division of ATRA, which was also honored with the Chapter of the Year award. Amy and **Gwendolyn Vilade**, Therapeutic Educator and Community Outings Coordinator, presented at two sessions at the ATRA conference, including one on how recreational therapists use adapted technology at Inglis. We are proud to have such talented, dedicated people working at Inglis.



Bringing Our Community Together

Inglis is expanding its reach to meet the needs of individuals living independently in the community. The **Inglis Innovation Center** will be a place where people can explore the array of our programs and services.

Inglis' Innovation Center, set to open by the end of the year, will provide a place for all our community-based programs to showcase what they have to offer. It will be Inglis' second campus — a gathering spot where appropriate services can be bundled for maximum access and ease for individuals with disabilities. Our hope is that with all of our community programs housed in one accessible location, visitors will explore the many ways Inglis can support them.

Here's a glimpse of what to expect when the Innovation Center opens later this year.

MS Care Management & Resident Service Coordination

Our Care Management Team works to enhance the lives of individuals with disabilities in the community by linking them to a variety of programs and services that help them to accomplish their goal of greater independence. The team works closely with the Jefferson Comprehensive Multiple Sclerosis Center and the Greater Delaware Valley Chapter of the National MS Society.

As the largest private developer of affordable, accessible apartments in the Greater Philadelphia Region, Inglis wants to make sure our housing residents are able to successfully navigate independent living and feel like they are part of a community. Every Inglis housing community has a Resident Service Coordinator (RSC) who helps make sure that residents' needs don't slip through the cracks. RSCs provide resources, guidance, and, when necessary, advocacy.

Journeys

Journeys is a mobile certified peer specialist (CPS) program designed to provide support for people who have a physical disability and mental health challenges. They are matched with CPSs who have gone through similar experiences and truly understand. This is the first program of its kind in the country to use evidence-based peer support specifically for people with physical disabilities.

Life Lab

Slated to open in 2020, the Life Lab is intended to simulate a community-based home environment in which individuals have access to both rehabilitative and maintenance therapies. The Life lab also provides opportunities for individuals to collaborate with caregivers, professional therapies, and Inglis' Adapted Technology program to develop and test new solutions that improve lives.

Adapted Technology

For more than three decades, Inglis' Adapted Technology (AT) Program has connected people with disabilities to the world around them through technology. Whether voice controls, eye tracking systems, 3D printed assists or low-tech solutions, the team works with each individual to achieve their specific goals.

In addition to the Adapted Tech Lab, the Innovation Center will also have a new research & development lab to explore the latest advances, test new methods, and work with those in the community and industry partners to find new solutions.

Connections

Connections, a day program with enhanced services, supports a diverse group of adults (18 – 60 years of age — the only program in the region focusing on a younger population) with physical and intellectual disabilities who live independently in the community. We offer healthy meals and stimulating programs that promote physical, emotional, and spiritual wellness that help participants to stay active and connected to the community. Additional enhanced services include extended hours, bathing facilities, and a full-time RN on staff.

Community Employment Services

Community Employment Services (CES) helps individuals with disabilities to find employment and provides job coaching. Job seekers receive help with everything from resume writing to searching for jobs and preparing for interviews. Once hired, CES will work with the individual to manage any barriers to success, such as transportation or finding ways to fulfill job requirements.

Through subcontracts CES also manages 60 jobs for individuals with a variety of disabilities, and job coaches another 10 to 15 people as an employment service provider for the Office of Vocational Rehabilitation.

Community Space & Art Gallery

As a celebration of community and shared experiences, a community hub will encourage socialization and offer a comfortable, disability-competent space where those living in the community can meet and feel welcome, engage with friends, as well as have the opportunity to receive services in an environment other than an office.

A rotating gallery showcases the talents of the Inglis Community, featuring original works by artists with disabilities.





2019 Keen Games!

The competition was fierce and the weather sublime, making the 2019 Keen Games one for the books. Presented by PA Health & Wellness, more than 80 Inglis House athletes competed in events held in our beautiful courtyard in September. Congratulations to **Jean Daley**, who was named Most Courageous Athlete, **Deborah Ulmer**, who was awarded Athlete of the Year, and everyone who participated. A special thanks to the more than 100 volunteers, friends and family members who helped make this favorite annual event possible.





Ability & Independence Redefined.

Support for the Inglis Community

Annual gifts to the Inglis Community provide essential support to help our residents and service recipients achieve their goals and live their lives to the fullest. Your gift has an enduring impact on those we serve today and in years to come. This report includes contributions received from July 1, 2018 to June 30, 2019.

Inglis is especially grateful to recognize those donors in **bold** who have consistently supported the organization for ten years or more.

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See how a gift of \$20 or more can make a big impact on page 19.

To make a monthly gift to the Ability Fund select the "I would like to make this gift a monthly contribution" check box in the enclosed envelope or at www.inglis.org/donate.



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Individuals who chose to include Inglis in their estate plans are recognized as members of the Annie Inglis Society, joining a thoughtful group of people whose generosity has a lasting and profound impact on the organization.

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Donor Highlight

For the Sanderson family, Inglis was a lifeline. It provided the opportunity for **Stuart Sanderson** (Stu), who completed three college degrees while a resident at Inglis House, to lead a rich, rewarding life filled with friendships and countless personal accomplishments. It also gave his parents a priceless sense of peace knowing their son was able to have a life of his own.

Stu, who lived at Inglis House for more than 40 years, recently passed away. He leaves the legacy of an indefatigable spirit of joy and adventure that will remain with Inglis and those who knew him for years to come.

"Without this place I really don't know what my family would have done," said Stu's brother **Scott Sanderson**. "My parents were able to live into their late 80s in large part because some of the caregiving stress was relieved once Stu moved into Inglis. It allowed Stu to make a meaningful life for himself. All in all, it was a godsend."

Throughout the years, the Sanderson brothers have made many gifts to Inglis. An avid user and experimenter with adapted

technology, Stu made generous donations to the Adapted Technology Program (AT) to help purchase equipment for the Computer Lab. The two also helped fund some recreational trips for residents. Stu had also arranged for residents to receive his personal equipment after his death, including tablets, large-screen TV's and computers. Scott also gave their Phillies season tickets to Inglis for Community members to enjoy.

Scott said the AT program enabled Stu to expressively communicate his thoughts and feelings using emerging technologies specially adapted for him. "Everyone in AT is just incredible, not only for what they do, but also for who they are and how much they care," he said. "This place embodies possibility and allowed Stu to live a truly great life."

Last fall Scott and Stu planted a tree in Inglis' courtyard. At MusicFest this year, Stu told Scott he'd like to add a bench nearby so people could sit near his tree and think about all the things they can accomplish. The bench will be placed there in his memory.



Always laughing and enjoying one another's company, Stu and Scott Sanderson loved to get out and experience life together. Stu will be deeply missed by all who knew and loved him.

Gifts in Kind

Gifts in kind help members of the Inglis Community have access to tangible items such as new clothing, unopened toiletries, electronics etc.

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Gifts in kind are especially welcome to help provide every Inglis resident with a gift at the holidays. Donations of new toiletries, costume jewelry, zip-front sweatshirts, winter hats, scarves and gloves are most appreciated.

Memorial and Tribute Gifts

Many friends of Inglis make donations in honor of or in memory of friends and family. While commemorating a loved one, these thoughtful gifts enrich many lives in the Inglis Community.

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THE IMPACT OF A GIFT

How you make a difference

You play a vital role in redefining ability. You can help remove barriers and provide the tools necessary for those with complex disabilities to live the life of their choosing, not one defined by injury or illness.

A gift at any level to The Ability Fund, the annual fund of Inglis, makes a huge impact in the lives of people we serve. Here are just a few ways your gift today will make a difference.

\$5,000

One month of support services to residents in our accessible, independent living apartments

\$1,000

One year of technology education for an Inglis Community Member

\$500

New adapted sports equipment for therapeutic recreation

\$150

One month of one-on-one music lessons for an Inglis House resident

\$20

New art supplies for the Day Program



If you are the family member of an Inglis resident and are planning to purchase a computer or mobile device for your loved one, please contact the Inglis Adapted Technology Program at 215-878-5600, ext. 5369, or email resident.helpdesk@inglis.org. They will advise you the best choice based on your friend or loved one's needs.



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To learn more about the Young Friends of the BASH and find out about our next event visit www.inglis.org/youngfriends or follow us on Instagram using #YoungFriendsoftheBASH



Check out our new video at inglis.org/theBASH