

Image

The Inglis Newsletter

SUMMER
2016

inglis.org



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Vol. 3, No. 2

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Our Volunteers

*Celebrating those who give of
themselves to bring joy to Inglis*



Ability &
Independence.
Redefined.



Volunteers perpetuate a legacy of love at Inglis

Inglis would not exist without volunteers, who are the cornerstone of our proud history.

In 1877, 139 years ago, a group of women—determined and unpaid—raised funds and labored to establish Inglis, one of the first facilities in Philadelphia offering residential medical care for the disabled.

That civic concern and charitable spirit continue to thrive at Inglis today.

Our volunteers range in age from 16 to 93. Last year, they contributed an amazing 21,267 hours of service to our residents. How do volunteers make our residents’ lives better?

- They enhance quality of life by accompanying residents on trips and outings, and by delivering enjoyable recreational programs like weaving, ceramics and Zumba.
- They tutor, mentor, teach and support our residents.
- Volunteers imbue Inglis with a festive air by hosting parties and regular “tea and cookies” get-togethers. They enliven our weekly Game Night, help to run a Men’s Group and many more social activities.
- Volunteers also enable our residents to explore their spirituality with their involvement in Bible discussion and rosary groups, as well as Muslim observances and Jewish holiday celebrations.

This year, our volunteers are comprised of 298 unaffiliated individuals and 1,060 people from 28 organizations. Each one contributes something unique to resident life. And many tell us that their experiences here have profoundly changed their lives.

We are extremely grateful to them all.

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On the Cover:

Resident Edith Smalls dances with three of the many area college students who volunteered at the 2014 Inglis Harvest Ball.

While our mission has remained constant since our founding in 1877, how we deliver it has evolved with the needs of the disability population and each era's financial realities.



Currently Inglis serves more than 1,000 people—with twice as many living in the community than in Inglis House—through day programs, adapted technology training, employment and support services as well as our 341 independent living apartments.

By the end of the summer, approximately 25 Inglis House residents who have chosen to live independently in the community will move into our new apartments, Inglis Gardens at Belmont. We are delighted to help these residents achieve their dream of a home of their own.

Providing housing for people who choose to live in the community aligns with many consumer's desires and state and federal policies. Inglis has worked hard to become the preeminent and largest provider of affordable, accessible independent housing in the region. We have worked closely with policy makers to care for more people in community settings while saving money for Pennsylvania taxpayers.

These resident moves provide us with the opportunity to continue to focus on serving more people living independently in the community by reducing the number of nursing home beds at Inglis House. By summer's end, all residents in our Center units will have new homes in either our newly renovated Person-Centered Care neighborhoods at Inglis House, or in one of our new accessible apartments.

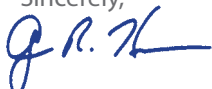
This continued expansion of our community-based services will also help to improve the significant financial challenges Inglis has faced over the past several years due to the dramatic reductions in Medicaid reimbursements, which represent 95.6% of Inglis House revenues. In spite of wisely managing our costs and investments, operating losses will total nearly \$10M this year. In the past, we have covered this shortfall from endowment earnings, but must now take other measures to ensure Inglis House can continue to serve significantly disabled persons for generations to come.

With fewer residents in Inglis House, we are taking the difficult step of reducing our staff. Approximately 80 positions will be eliminated by July 31, 2016, including direct care and support staff across the organization. We remain committed to our mission, and all transitions are being handled with the utmost sensitivity, support and resources.

With the opening of Inglis Gardens at Belmont, we will renew our commitment to care for people with disabilities in a variety of settings, offering programs and services for our community. While many changes are occurring at Inglis, one thing will never change: our commitment to deliver quality care and support to our consumers and caregivers.

Thank you for your ongoing support in times of change, and especially to our volunteers who truly enliven Inglis daily with their time and talents.

Sincerely,



Gavin Kerr

President and Chief Executive Officer

gavin.kerr@inglis.org

Volunteer Highlights

Volunteers find many ways to give of themselves at Inglis. Many incorporate their hobbies, skills and interests to help our residents "live life to the fullest." Here are just a few examples.



Inglis resident Ty Klug and a Romero Center volunteer show off Ty's artwork. Ty is an accomplished artist whose work has been shown professionally.

The Romero Center's Urban Challenge Program

It's rare for a teenager to ponder the fragility of life, but those visiting Inglis House as part of the Romero Center's Urban Challenge Program do, and gain an amazing opportunity for growth in the process. Based in Camden, NJ, Romero Center Ministries provides Catholic retreat experiences to high school and college students from across the United States. Romero volunteers have been coming to Inglis since 2005.

"The difference in our participants when they depart for Inglis and when they return is really striking," says Richard Nalen, who helps facilitate the retreats. "On the way, many are filled with trepidation because they don't know what to expect. That feeling goes away, almost as soon as they step in the door. Inglis provides an environment where people can easily share and connect."

Richard says that students enjoy learning how much residents can do despite living with a disability. "They learn that people can rise above these challenges," he says. "They met a man who creates wonderful art using a mouth stick, and another sang them a beautiful rendition of 'Amazing Grace.' So much learning comes out of their experience."

Weaving Group

Susan Wexler is justifiably proud of the scarf she hand-wove over the course of six, one-hour weaving sessions.



Above: Carmen Reyes works on the loom with volunteer Ave Pollack. Above right: Since Susan hopes to live independently at Inglis Gardens at Belmont, Barbara Parman shows her how to set up the loom so that she can weave in her new apartment. "I just love doing this," says Susan, who plans to invest in a loom of her own.

Volunteer Barbara Parman's weaving group has been meeting weekly at Inglis since 2003. It's an activity that's perfect for many who use wheelchairs, since unlike knitting or crocheting, the table-top looms can be operated with just one hand. Barbara, who is a retired occupational therapist, enjoys maintaining a busy schedule and also conducts similar classes at area senior citizen centers.

"When I first started working in O.T., weaving was a popular therapeutic activity because it improves cognitive and physical coordination," says Barbara. "Later, it was replaced with more sophisticated rehabilitative equipment, but it still has its benefits — including lots of beautiful things to wear!"

You can help support our programs by making a gift today.

Helen Cooney: Inglis is where the heart is

As a person living with cerebral palsy, Helen has a unique understanding of the challenges residents face every day.

For the past nine years, Helen Cooney has volunteered her time and talents twice a week to the residents and staff of Inglis. But what's truly exceptional about Helen is that she also lives with cerebral palsy. Her disability allows her a greater understanding of the challenges that residents face on a daily basis. I should know this first-hand because she is my mother. My name is Lauren Cooney and Helen is my inspiration.

Helen was introduced to volunteering at Inglis in 2007 as a way to help stave off "empty nest" syndrome once I left for college. Kismet, and some strong motherly encouragement, brought me here in 2013, when I joined Inglis' Development & External Affairs team. Since her first day, Helen immediately became an important part of the Inglis Community, and has truly loved every day that she has spent with the residents and staff.

Helen primarily works in the Nook, Inglis' on-campus convenience store, with resident Gail Bluford. She met Gail on her first day volunteering and they instantly connected. She also assists in transporting residents from their rooms to the array of therapeutic and recreational programming offered at Inglis.

Referred to by certain staff and residents as "Aunt Helen," it is not hard to tell how much my mother cherishes her time at Inglis. I see it on her face and in the stories she shares. My mom sees each day as a new opportunity to do something special, and she goes out of her way to help make it special for those she visits, too. When I heard she personally wishes a happy birthday to each and every resident on their special day, I didn't doubt it. That's my mom. What she gets out of volunteering is equally rewarding, and she once shared with me that she believes "volunteering at Inglis has been good for my health both physically and emotionally. The relationships I have built with residents and staff inspire me to face my own challenges every day."

Rarely does a day go by that I do not get a phone call or text message from her telling me how proud she is of me. But, in reality, I am the one who is proud. My mother's optimistic outlook on life and how she faces adversity daily is the best lesson she has ever taught me. Thank you, Mom.

— Lauren Cooney



Long-time volunteer, Helen Cooney with her daughter, Lauren Cooney (the author of this article) at an Inglis event.



Bunny and Dick Borkowski: Though far away, near and dear to our residents

Longtime volunteers Bunny and Dick Borkowski left the Philadelphia area to move closer to their grandchildren in 2012, but the distance has not diminished their commitment to our residents.

For more than 25 years, Bunny and Dick were regulars at Inglis. They were founding members of the A-May-Zing Committee (see page 9) and helped to organize the Inglis Five race, raising funds for many recreational activities and program upgrades. Bunny also hosted Monday night bingo and enjoyed coordinating resident visits to Episcopal Academy, where she and Dick taught.

Today, the Borkowskis maintain a strong impact on the quality of resident life at Inglis. They provide financial support for our live-in therapy cat, Blanco, and have renovated the pool table in our resident lounge to make it more accessible. This year, they also provided the funds used to purchase the popular Super Switch Ensemble music therapy program, which allows our residents to create music using adapted switch technology. Their gifts provide the "little extras" that make quality of life so special for Inglis residents. Thank you Bunny and Dick, for traversing the miles between your home and ours to fill Inglis House with your generous, loving spirit!

Use the envelope in the center of this newsletter or visit inglis.org/donate

Volunteer Highlights

Maria Spagnuolo: A lifelong connection to Inglis

Raised in Wynnefield, PA, Maria grew up with Inglis in her backyard. In the late 1970s, her sister became an Inglis candy-striper and Maria developed friendships with residents as they travelled throughout the neighborhood. "I was particularly friendly with two former residents, Joan and Danny," she recalls. "Since I am a cosmetologist, I would often stop by Inglis to visit them and cut their hair."

Today, Maria's presence is felt throughout Inglis. She has coordinated a resident nail salon, hosted popular sports outings and assists our chaplain, Nancy Selinger, at a Bible study group each week.

"Maria is an amazing woman with one of the most beautiful and generous spirits I have ever known," says Nancy. "She has such respect and affection for our residents and her joy and energy are infectious. She truly embodies God's love and compassion for us all."



Maria Spagnuolo helps Chaplain Nancy Sellinger at a weekly Bible study session. Left to right: Nancy, Maria, and residents Kimberly Jones and Maryann Deskiewicz of the 2South neighborhood.

"Inglis has forever changed me. A piece of my heart will always be with you guys. This was by far one of the most wonderful experiences I have ever had!"

— volunteer Michelle Swayze

Tai Chi

Barbara Lorenz of Penn Valley, PA, has long been a proponent and practitioner of Tai Chi, the ancient Chinese discipline of "meditation through movement." Soon after her daughter, Beth Ann, came to live at Inglis, she volunteered to teach a seated form of the practice to our residents. "By helping the person come to center, Tai Chi energizes the body, boosts the immune system and relieves stress, among many other benefits," says Barbara. "Coming here and working with the residents is a bright spot in my day that brings me great fulfillment and peace."



At left, Barbara Lorenz, mother of Inglis resident Beth Ann Lorenz, leads her weekly Tai Chi session for residents. Above, Barbara and Beth Ann.



Pinochle Group

A lively pinochle group has been going strong at Inglis every week for the past 14 years, thanks to the dedication of volunteers like Doug Medley (pictured above), Lynette Savoy and Irv Scharf. The group not only adds fun to our residents' day, but helps players to refine their teamwork and strategy skills.



Har Zion Sisterhood

For the past 16 years, the Sisterhood of Har Zion Temple, Penn Valley, PA, hosts holiday meals and celebrations enabling our Jewish residents and their families to enjoy cultural traditions and a spirit of community. "We are committed to coming to Inglis and are so gratified to see residents and their parents participate in these celebrations," says Gladys Shubin, (pictured above, center, in green), who helps to coordinate the events. "It's very fulfilling to be able to help people in this way. In fact, once a member of our sisterhood participates in an Inglis event, they mark their calendars for a return visit. I hope we remain involved at Inglis for many, many years to come."

Pictured above: Volunteers from Har Zion Temple's Sisterhood prepare to serve Inglis residents and guests at the annual Passover Seder. The services are led by Cantor Namoi Hirsch, Inglis' Jewish Chaplain (far right).



Resident volunteer Noni Ade (foreground) and Patti Veltri, Volunteer Coordinator, (center) orient new Inglis volunteers from various schools and organizations.

Volunteer Orientation: Getting to Know Inglis

You wouldn't expect to start a new job without a thorough orientation. Similarly, Inglis volunteers ages 16 and older participate in a comprehensive, four-hour orientation program before they engage with our community members.

The program, presented by Volunteer Coordinator Patti Veltri, helps volunteers feel at home and protects the health and safety of those who live here. For example, the confidentiality of our residents is emphasized. Volunteers frequently form relationships with residents, but are cautioned not to share stories or any kind of health information with others.

Other orientation topics include:

- Inglis' history, mission and core values
- Resident privacy in accordance with HIPAA policies and procedures.
- Our resident population—their age range, and diagnoses
- Communicating with people who have speech or sensory impairments
- Handling emergencies
- Infection control
- Safety guidelines for resident food and beverage consumption

Most importantly, volunteers learn about Inglis' commitment to our residents and consumers and the many services we offer, that assist them in achieving their goals.

Volunteer Highlights

The Men's Group

Paul Perlstein of Doylestown had long been acquainted with Inglis as a donor, but when he semi-retired, he remembered Inglis when looking for a volunteer opportunity. Not long after Paul became an Inglis volunteer, the idea for a men's group arose. Paul became involved in the group, which is run by recreation staff member, Lamont Alexander.

"As you might expect, the group was a popular forum for men to discuss women and sports, but after a while, participants needed an activity," says Paul. "The notion of playing low-stakes poker took hold." Today, the raucous, no-holds-barred group is so popular that it has grown from a weekly, one-hour game, to an expanded, twice-weekly event.

Men's Group members meet at a large u-shaped table that is typically laden with pizza and other goodies, including cookies baked by Paul's wife, Iris. Group members are so anxious for the festivities to begin, that they will often park their wheelchairs in a vacant parking spot to expedite Paul's arrival. The group has also gone on outings, including one to the Perlstein's backyard, where they enjoyed a barbecue along with their favorite poker pastime. "I feel good about bringing pleasure into other people's lives," says Paul. "The Men's Group is a small way for me to pass along some of the benefits I've enjoyed in my life. When group members thank me, I tell them 'It's a source of pride for me to participate with you.'"



Volunteer Paul Perlstein (at left center) moved the Men's Group meeting to his backyard for an especially festive evening of poker and barbecue.

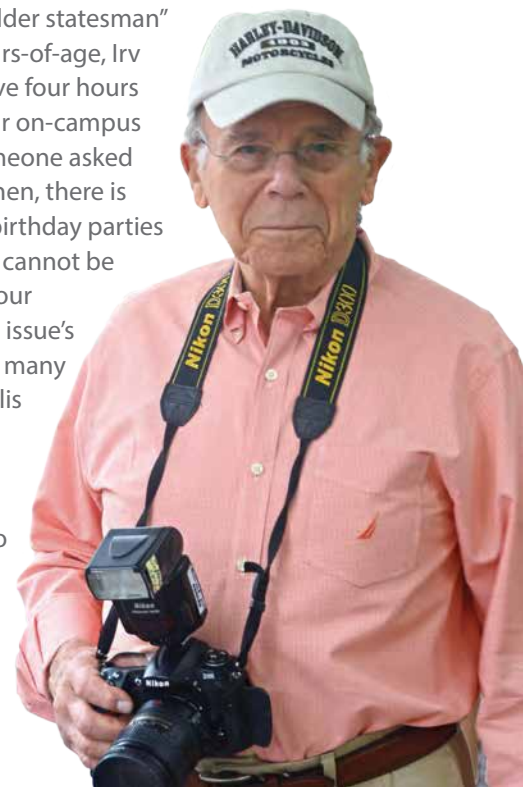


Irv Scharf, Inglis' man behind the camera. When he's not volunteering at Inglis, Irv regularly drives to Florida to visit his son, two grandsons and two great-granddaughters.

Irv Scharf: Recording Inglis' memorable moments and much more

Retired pharmacist Irv Scharf is the "elder statesman" of Inglis volunteers. A youthful 93 years-of-age, Irv originally came to Inglis in 1998 to give four hours of his time each week at the Nook, our on-campus convenience store. Then one day, someone asked him to take a few photos, and since then, there is hardly an event—from our monthly birthday parties to more formal occasions—where Irv cannot be found capturing special moments in our residents' lives and in our history. This issue's cover photo was taken by Irv, as have many

photos in our *Image* newsletters throughout the years. Irv's involvement at Inglis continued to grow as the years went by. For more than a decade, he assisted in Inglis' cooking classes. About ten years ago, he was commandeered to play pinochle—a game with which he was unfamiliar. He learned on the fly and has been a regular at the group ever since. Although his volunteer work amounts to much more than four hours a week, Irv says he wouldn't have it any other way. To him, Inglis residents are *his* heroes.



A legacy of philanthropic volunteerism at Inglis

The Emerald Ball and A-May-Zing Committee

In 1966, the first episode of *Star Trek* was aired, Simon and Garfunkel released *Sounds of Silence*, and at Inglis, Elizabeth Douglas Hersey-Hess chaired Inglis' first Emerald Ball Committee. Over the next 23 years, the Ball raised many hundreds of thousands of dollars that were used to improve Inglis' physical environment and our residents' quality of life.

In 1971, younger Emerald Ball attendees decided to become more involved with Inglis residents and have fun while doing it. They formed the A-May-Zing Committee, a volunteer group that raised funds for resident programs and activities, culminating in a festive, annual A-May-Zing party. They also coordinated a yearly Inglis Five run, an event which drew nearly

300 runners, walkers and wheelchair users, and garnered high profile sponsors to support improvements throughout Inglis, including the burgeoning computer lab and therapeutic recreation department.

Although the last Emerald Ball was held in 1989 and the A-May-Zing Committee disbanded in 2010, the work of these volunteers has made a lasting impact on Inglis. Also, many of these volunteers transitioned to share their talents on the 125th and 135th Anniversary Committees as well as the Golf Committee.



Inglis Golf Outing Celebrates 15th Year on June 13, 2016



The Golf Committee. Front row left to right: Mark A. Cooper; James G. Logue, Esq.; Mary Ann Flanigan; Marie T. Logue, Co-Chair; George C. Brady III and Kevin Kelly. Back row left to right: Nathan Niles, David Strange, Gavin Kerr, Anthony J. Ferrante and Matthew O'Mara. Not pictured, Co-Chair James Gaffney.

Since its inception, the Inglis Golf Outing has raised more than \$1.8 million for transformational Inglis projects and introduced increasing numbers of golf enthusiasts to our mission. "We have enjoyed growing participation over the past five years and the faithful support of our vendor-partners to make the outing a big win for Inglis residents year after year," says Meredith Waldron, Director of Development.

This year's Golf Outing will be held Monday, June 13, 2016 at St. Davids Golf Club in Wayne, PA. Proceeds will be used to refurbish a nursing unit to create a new, homelike neighborhood for residents. Previous Golf Outings have funded the new Inglis Wellness & Rehabilitation Center, vans to provide transportation for our residents, a new, fully accessible kitchen in the Inglis Day Program and Inglis courtyard renovations, including a spectacular fountain for all to enjoy. Last year's Outing helped to provide funding to upgrade the WiFi at Inglis.

To see videos illustrating how Golf Outing proceeds have benefitted Inglis residents, visit www.inglis.org/golf. For more information about how you or your organization can participate, contact meredith.waldron@inglis.org.



Inglis Volunteer Recognition Awards 2016

Volunteers provide an extra dimension of care to Inglis House residents, whether it's assisting with letter writing, organizing a closet or simply offering their warmth and companionship. Every year, Inglis highlights the contributions of this amazing group of people by conferring awards on volunteers who have distinguished themselves by modeling our LIST ONE values. This year's awardees are:

Learn: Shamia Pepe



An Inglis volunteer since April of 2015, Shamia comes to Inglis several times a week. "She has learned so much at Inglis and wants to continue to learn," says Volunteer

Coordinator Patti Veltri. "She is very motivated and very much focused on our residents' happiness." Shamia, who lives with cerebral palsy, became acquainted with Inglis when she enrolled in our community computing program. "When I ask for help, Shamia never says 'no,'" says Inglis resident Mary Lee Frome. "She is a giving and wonderful person."

Integrity: Kara Dutko



Kara, a busy student in the Physician Assistant program at Philadelphia University, came to Inglis to satisfy an academic requirement in

July of 2015. Since then, she stayed on and developed a wonderful rapport with many of our residents, among them, Diane Hunter. "Kara is who I would want as a daughter if I had one," says Diane. "She brightens all of the residents' lives."

Service: Becky Balgowan



A drive to serve others, assure their comfort and meet their needs is what distinguishes Becky as an exceptional volunteer. Becky lives the Inglis value of Service

and expresses it in her concern for our residents' welfare, putting their needs ahead of her own. "She is lovely, friendly, helpful and has developed warm, caring relationships with our residents," says Patti Veltri. "Becky is always willing to help me tidy up my room or fold my clothing," says resident Theresa Ginyard. "I appreciate her very much."

LIST ONE Values

Learn

Integrity

Service

Teamwork

On-time, On-budget, On-target

No excuses, No blame

Excellence

Teamwork: Brittney Shupp



Brittney Shupp, a recent Rosemont College graduate, has modeled teamwork by recruiting and transporting fellow students for volunteer service at Inglis since her freshman year. The students, who come to Inglis each Monday for Game Night, say that these evenings are the highlight of their week. Even though Brittney has now graduated from Rosemont, she'll still remain an Inglis volunteer. In fact, she

specifically choose to attend medical school at the Philadelphia College of Osteopathic Medicine for its proximity to Inglis House.

On time, On Budget: Douglas Medley



Doug, who runs our pinochle group (see page 7) is so dedicated to our residents that he takes three different forms of public transportation to reach Inglis each week. An excellent card player with a sharp memory, Doug is flawlessly able to keep track of all players' hands. "Doug is an exceptional person with a wonderful capacity for empathy," says fellow volunteer Irv Scharf,

also a longstanding member of the pinochle group.

No Excuses, No Blame: Noni Ade



As one of our resident volunteers, Noni participates in our volunteer orientation program and often assists volunteer coordinator Patti Veltri. "Noni is very welcoming to the volunteers and takes her responsibilities seriously," says Patti. "I can count on her to act as a stand-in for me after hours and to work with any volunteers I ask her to. Noni knows what she is doing and

takes an enormous amount of pride in her work."

Excellence: Janet Brown



Janet visits Inglis every Thursday afternoon. She begins by visiting several residents to help with small tasks, or just to chat. Then, she hosts a very popular Tea Time in the 3South neighborhood's dining solarium, making sure that everyone feels welcome, has exactly the kind of tea they prefer, and that plenty of cookies and other goodies are on hand.

Over the holiday season, Janet planned a

very special Tea, presenting a hand-knit hat to every resident on 3South. "Janet has really helped our neighborhood develop a very special sense of community," says Michael Kelly, the Neighborhood's Life Leader.

For more about Tea Time on 3South, please see page 12.



Volunteer Help Wanted

Inspired by the stories of these amazing volunteers? Inglis is seeking people, age 16 and older, who are willing to make a minimum six-month volunteer

commitment to our residents. In particular, we need volunteers to fill these important roles:

- **Canine visitors:** to bring joy to our pet-loving residents. (Note: your dog does not need to be pet-therapy certified)
- **Neighborhood-based volunteers:** to become a familiar, warm presence on a specific residential neighborhood (formerly known as a nursing unit).
- **Medical Office host:** to greet and assist residents arriving for their in-house medical appointments.
- **Library assistant:** to bring our traveling library cart to residents who are unable to visit the library.
- **Adapted Technology volunteers:** Share your technical skills to help Inglis residents access Facebook, email, games and more. You'll learn about the unique challenges persons living with disabilities face when using technology.
- **Wellness Center Escort:** to help bring residents to their appointments in our Wellness & Rehabilitation Center.
- **Corporate Volunteer Groups:** Inglis provides a turn key experience for corporate volunteers, who enrich our residents' lives while building morale and teamwork skills.

Thank you to our 2015-16
Corporate Volunteers:

AmeriHealth

BB&T

PricewaterhouseCooper

Wells Fargo

Tea for Twenty: Volunteers Enrich Social Life at Inglis

Below are some thoughts and impressions of Tea Time, written by the residents of 3South.

On any given Thursday afternoon at Inglis House, there's only one place you'll find resident Patricia Fritz: Tea Time on the 3South neighborhood. "It's more than just your plain old tea, it's every kind of tea! I look forward to it because otherwise, I'd be alone in my room."

Tea Time was developed in 2014 by residents of 3South with their Neighborhood Life Leader, Michael Kelly, to create an opportunity for relaxed socialization. Now, a core group of 15 to 20 residents flock into the solarium for their weekly fix of tea and to catch up with friends. "It gives us a time to get together," says resident Juleann Stofey, who just a year and a half ago, rarely ventured out of her room.

Resident Janet Liciardello chimes in, "It's calming. You're with people who may have the same disability, or maybe not. So it's educational. Also, I love the volunteers!"

It's true, the volunteers make all the difference. Two women have taken Tea Time from a novel idea to an institution



Inglis volunteer Janet Brown offers a refreshing cup of tea to new Inglis resident Elias Gerena.

on 3South: volunteers Janet Brown and Robbie Shell. "They make it possible for us. They make us feel welcome," says resident Betsey Mills.

"It's a wonderful, wonderful thing they do. I think they enjoy it too. They make me feel very comfortable and I'm grateful. Without them, how would we do this?" muses resident Jacqueline Scott.

Volunteer Robbie confirms that she gets as much out of Tea Time as the residents do. "When I come here, I'm just having tea with incredibly diverse people with so many different experiences."

Janet Brown is Tea Time's "mother hen." She stocks up on snacks and various teas that she know are residents' favorites, and anticipates their preferences.

"She is beautiful!" says resident John Mercugliano, who comes to Tea to hang out and sip chocolate milk (he doesn't like tea). Janet always has his milk out for him before he arrives.

The connection between residents and Tea Time hosts has grown. Resident Betsey Mills talks about her relationship with volunteer Robbie. "We are like sisters. I have a heart connection with her. She's a very caring person, very generous. She helps me organize my room so it looks cheery and welcoming."

Janet also visits a few residents who are too busy to leave their rooms to come to Tea, like artist Bob Woltanski, who is usually absorbed in his current painting. She checks in on his progress, and brings him tea and cookies. "Janet is such a nice person. She is a very friendly, sympathetic ear," says Bob.

In just two years, Tea Time has become an important routine for many residents of 3South and their friends. For all of the great benefits this weekly gathering brings, loyal Tea-Timer Jean Daley says there is only one thing that could make it better. "It's just too bad I can't have a shot of gin in my tea!"



Inglis residents "feel the love" from French International School students

Every year, students at the French International School of Philadelphia make Valentine's Day cards and other special gifts for Inglis residents as part of their Martin Luther King Day service project. Residents are deeply touched by these special valentines and the students have an opportunity to experience the satisfaction and pride that comes with service to others.

2016 Inglis Awards for Continuing Excellence Honor Five Area Organizations

Each May, Inglis honors the exemplary performance of not-for-profit organizations providing direct service or advocacy for people living with physical disabilities with the Inglis Awards for Continuing Excellence (ACE). The awards take the form of unrestricted grants to promote housing, health care, employment, education, recreation or transportation services.

Since the first ACE Award in 2006, Inglis has given cash awards to over 40 regional organizations serving people with disabilities.

This year the ACE Awards, which were inspired by former Inglis Board member Janet Ries Stern, reached a 10-year milestone. "I am so proud to work with Inglis, an organization that reaches beyond its four walls and understands the impact that an award like this can make," said Janet. "These awards are unrestricted gifts, which is rare. The ACE Awards say 'You've done a great job. We trust you to continue to do a great job with this gift,'" Janet, who is a Senior Associate with Pembroke Philanthropy Advisors, is a staunch supporter of Inglis and continues to serve on the ACE Awards Committee.

2016 INGLIS ACE AWARD WINNERS

Medical Home Project of Lehigh Valley Health Network focuses on meeting the physical, emotional and social health care needs of people with disabilities. Educating medical students and residents about caring for people with disabilities is also an integral part of the project. (www.lvhn.org)



Cerebral Palsy Association of Chester County



Main Line Deputy Dog



American DanceWheels Foundation

American DanceWheels Foundation contributes to the lives of individuals with ambulatory disabilities by providing the social, rehabilitative, and competitive activity of Wheelchair Ballroom and Latin Dance. Dance partners, which include one seated and one standing dancer, integrate people with and without disabilities to partake in a healthy, mainstream activity that creates the potential for a new generation of alliances and opportunities. (www.americandancewheels.org)

Cerebral Palsy Association of Chester County focuses not only on people with cerebral palsy, but a variety of physical disabilities such as spinal cord injuries and MS. The Children's Early Intervention program provides comprehensive services to infants and toddlers with developmental delays. The organization also provides services to people with brain injury and autism. All programs assist individuals to maintain their independence in the community. (www.ccdisability.org)

JEVS Human Services enhances the employability, independence, and quality of life of individuals through a broad range of programs. The organization offers 20 successful programs providing skills development, job readiness and career services, vocational rehabilitation, recovery services, adult and residential day services and in-home personal assistance. (www.jevshumanservices.org)

Main Line Deputy Dog helps people with physical or mental health challenges train their own dogs to be fully certified service dogs. A Deputy Dog for mobility helps someone who has a debilitating illness or injury function with increased independence and greater confidence. (www.mladd.org)

Retiring Inglis Board Members Leave Profound Impact

A heartfelt thank you to these retiring Inglis Board members, who have done so much to advance the Inglis mission with their time, talent and wisdom.

John K. Dugan

John joined the Inglis Board in 2007. A partner at PricewaterhouseCooper, he serves as the firm's lead partner for regulatory compliance, performance improvement and dispute analysis in the healthcare sector. John has been an active member of the Board's Audit and Strategic Resources Committee.



"John has played a fundamental role in maintaining Inglis' financial welfare and has been a valuable advisor on many policy, planning and compliance efforts," says Gavin Kerr, Inglis President and CEO. "He has helped Inglis to navigate many complex regulatory, legal and contractual obligations."

Jacqueline S. Zinn, Ph.D.

With a background as a successful hospital administrator at Temple University and the Hospital of the University of Pennsylvania, Jackie's wealth of health care knowledge has been invaluable to Inglis. Jackie joined the board in 2005, and helped it evolve from an all-female group to today's integrated body.



"Jackie has been a trusted, 'go-to' person for information, context and guidance on best practices and excellence," says Gavin.

Jackie is a professor in Temple University's Fox School of Business and Management, in the department of Risk, Insurance and Healthcare Management.

Ted Robb

Ted joined the Board in 2007, after coming to Inglis as a consultant to help develop Inglis Gardens at Eastwick I. His expertise and vision continued to guide us through the development of many more housing communities, taking us



to our current total of eight. "Ted is passionate about Inglis' mission, and has had a major hand in shaping Inglis into the leading accessible housing organization we are today," says Gavin.

Ted is a former Pennsylvania Secretary of Labor and Industry and member of the Pennsylvania Human Relations Commission. He also served as the Mid-Atlantic Administrator of the Department of Housing and Urban Development. After his government career, Ted established the housing consultancy firm of Robb Associates. He is also an Emeritus Trustee at Lincoln University.



James K. Seaman

A member of the Inglis Board since 2012, Jim is Director of Internal Audit for the Board of Pensions of the Presbyterian Church and has held leadership roles in internal audit and management consulting at Drexel University,

Mercy Health System and the University of Pennsylvania. "Jim's skills and credentials have provided Inglis with a reliable financial knowledge base and wise counsel," says Gavin. "We are extremely grateful for his work on the Board's Audit and Quality Committees."

Volunteer Coordinator Patti Veltri

How does a true “people-person” thrive in an office job? In the case of Inglis Volunteer Coordinator Patti Veltri, working behind the scenes simply wasn’t enough.



After graduating from the University of the Arts in Philadelphia, Patti took a position at a hospice organization where she provided office support. Soon however, in order to meet the patients that she read and heard so much about, she became a volunteer. She visited patients once a week and realized patient and people interaction was what inspired her the most. The experience helped her find not just a career, but her life’s work.

When the hospice’s volunteer coordinator went on leave, Patti took her place and then moved on to a volunteer coordinator position at another hospice organization. She found her calling; and Inglis is fortunate to be reaping the benefits of her discovery.

Patti says that her career has spurred her personal growth. “Our residents and volunteers have incredible life experiences that I get to share in,” she says. “I meet hundreds of new people every year. As a result, I’ve developed a knack for being able to talk to anyone, anywhere. You meet someone and think, ‘Now that’s an amazing trait I’d love to possess.’ It keeps me fulfilled and wanting to meet more people.”

Patti also enjoys assisting volunteers to become more comfortable helping those living with disabilities. “Coming here can be a daunting experience, but afterward, most people go home with smiles on their face and a new perspective on life,” she says. “I go home most days and call my Dad to share the incredible stories I’ve heard from new volunteers I’ve been fortunate enough to meet that day!”

For more information about volunteering at Inglis, contact Patti at patricia.veltri@inglis.org or call **215-581-0718**.

The inaugural **Inglis Bash**

Friday, September 30, 2016
Inglis Gardens at Belmont

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www.inglis.org/bash



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Keen Games Celebrates 40th Anniversary

Save the date! Saturday, September 10, 2016

Many Inglis volunteers first became acquainted with us at our annual Keen Games, a festive event that celebrates the intellectual and athletic skills of our residents. This year marks the 40th Anniversary of the Games, making it a very special year. If you would like to volunteer or cheer along, please call 215-581-0718 or email patricia.veltri@inglis.org. www.inglis.org/keengames

Inglis resident Horace Revell beams during the Keen Games' Parade of Champions, escorted by Wells Fargo volunteers. Wells Fargo returns as the event's sponsor this year.



Please support Inglis by making a gift today at inglis.org/donate