

Image

Home Mods for
a Home Base

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Inglis is a 501c3 nonprofit and human services provider throughout Pennsylvania.

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Our Mission

Inglis enables people with disabilities – and those who care for them – to achieve their goals and live life to the fullest.

Our Vision

We champion independence through innovative, life-enhancing services and communities.

A Note From Our CEO

The first time you step onto a newly modified porch after months of recovery, the world feels different. Every step, every movement, carries the promise of freedom—the ability to live fully, pursue adventures, and reclaim independence. Moments like these are why we do what we do at Inglis.

Our 2024–2027 Strategic Plan is designed to create more of them. Guided by three big questions—How do we demonstrate impact? How do we unify culture? How do we advance financial sustainability?—It provides a roadmap for investing in programs, strengthening our community, and ensuring that every decision drives meaningful outcomes for the people we serve. It's both a strategy and a commitment: to turn vision into action and possibility into real life.

In this issue of Image, you'll see those questions come alive. Inglis Home Modifications for Independence demonstrates impact by providing the small, practical changes that transform daily life. For one couple, simple modifications to their home and porch gave them the support they needed to continue their personal "road to recovery," enabling independence and the lifestyle they cherish.

“It's both a strategy and a commitment: to turn vision into action and possibility into real life.”

Our Inglis Employment Services empowers people with disabilities to pursue the jobs and careers they're passionate about. By bridging the gap between abilities, confidence, and aspirations, we help individuals gain independence, build skills, and achieve professional fulfillment—transforming lives one career at a time.

Across all programs highlighted in this issue, you'll also see how we advance financial sustainability by investing in solutions that create lasting outcomes, allowing us to reach more people and deepen our impact across the community.

These stories aren't just examples of programs—they're proof that our Strategic Plan is working, turning vision into action and transforming possibility into reality, one life at a time. I would love to share more about our Strategic Plan and how it guides everything we do at Inglis—please don't hesitate to reach out.



Dyann M. Roth
President & CEO





Cindy Ross and Todd Gladfelter on the porch of their log cabin home.

Home Mods for a Home Base

By Lauren Tilghman

Todd Gladfelter and Cindy Ross may be the two most interesting people in East Brunswick, Pennsylvania. Nearly 40 years ago as a young couple in their 20s—without any construction experience—they built their forever home, a two-story log cabin, in the middle of the woods using raw trees and salvaged, recycled materials. Together they've hiked thousands-upon-thousands of miles, including a few rugged 500-mile treks across the Rocky Mountains with llamas carrying their two (now adult) children as toddlers. Individually, they're both well-respected artists; Cindy is a painter, writer, and author of several books, and Todd is a chainsaw wood sculptor. Among the busyness of their homestead life, they still find time to serve their local community through volunteer projects and founded their own nonprofit to support veterans recovering from post traumatic stress disorder (PTSD). With all their many adventures and accomplishments, the least fascinating thing about them is their experience navigating life-altering injuries. In 2021 Todd slipped off the roof of his workshop, shattered his C3-C5 vertebrae, became paralyzed, and now lives with quadriplegia.

The diagnosis felt like a jarring blow; doctors said Todd would never walk again. He spent over a month in an intensive in-patient rehabilitation facility before transitioning home with a short nine weeks of in-home therapy and nursing care. "It was wicked hard coming home; that was the hardest thing I think of the whole accident," shared Ross. "In, in-patient [therapy] you have everything—nurses and every therapist helping;

[then] you come home and it's like 'here we are, we're on our own.'"

Cindy became Todd's full-time caregiver in a home unprepared to meet his accessibility needs. Everything in the home they built together 40 years prior—was customized; from their small narrow hallways and the terracotta tile throughout their kitchen, to their in-ground, step down bathtub. Cindy and Todd, with support from family and friends, navigated Todd's mobility challenges one day at time: including finding ways to transfer Todd to and from his 300-pound wheelchair throughout their home. "It was tough, that was the toughest part trying to figure it all out," shared Ross.

Adventurers at-heart, the two are no strangers to perseverance even in the most challenging of circumstances, and they were determined to not let this "slip" keep them from the people, places, and the lifestyle they loved. Not long after Todd's transition home, the couple connected with Inglis' Home Modifications for Independence (HMI) program, and met Lynn Stewart-Krieger, Environmental Accessibility Specialist, who came out and conducted an assessment at their cabin to determine what modifications would be available to them.

"One of the things Todd was very adamant about was [that] he wanted to be able to get to the back of his house safely and be outside," shared Stewart-Krieger. "The other thing was the bathroom."

With support from an HMI grant, funded by the Craig H. Neilsen Foundation, the Program was able to install a ramp on Cindy and Todd's back porch and make renovations to their bathroom—including a raised toilet, grab bars, and a hydraulic tub lift—without impacting the feel or aesthetic of their log cabin home. Best of all, the renovations

“In 2021 Todd slipped off the roof of his workshop, shattered his C3-C5 vertebrae, became paralyzed, and now lives with quadriplegia.”



Todd Gladfelter in his home studio, carving an owl with a small chainsaw.

played a key role in helping the couple get closer to reconnecting with the life and activities they enjoyed prior to the accident.

While the ramp provided access to the back of the cabin, it also became a significant tool in Todd's physical therapy and his ability to regain a skill his doctors said he never would—the ability to walk. Using the ramp and a treadmill on the back porch that they retrofitted with a harness, Todd and Cindy were able to duplicate some of the therapies Todd was receiving at Good Shepherd Rehabilitation at home and increase his recovery time and mobility. Over several months Todd began trading his electric wheelchair for a walker, and over a couple of years he has gone from walking only a few inches to a few hundred feet with minimal assistance. Their now-accessible bathroom has also aided in Todd's ability to use the bathroom without assistance and given Cindy the opportunity to leave home for longer stretches of time—with peace of mind—knowing that Todd can navigate their home more independently again.

As Todd continues his recovery, the couple have found new ways to engage in their life-long passions. Todd has regained enough strength on the left side of his body to operate a small handheld chainsaw and started carving owls and turtles again. He's also learned to operate and ride an adapted mountain bike-trike. This year the couple, together with friends, have set out on their latest adventure—tackling the 3,700-mile Great American Rail-Trail from Pennsylvania to the west coast of Washington state. Along the way they're raising awareness about accessible trails and the positive impact that nature and getting outdoors can have on anyone's healing journey. While Todd and Cindy's "road to recovery" is far from over, neither are their adventures. ●

For more information about Inglis' Home Modifications for Independence program please visit www.inglis.org/homemods; to follow along Todd and Cindy's journey please visit <https://cindyrosstraveler.com/road-to-recovery>.

A Place to Call Home: How Inglis is Building Up Communities Amidst the Pennsylvania Housing Crisis

By Lauren Tilghman

Anually, Inglis and our Self-Determination Housing of Pennsylvania program host a conference that brings together thought leaders, change makers, advocates, and legislators from across the State to support each other through one of the biggest challenges we face as a community—affordable, accessible housing.

In Pennsylvania alone, 79% of all housing units across the State were built before the Americans with Disabilities Act (ADA) went into law; and currently there is an estimated shortage of 267,000 affordable housing units for extremely low-income renters. The cost of housing for both renters and homeowners continues to rise; with nearly 50% of renters and 20% of homeowners now spending more than 30% of their income on housing expenses. As the state population continues to age, a significant portion of Pennsylvania households are also classified as “ALICE:” asset limited, income constrained, and employed; meaning they earn above the poverty level but not enough to afford basic needs, including housing. The Commonwealth is also at risk of losing over 20,000 publicly-supported rental homes, with another 12,000 units of public

housing desperately in need of investments for upgrades and remodels. The urgency to create and sustain affordable, accessible housing grows higher every day—especially in rural areas of the State. So how is Inglis making a difference?

By bridging the connection gap.

Each year Inglis’ housing conference, Opening Doors Together, connects networks of housing developers, contractors, provider agencies, non-profits, and local municipality organizations with the resources that prioritize, expand, and support the creation of accessible, affordable across Pennsylvania and beyond. Inglis continues to foster partnerships not only for itself, but for the organizations throughout the Commonwealth that equally value and advocate for more inclusive communities. It is through the power of connection and by creating spaces to help drive sustainable change—that we can ensure that one day everyone will have a place to call home.

In August the 2025 Opening Doors Together conference engaged nearly 200 guests over two days in Harrisburg, PA. This year’s Conference featured thought provoking keynotes from Gary Gilliam, a former NFL player and entrepreneur in the housing industry, PA Department of Human Services Secretary Dr. Val Arkoosh, and PA Department of Community and Economic Development Secretary Rick Siger; as well as 14 breakout sessions led by various innovators from across the housing and disability sectors. ●

To read a full recap on this year’s conference visit www.inglis.org/openingdoors, and to learn more about the Self-Determination Housing of Pennsylvania program visit www.inglis.org/sdhp.



Anwasha Dutta: One Ray of Hope Warming Thousands of Hearts

By Justin Windheim

About twelve years ago, Anwasha was introduced to Inglis through a volunteer gift-wrapping day. What began as a simple act of kindness quickly became what can only be described as “the gift that keeps on giving”—every day, within the Inglis community, throughout the Philadelphia metro area, and beyond.

As a board member for almost a decade, Anwasha has made many valuable contributions. However, the most inspiring aspects of her story come from her role as artistic director for the Nava Nritya Dance Academy (NNDA) and co-founder of the Ray of Hope International Foundation. In very personal ways, Anwasha has made an impact by marrying her passion for the art of Indian dance and her devotion to making a direct contribution to programs that have a strong social impact at home and in India.

For more than 12 years, Anwasha’s Ray of Hope Foundation has supported the Inglis Assistive

Technology Solutions program and Inglis’ Innovation Centers. Through dedicated annual fundraisers, the foundation has granted tens of thousands of dollars, helping people with disabilities gain access to the technology and services necessary to live independently. Just as impactful as the funding is Anwasha’s passion for spreading awareness not only of what we do, but the need for it and the power of every person to contribute.

“My nephew said it best when he said, ‘All of us can lift our hands and hold the phone—imagine if you couldn’t.’ More than the funds, just being aware of what a disability is and how it affects the people around us is so important.”

Anwasha has instilled this awareness in both her family and the NNDA community. Through her own example, she’s motivated youth and adults to volunteer with fundraising and education. At NNDA’s annual recital alone, they bring about 800 attendees into awareness of Inglis’ mission and encourage a shared purpose supporting inclusion for their neighbors living with disabilities.

“The humility in meeting people where they are. The empowerment. The emotional connections. They really stand out. Everything is about community. Inglis is very unique. There is no other organization like this.”

Anwasha’s foundation website makes a clear call to action, “Let’s give hope together!” We thank her for living this motto every day to help Inglis change lives. ●



Anwasha Dutta (center) surrounded by volunteers from her non-profit Ray of Hope International Foundation, and members of the Inglis team at the 2025 Keen Games.



“Everything is about community. Inglis is very unique. There is no other organization like this.”



This Year's BASH Had it All!

By **Natajia Sconiers**

On April 10, 2025, the Inglis BASH lit up the National Constitution Center with hope, celebration, and unstoppable energy. Against the backdrop of the Philadelphia skyline, hundreds of Inglis supporters, disability advocates, community leaders, and partners gathered to celebrate possibility in action.

Together, we honored two remarkable change makers: Ed Dunfee, a veteran and adaptive sports champion, and Habitat for Humanity Philadelphia, a vital partner revolutionizing inclusive housing



throughout the city. The evening was a powerful testament to the strength of community, woven together through storytelling, dancing, delicious food, and a shared mission — to empower people with disabilities to pursue their dreams and live independently.

Proceeds from the 2025 Inglis BASH support all Inglis programs through the Inglis Ability Fund, our annual fund that addresses the most urgent needs across the Inglis community. Thanks to our generous sponsors, donors, and friends, we raised





more than \$215,000, bringing us closer to a future where all people with disabilities can live with dignity, independence, and choice. We're incredibly grateful to everyone who made this unforgettable night possible.

To view event photos and a full list of our incredible sponsors, visit the Inglis BASH webpage inglis.org/2025BASH. ●





UNITY. RESILIENCE.
IMPACT.

Inglis Honors Courage and Commitment at the 2025 BASH

By Natajia Sconiers

At this year's BASH, we proudly honored two remarkable leaders whose unwavering grit and bold action are making a real difference in Philadelphia and beyond. Ed Dunfee received our Game Changer Award, and Habitat for Humanity Philadelphia was recognized with our Pioneer Award.



Ed Dunfee's journey is a powerful testament to resilience and reinvention. A longtime Philadelphia resident and Navy veteran, Ed's life took a dramatic turn in 2016 when a massive heart attack and sepsis led to the amputation of both legs and paralysis. Despite these challenges, Ed refused to let loss define him. Moving into Inglis Apartments at Elmwood, an accessible, supportive housing community designed for individuals with disabilities, gave Ed a new sense of home and independence. Since then, Ed has embraced wheelchair sports with passion and purpose. He's earned gold medals at the National Veterans Wheelchair Games in 2024 and 2025 and plans to compete again in 2026.

“I know that fear, and it's real for people, hopefully I can make it a little easier for them somehow. That's my goal to show people we can do this...It's like the good things in your life you overlooked, it's the struggles, that stick out. But there is so much good to be in a community of other people in the same situation...”

—Ed Dunfee

Habitat for Humanity Philadelphia shines as a leader in affordable housing, aiming to ensure every Philadelphian has a safe, accessible, and

affordable home. As an independent affiliate of the world's largest nonprofit homebuilder, their mission extends beyond building houses to strengthening communities through partnerships and neighborhood revitalization. Since 1985, Habitat Philadelphia has built or sold over 270 homes and helped more than 1,000



families with essential repairs. With innovation and heart, Habitat Philadelphia lives their mission to build homes, communities, and hope, reminding us all that home is a foundation for strength and opportunity. Habitat Philadelphia serves as an Inglis primary partner in adapting homes for aging adults, enhancing safety and independence. Together, we have completed nearly 50 home modifications for seniors in Philadelphia.

“We're in the business of preserving communities and building them up...the habitat mission [is] to keep people housed. When someone has to leave their community because their home is no longer safe for them to live in, it weakens the fabric of the community on that block.”

—Cree Krull, Project Manager of Home Repair, Habitat for Humanity Philadelphia



Supporting the Inglis Program that Inspires You Most

Your gift to Inglis touches the lives of more than 2,000 people with physical disabilities living throughout Pennsylvania each year.

As always, you can direct your gift to the Inglis program that inspires you most.

To direct your gift...

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To learn more about where your support is needed now, visit www.inglis.org/support

Want to talk to someone about the best way for you to make an impact at Inglis? We are here for you!

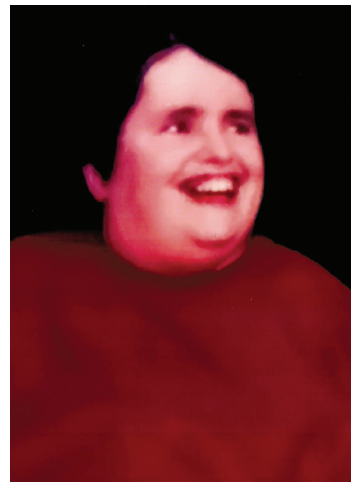
Please contact Jessica Scipione at (267) 635-2541 or Jessica.Scipione@inglis.org.



Why We Give: A Lasting Legacy

The Barbara Hnizdo Memorial Resident Holiday Gift Fund

Our beloved sister, aunt, and great aunt Barbara passed away peacefully on Sunday, May 19, 2024. Barbara lived at Inglis House, or "Angel House" as our family likes to call it, because the staff and care teams are like angels to us. Since moving to Inglis House, our family never had to worry about Barbara, as she was exceptionally well cared for and loved by the wonderful staff and her fellow residents. It has always been important to our family to give back to Inglis House. As a



lasting legacy and in memory of Barbara, we established The Barbara Hnizdo Memorial Resident Holiday Gift Fund. Donations to the fund go directly to residents of Inglis House to assist them in purchasing gifts for family and

friends or treat themselves to something special during the holiday season. We know it would make Barbara smile to give back to the Inglis House community and spread joy during the holiday season.

With Love & Gratitude,
Barbara Hnizdo's Family

To contribute to The Barbara Hnizdo Memorial Resident Holiday Gift Fund, visit www.inglis.org/holidaygiftfund.

Our Supporters

Gifts to Inglis provide essential support to help individuals with disabilities pursue their goals and live life to the fullest. Your generosity creates a lasting impact—supporting those we serve today and for years to come. This list reflects contributions received between July 1, 2024, and June 30, 2025.

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Gifts in kind help those we serve at Inglis access essential and meaningful items—such as new clothing, unopened toiletries, and more. They also support joyful experiences, including formalwear for Inglis House's annual Harvest Ball, live classical music performances, and other enriching activities that foster dignity, connection, and celebration.

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Flowing Through It: How Employment Services Support Clients, Their Confidence, and New Career Opportunities

By Lauren Tilghman

For over 20 years, Inglis Employment Services (IES) program has helped people with disabilities prepare and connect with the job opportunities that emphasize their talents and passions. IES works with every client to create a customized employment plan that addresses any challenges or barriers they're

experiencing; and aligns their goals with the careers they want to pursue. For people like Ethan Reilly, Inglis' Employment program helped create a clearer path for his professional pursuits. A graduate of Vanderbilt University—with a dual degree in public policy and engineering science—Ethan has a deep passion

for conservation work and creating a cleaner environment for those in his community and beyond. Early in his adult life he was diagnosed with severe social anxiety and depression; the experience at one point became so debilitating that he withdrew from his career to recover. Overtime with therapeutic supports, Ethan was ready to return to work but wasn't keen on the first steps to take. That's when he learned about the employment resources offered through the Pennsylvania Office of Vocational Rehabilitation (OVR) from his therapist.

In Pennsylvania OVR provides individualized workforce development to people with physical, mental, intellectual, or emotional impairment disabilities—by connecting them with employment organizations near their homes. Inglis Employment Services received Ethan's case, and introduced him to Lekan Ogungbeni, the Employment Specialist that would support the next step in his professional journey. "He was really wonderful," shared Reilly. "He talked me through what my goals were, [and] what I thought I might want to focus on in our sessions."

Lekan met with Ethan 1-2 times a week at his local library to support him through tailoring his resume, applying for jobs, and run through mock interviews. Overtime as Ethan would get invited for interviews Lekan would adapt their practice interviews as much as possible to mimic the questions that Ethan might be asked about specific positions he was pursuing. The practice paid off and Ethan landed a role as a Science Technician at the Philadelphia Water Department at its Northeast Wastewater Pollution Control Plant. In his day-to-day work he performs tests to ensure that the excess water treated at the

Plant is processed thoroughly enough to safely be released back into the Delaware River. While the IES program does offer additional continued coaching support for anyone who needs it after acquiring a job; Ethan felt confident navigating his new role independently. "He was there for me, and I ended up really enjoying the work and taking to it like a 'fish to water,'" shared Reilly. "I didn't actually need to follow-up with Lekan, but what he really did is he formed that bridge for me."

Nearly a year into his new role, Ethan's in his element, but still has dreams of furthering his career in environmental governance possibly

“Nearly a year into his new role, Ethan's in his element, but still has dreams of furthering his career in environmental governance possibly as a policy analyst and may even pursue his master's degree in public policy.”

as a policy analyst and may even pursue his master's degree in public policy. When he reflects on his journey back to establishing his career—it was Inglis Employment Services that helped remind him that he has the skills to take on any step or opportunity he seeks. "[At times] I'm going to feel like my path forward is uncertain," shared Reilly. "But what I know now is that I can rely on that ability to

grow and meet the moment, right? That's what working with Lekan proved to me." ●

For more information on how Inglis Employment Services program supports professional placement and career success for both businesses and people with disabilities, visit www.inglis.org/IES.

Photo of Ethan Reilly posing next to the Delaware River near the water treatment plant where he works.

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