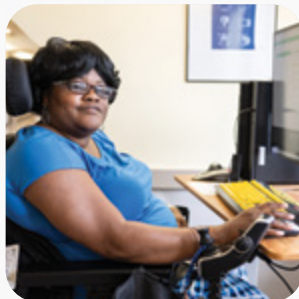
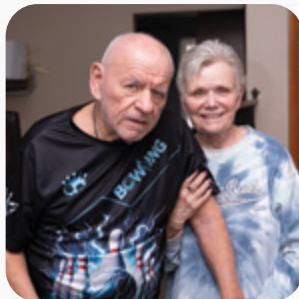




Inglis Self-Determination Housing of PA EDUCATION & TRAINING CATALOG



Ability &
Independence.
Redefined.





Introduction

At Inglis Self-Determination Housing of Pennsylvania (SDHP), we believe that housing is a human right— and that accessible, affordable, and inclusive communities create stronger outcomes for everyone. Through education, collaboration, and systems-level advocacy, SDHP works alongside professionals in human services, healthcare, community development, education, and community resource organizations to expand housing opportunities for people with disabilities across Pennsylvania.

This course catalog was created to equip professionals with practical tools, resources, and training opportunities that support housing stability, accessibility, equity, and long-term community inclusion. Whether you are a case manager, social worker, healthcare provider, landlord, housing provider, housing professional, educator, or community advocate, SDHP's trainings are designed to strengthen your ability to connect individuals and families with meaningful housing solutions and community-based supports.

At the center of this work is the Regional Housing Coordinator (RHC) Program— a statewide initiative that empowers organizations and communities through inclusive training, technical assistance, and resource navigation. Available across all 67 counties in Pennsylvania, Regional Housing Coordinators help service providers identify local, regional, and statewide resources that support accessible and affordable housing opportunities for the individuals they serve.

Grounded in the lived experiences of people with disabilities, SDHP trainings foster shared understanding and encourage cross-sector collaboration that helps communities become more accessible, equitable, and inclusive. Topics range from housing access and affordability to eviction prevention, home modifications, accessibility, advocacy, and housing stability.

Together, we can build communities where everyone has an opportunity to live safely, independently, and with dignity— because creating true equity in communities starts at home.

Overview of Our Course Catalog

Inglis Self-Determination Housing of Pennsylvania (SDHP) offers its flagship training, the Prepared Renter Education Program (PREP), along with three specialty tracks—Housing Fundamentals (HF), Disability and Fair Housing (DFH), and Landlord & Property Management (LPM). All of the courses in each track, except the Train the Trainer series, are approximately one-hour long and offered virtually, multiple times throughout the year; they are designed to complement and build upon one another. *Select materials from some of the trainings are also available in Spanish.* Each of the training courses can also be conducted in-person for small groups anywhere in the state of Pennsylvania; please contact us at SDHPinfo@inglis.org if you are interested in scheduling an in-person training.

Inglis Self-Determination Housing of Pennsylvania (SDHP) is also approved by the Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors to offer continuing education credits, providing 0.50 CEU per training hour.





About the Prepared Renter Education Program

The Prepared Renter Education Program (PREP) is a copyrighted program developed by Inglis Self-Determination Housing of Pennsylvania to help professionals better support people on their path toward stable, successful housing. This training series provides practical guidance on every stage of the rental journey—from understanding affordability and searching for housing to completing rental applications and preparing to sign a lease. PREP equips providers and community organizations with actionable tools, strategies, and resources that help people feel informed, organized, and confident throughout the housing process.

Beyond securing housing, PREP also focuses on long-term housing success by exploring topics such as communication with landlords, rental etiquette, and maintaining positive tenancy. Through hands-on materials, real-world scenarios, and practical education, the program strengthens professionals' ability to guide individuals toward greater housing stability, independence, and community inclusion.

For those interested in becoming certified trainers in PREP, a "Train the Trainer" course is available to both individual professionals and organizations. The three-part PREP course must be completed as a prerequisite to this training, and SDHP provides supplemental materials—including a facilitators guide, workbook, and templates—so that all future trainers are well equipped to share the same accessible housing fundamentals with more constituents. Please contact us at PREP@inglis.org for more information and to schedule a "Train the Trainer" session.

The Prepared Renter Education Program (PREP)

Course Code	Course Title	Description
P001	<i>Prepared Renter Education Program Part 1</i>	Build a strong foundation for housing success by learning the essentials of renting, understanding housing options, and developing the skills needed to confidently begin the housing search process.
P002	<i>Prepared Renter Education Program Part 2</i>	Gain practical strategies for navigating housing systems, completing applications, and overcoming common barriers to securing safe, affordable housing.
P003	<i>Prepared Renter Education Program Part 3</i>	Explore proven approaches for maintaining stable housing, strengthening tenant skills, and creating long-term housing success through effective communication and tenancy practices.
P004	<i>PREP Train the Trainer**</i>	Take your expertise to the next level with this advanced facilitator training designed for professionals who want to independently deliver the Prepared Renter Education Program (PREP). Participants receive customizable lesson plans, facilitation strategies, and implementation tools to successfully bring PREP to their organizations and communities.

***Completing the Prepared Renter Education Program Parts 1,2, and 3 is required as a prerequisite before registering for the PREP Train the Trainer course.*

“... becoming [an] Inglis Northeast Region PREP Trained Trainer gives me the ability to train my staff and clients and prepare everyone for the housing journey. Pennsylvania is lucky to have such an amazing organization helping all social workers to stay informed.”

Housing Fundamentals (HF)

Course Code	Course Title	Description
HF001	<i>Introduction to Housing Concepts</i>	Develop a deeper understanding of housing and homelessness systems while gaining practical knowledge that strengthens collaboration, service delivery, and housing-focused support across Pennsylvania communities.
HF002	<i>Navigating Income-Based Housing Options</i>	Learn how to navigate affordable and income-based housing programs, including eligibility requirements, application processes, waitlists, and appeals. This course equips participants with the tools needed to better support individuals seeking housing stability.
HF002.5	<i>Navigating Housing for Formerly Incarcerated Individuals</i>	Explore the unique housing barriers faced by formerly incarcerated individuals and discover practical advocacy strategies, reentry resources, and collaborative approaches that promote successful housing outcomes and long-term stability.
HF003	<i>Health and Housing</i>	Examine the powerful connection between housing and health outcomes while exploring how stable housing supports individual well-being, stronger communities, and improved quality of life.
HF004	<i>Housing Choice Vouchers Explained</i>	Gain a clear understanding of Housing Choice Voucher programs, including eligibility, application procedures, and approval processes, while learning how vouchers can expand housing access and stability for people with disabilities.
HF811	<i>811 Project Rental Assistance</i>	Learn how the 811 Project Rental Assistance (PRA) program creates affordable housing opportunities for individuals with disabilities and discover how professionals can effectively support participation and housing success.
HF005	<i>Eviction Prevention and Processes</i>	Build the knowledge and tools needed to better understand the eviction process, prevent housing loss, and support long-term tenant stability through proactive intervention strategies.
HF006	<i>Landlord Engagement for Social Service Providers</i>	Strengthen your ability to build productive partnerships with landlords while learning strategies that expand housing opportunities and improve outcomes for program participants.

Disability & Fair Housing (DFH)

Course Code	Course Title	Description
DFH001	<i>The History of the Americans with Disabilities Act</i>	Explore the history, impact, and ongoing significance of the Americans with Disabilities Act (ADA) while gaining insight into how disability rights continue to shape accessibility and inclusion today.
DFH002	<i>Effective Inclusive Communication</i>	Strengthen your communication skills by learning practical, inclusive approaches that foster accessibility, respect, and meaningful engagement with diverse communities.
DFH003	<i>Tenants' Rights and Fair Housing</i>	Develop a stronger understanding of fair housing laws, tenant protections, and housing rights in Pennsylvania while learning how to support equitable housing practices.
DFH004	<i>Assistance Animals Explained</i>	Gain a comprehensive understanding of assistance animals and emotional support animals, including reasonable accommodation requests, tenant rights, landlord responsibilities, and fair housing compliance.
DFH005	<i>Home Modifications</i>	Learn how home modifications can increase accessibility and independence while exploring eligibility, funding opportunities, tenant rights, landlord responsibilities, and best practices for creating safer, more accessible living environments.
DFH006	<i>Accessible Guide to Home Ownership</i>	Guide future homeowners through the homebuying journey with a better understanding of accessible homeownership opportunities, key processes, and resources that support long-term housing success.

Landlord & Property Management (LPM)

Course Code	Course Title	Description
LPM001	<i>Effective Inclusive Communication for Landlords and Property Managers</i>	Enhance your communication skills with strategies designed to support positive, inclusive interactions with tenants of all abilities while fostering accessible and welcoming housing environments.
LPM002	<i>Eviction Prevention and Process for Landlords and Property Managers</i>	Learn practical tools and proactive strategies to reduce evictions, strengthen landlord-tenant relationships, and promote stable, successful tenancies.
LPM003	<i>Assistance Animals for Landlords and Property Managers</i>	Build confidence in navigating assistance animal and emotional support animal requests while gaining a stronger understanding of reasonable accommodations, fair housing requirements, and landlord responsibilities.
LPM004	<i>Housing Choice Vouchers for Landlords and Property Managers</i>	Discover how Housing Choice Voucher programs work, including eligibility, inspections, approvals, and payment processes, while learning how participation can expand housing opportunities and strengthen communities.
LPM005	<i>Home Modifications for Landlords and Property Managers</i>	Explore the growing need for accessible housing and learn how home modifications can support tenant independence, improve property accessibility, and help landlords successfully meet evolving housing needs.

“I’ve taken several trainings with Inglis in the last several weeks and find them to be of great quality.”

Course Enrollment

Ready to expand your housing knowledge and professional skills? Participants can explore upcoming trainings and register online through the SDHP Training Calendar. Courses are offered virtually throughout the year; early registration is encouraged, as space may be limited for select trainings.

View the latest calendar of trainings by scanning the QR code or by visiting www.inglis.org/SDHPtrainings.



“I have participated in numerous Housing webinars, many of which contain repetitive information with no actual ‘meat’ to them; these trainings are specific, informative, and speak directly to the issue(s).”







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