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# Inglis Foundation

2600 Belmont Avenue Philadelphia, PA 19131

# COMING EVENT

February 2, 2007

A-May-Zing Resident Party – "A Night in Philadelphia"

Founders' Hall

April 18, 2007

Volunteer Recognition Luncheon Founders' Hall April 29, 2007

May 21, 2007
6th Annual Inglis Golf Outing o

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Thank You to Our Partners



Volunteers like Michael Williams (middle) are invaluable to Inglis residents and clients.

## J

# A Lasting Memory



Romero Center volunteers Andy Longo, Caitlin Minner and Mariella Disturco offer Inglis House resident Jean Daley some sweet treats.

"I remembered the tremendous experience I had visiting Inglis House when I was a student at St. Charles Seminary 30 years ago. It was so inspiring and enriching to me. When I was looking for new volunteer service sites for the students who come through The Romero Center, Inglis House immediately came to mind," relates Director Larry DiPaul.

The Romero Center is a ministry of St. Joseph's Pro-Cathedral Catholic Church in East Camden, NJ. Since opening in 1998, more than 2,500 high school and college students have participated in its retreat programs which combine volunteer service in the city with work, study and prayer. The programs run in either one day, overnight, weekend and week-long formats.

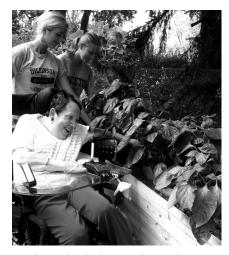
"After a day of service, the students return and share their experiences with others at the Center. Every single volunteer who comes back from Inglis House expresses the same feelings that I had when I volunteered. The experience touches their hearts and they are truly moved. Stereotypes and preconceptions they had about people with disabilities melt away when they sit in company

with Inglis residents and hear their stories and sense their lively spirits."

While many students come from nearby Pennsylvania, New Jersey, New York and Delaware, many others travel from as far away as the Midwest and New England. Word of mouth has spread the enthusiasm about working at Inglis House. In fact, DiPaul holds a lottery to choose the students who will go to Inglis House on any given day.

"I always tell the volunteers what someone told me the first time I came to Inglis House – 'don't focus on the wheelchair, focus on the person in the chair.' Before, they would have stayed at arm's length from someone with a disability. Now, students come back from Inglis House and want to keep the experience going – they make plans to stay in touch - visit, email, send packages."

For information about volunteering at Inglis House, contact Peggy Haley, Director of Volunteers at 215.581.0718 or peggy.haley@inglis.org.



Resident Judy Chadrow gardens with Romero Center volunteers Kristin Davis and Kate Weinschenk on the Inglis House grounds.

# Image

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Inglis provides institutional and communitybased services for people with physical disabilities via five corporations: Inglis Foundation (parent corporation), Inglis House (nursing facility), Inglis Housing Corporation (accessible housing), Inglis Durable Medical Equipment Company, Inc., and Inglis At Home Services, LLC (personal assistance). Inglis &

Comcast

Foundation

Team Up for

**Disability** 

**Awareness** 

When Inglis House resident Yvette Green brought "Discovering People on Wheels" coloring books to the third-graders at Samuel L. Gompers Elementary School in West Philadelphia she got into a lively discussion with six of the students. They eagerly told her about people they knew in wheelchairs and asked her what using a wheelchair was like.

"Inglis House residents and staff designed 'Discovering People on Wheels' to get kids talking," said Inglis Director of Development Tom White. "We want to reach kids before they form stereotypes about people with disabilities and while they are eager to ask questions and learn."

Thanks to a grant from The Comcast Foundation, Inglis distributed 20,000 coloring books to third graders throughout the Philadelphia Public School system during October – Disability Awareness Month. The boxes also included crayons and a Teachers' Resource Guide containing projects and games that teachers could use to further enhance the learning experience.

"As Comcast strives to enrich the communities we serve, partners like Inglis Foundation and their 'Discovering People on Wheels' program help us reach this goal," Comcast Government and Community Relations Coordinator Davida Garr said. Since its founding in 1999, The Comcast Foundation has distributed over \$30 million to help local non-profit organizations strengthen communities through meaningful programs.



Samuel Gompers Elementary School students (from left)
Nadia Slocum, Brandon Dixon, Tiesha Knight-Smith, Sameer
Coston, William Perry, Anatasia Moore. Back row: Tom White,
Inglis Foundation Director of Development; Davida Garr,
Comcast Government & Community Relations Coordinator;
Yvette Green, Inglis House resident; Phil DeLuca, Principal,
Gompers Elementary.

# Supporting the Annual Campaign

When you make a gift to the Annual Campaign you help the residents of Inglis House. Your generous support, combined with that of others, provides opportunities for people with physical disabilities to improve their quality of life and to enjoy experiences and activities that bring pleasure and comfort. Here are a few of the ways your important gifts are put to use:

- \$30 buys an audio book
- \$75 helps buy art supplies
- \$150 purchases adaptive gardening tools and planting supplies for the residents' garden
- \$199 pays for a "Voice Pal" speech generating device for people who have difficulty speaking
- \$250 covers the cost of a day-trip for five residents and their aides
- \$350 covers one month of pastoral care for residents
- \$1,000 outfits a computer work station with adaptive technology for complete hands-free control

You can make a gift by clicking "Donate" on the www.inglis.org home page. Please support these and other Inglis programs and the people they serve. For more information call Thomas F. White, Director of Development at 215.581.0702.

## 7.

# Volunteers Create Holiday Memories

"Inglis House volunteers really come through for us during the holidays," said Inglis Director of Volunteers Peggy Haley. "In November and December, they logged over 3,000 hours of service - helping with Thanksgiving dinner, shopping, wrapping gifts and so much more. Some come for just a few hours, others return year after year to visit the friends they've made among residents."



Resident Gina Minter enjoys Thanksgiving lunch.



Melanie Roberts, Keren Murillo and Ellen Liu, students from Keith Valley Middle School in Horsham, PA, help wrap Christmas presents for resident Susan Litwinowicz.



Volunteer Jeff Barg lights the Menorah for Inglis House residents and friends.



Inglis Gardens at Washington Lane tenants, friends and staff enjoyed a holiday party thanks to a grant from Sovereign Bank Foundation.

# A-MAY-ZING Means FUN

The A-May-Zing Committee, which began organizing resident events in 1971, has always focused on fun. Their annual party in February is among the most popular resident events at Inglis House. Funding for the party comes from the annual Inglis Five Run held each spring.

After the party, any remaining funds go toward recreational activities or programs to promote independence for people with physical disabilities. This year, the A-May-Zing Committee donated \$10,000 toward:

- A glider/swing that accommodates wheelchairs for the Inglis House grounds
- Inglis Community Re-entry program (for residents who wish to move out of Inglis House to independent housing)
- Resident trips
- · Books on tape and DVDs for the resident library

## **2007 A-MAY-ZING EVENTS**

Friday, February 2, 2007
Founders' Hall
Resident Party – "A Night in Philadelphia"

Sunday, April 29, 2007
25th Annual Inglis Five Run

Call 215.581.0703 for more information.

# Residents Benefit from University Engineering Project

While duct tape has saved the day in many emergencies, Inglis House Computer Lab Coordinator Dawn Waller dislikes taping computer trays together with it. "We didn't have a standard way to elevate various sized adaptive keyboards. We only had a homemade easel made from cardboard and duct tape."

Waller was delighted last year when Villanova University Mechanical Engineering Professor Rebecca Hoffman asked her students to create and build a device to assist people with physical disabilities. "I did a similar project when I was an engineering student. That project was largely responsible for my choice of design as a career. I wanted to give that opportunity to my students, too," said Hoffman.

The project focus became clear when students visited the computer lab to conduct a needs analysis and study the adaptive technology in use. After witnessing many sophisticated gadgets that enable people with physical disabilities to operate computers independently, they discovered one that wasn't so high-tech – the cardboard and duct tape keyboard tray.

Following several more visits to the computer lab, students developed an adjustable, yet sturdy easel



The Adjustable Keyboard Stand, invented exclusively for Inglis House residents by Villanova University Mechanical Engineering students.

that could accommodate keyboards of different sizes. It consists of a large metal tray with an adjustable support brace anchored by a flat tray underneath. It easily rests on a desk or a wheelchair lap tray. The students



Inglis House resident David Jones likes the Adjustable Keyboard Stand for his computer work because it can be angled precisely to meet his needs.

also modified their invention by attaching a switch mount, which enables the device to be attached to a wheelchair arm rest or a desk top.

"The best feature of the Keyboard Stand is that no matter what size keyboard residents are using, it can be adjusted to the precise angle to meet their individual needs," Waller added.

Now, two of the Villanova students' Adjustable Keyboard Stands are in full use in the Inglis computer lab. "I couldn't get my keyboard to sit at a comfortable angle," Inglis House resident David Jones said. "This new stand makes using the computer much easier and more comfortable."

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# Guests Visit The Wide World of Inglis at Fall Fundraiser

Just as the original *Wide World of Sports* showcased sports activities not usually seen on TV, the 2006 Fall Fundraiser - *The Wide World of Inglis* - showed how Inglis residents and clients experience the "thrill of victory." Inglis House solariums exhibited some of the many recreational activities enjoyed by residents and clients from power wheelchair soccer to bowling, pinball and artistic pursuits.

Event guests learned first hand that Inglis' mission offers more than medical and personal care to people with physical disabilities. We are committed to designing creative ways to help residents and clients achieve their maximum potential and enjoy the best possible quality of life. The evening celebrated the individuality of each resident. On behalf of the event co-chairs Walter and Linda Fisher, we greatly appreciate the support from all who attended or sponsored the evening.



Resident Will Parker demonstrates painting with a mouthstick to guests Sam Paglioni and Thomas Foglia.



Resident Linda Miller shows off her hand weaving skills to former board member Jackie Jerrehian and guest Carol Elkin.



Resident pinball wizard Dennis Sanders shows Eston Griffon and board member Marisa Rogers how he uses adaptive controls to play the game.



Inglis board members Carolyn Bennett, Jackie Zinn and Gloria Guard get a skee ball demonstration from resident Andrea Ziff.

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# 2006 Golf Outing Tops All Past Years

The 5th Annual Inglis Golf Outing – held September 18, 2006 at Sunnybrook Golf Club, Plymouth Meeting, PA – netted \$95,190. To date, Inglis golf outings have raised over \$300,000 for Inglis programs and services.

The event (rescheduled from a rainy June) attracted 144 corporate golfers from around the area. They enjoyed a barbeque lunch before taking to the greens. Afterward, Golf Committee co-chairs Rob Lodge and Brad White welcomed them to the evening's silent auction and awards reception.

Mark your calendars for the 2007 event – and a new location – Waynesborough Country Club, Paoli, PA – Monday May 21, 2007.



Founding Sponsor Airgas' foursome: Mike Dente, Bob Bartos, Scott Knight and Drew Weiss.



Inglis Golf Outing co-chairs Brad White and Rob Lodge present the Inglis golf trophy award to John Spitz (center) representing the winning Duffy Construction foursome.

# **Evesham Resident Fights Polio**



Josephine D'Antonio

As a polio survivor, Inglis Gardens at Evesham tenant Josephine D'Antonio, now lives with Post-Polio Syndrome. It is a condition that affects people 10-40 years after their initial recovery by further weakening muscles affected by polio and deteriorating healthy muscles and nerves.

When D'Antonio read about the re-emergence of polio in Nigeria, she wanted to help. "One dose of

vaccine can prevent this disease – one person *can* make a difference," says D'Antonio. She now donates the royalties from her children's book – *The Snowbirds and the Empty Nest* – to the World Health Initiative to pay for polio vaccinations in Nigeria. Four dollars from each book sale pays for nearly 25 vaccinations.

Order *The Snowbirds and the Empty Nest* at <u>www.amazon.com</u> or <u>www.booksurge.com</u>.

# Polio at Inglis House

"Changes in medicine and technology brought changes to Inglis House. [In the early 1900s the residents of all ages] represented a cross-section of diseases, from cancer to those with 'loathsome diseases of the flesh' as one contemporary observer put it. As medicine found cures and treatments, the resident population changed. At the height of the epidemic, polio [also called infantile paralysis] put many children into wheelchairs and brought them to Inglis House."

Excerpted from A Passage Through Time - Inglis Foundation 1877-2002

With the development of the Salk vaccine in the mid-50s, the number of polio cases in the country dropped 85-90 percent. Incredible developments like these, along with improved prenatal care, reduced the need for a children's wing at Inglis House. It was closed in 1956.



# Thank You **Partners**

Inglis Foundation relies on the generous contributions of friends and neighbors to carry out our mission to Cur to create and provide practical solutions so people with physical disabilities may pursue their life goals. We have traditionally thanked donors and volunteers on an annual basis. Beginning with this issue of Image we express our gratitude on a more timely basis for these gifts that are so essential in helping us to meet our mission.

> These contributions were received between July 1, 2006 and November 30, 2006.

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Lincoln Financial Group Foundation - Grant supports the Inglis Community Re-entry Program (CRP) for Inglis House residents who are preparing for discharge into the community. This program provides practical educational experiences that train residents in the skills required for safe and successful independent living. The individualized approach includes specific discharge goals that each client works toward, with the assistance of staff, to ensure a successful transition.

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A grant from the Barra Foundation supports the "Vital Stories Project" for Inglis House residents to write their autobiographies. The process of writing and hearing resident life stories helps residents and their caregivers see beyond the disability to the whole human being.

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been misspelled or omitted, please do

not hesitate in calling Thomas F.

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(215) 581-0702. Thank you.

The Leslie P. and Shelly Ross Golden Fund again received generous support from the Zeldin Family Foundation. The Fund, established in 1998 by the family of Inglis House resident Lisa Golden upon her graduation from Community College of Philadelphia, assists other residents pursuing higher education. Seventy-two residents have received associate's or bachelor's degrees since the Inglis education program's inception.